

# MOHICAN

Newsletter of the Mohican Chapter of the Adirondack Mountain Club  
Serving Westchester, Putnam, and Fairfield Counties ...and Beyond

## From the Chapter Chair

We hike for different reasons. John Muir found enlightenment in the forest, a place “to lose my mind and find my soul.” Thoreau retreated to the woods “to live deliberately” – to confront the essential facts of life. I wonder if that’s what motivates the most serious, strongest hikers among us--members of the Catskills 3500 Club, the Adirondack 46ers, the AT thru-hikers. As a more casual hiker, I embrace the combined sense of camaraderie and adventure that comes of being an ADK member.

As the ADK celebrates its centennial this year, we all must wonder what the future holds for outdoor spaces we all love – and rely on for our mental and spiritual health.

The news seems relentlessly grim these days: Destructive wildfires in the American West. Raging floodwaters in Yellowstone. Deadly heatwaves across Europe.

In late July, traveling to a Harriman hike led by Mike Kaplan, I was unnerved by the road signs warning visitors that Lake Welch was closed due to “toxic algae blooms.” And then there was the wildfire this summer at Minnewaska State Park that required more than 200 firefighters to contain. It burned through about 142 acres, but officials said it could have been “a one-thousand-acre loss.”

So, what can we do as individuals do to help save the planet? Here’s a seasonal thought: As the leaves come down this fall, ditch the leaf blower and grab a rake. One study found that a two-stroke gasoline-powered leaf blower spews out more pollution than a 6,200-pound Ford F-150 SVT Raptor pickup truck. Cough, cough.

*Brent Laymon*

## IN LOVING Memory

On June 23, 2022 our dear friend, fellow hiker, hike leader, officer in the Mohican Chapter for many years and long-time ADK member died at the too early age of 66 years. She loved the outdoors and that love was expanded in her “ranger” job at Rockefeller State Park Preserve. At her funeral, seven past presidents of our chapter were in attendance--Kathie Laug, Carole Ehleben, Jane Smalley, Margaret Douglas, Carol Harting, Diane Bamford and Jean herself.



As her obituary mentioned, Jean attracted many friends due to her gentle and kind nature, her desire to help others, her dedication to her work and her love of fun and adventure.

Virginia Etu, ADK’s Executive Assistant, in writing to Jean’s family,

sums it up: “Not only was Jean an outstanding Mohican Chapter leader, an experienced hiker and conservationist, but she was always ready to “pick up the slack. She soon became one of my favorite Chapters Chairs and ADK members.”

The Mohican Chapter will be making a donation to ADK in Jean’s memory, and private contributors are donating toward a bench with a plaque to be installed on Eagle Hill at Rockefeller as well as a plaque in the Peony Garden where Jean liked to sit with the office cat. **Jean--we will miss you.**

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)

# With Our Members

## Vermont Long Trail Finish

On Saturday, July 9 Lisa Weismiller, once again completed one of her many hiking challenges—finishing the 272-mile Long Trail in Vermont. Her plan was originally to finish in 2020, but COVID had delayed the finish until this year when her two sons, Bradley and Rick, could hike the final section of the trail on Mt. Mansfield with her. Having enjoyed hiking some of the sections of the trail with Lisa, I wanted to be there for her finish also. It took Lisa about seven years to complete. The Long Trail was the first long distance hiking trail in the US (running the length of Vermont) and was the inspiration for the Appalachian Trail. **CONGRATULATIONS LISA!!**

*Submitted by Trish Johnston*



**Top L Photo:** L to R: Rick, Lisa and Bradley celebrating her finish on Mt. Mansfield. Lisa shows the beautiful wooden plaque her son made of the Long Trail along with a bandana, patch and sticker.  
**Bottom L:** The finishing foursome—Trish, Lisa, Bradley and Rick.  
**Bottom R:** Lisa wearing her commemorative VT Long Trail medal.



### ADK 46er Trailhead Steward Program

Four of our chapter members—Jane Restani, Janice Miller, Lisa Weismiller and Trish Johnston—who are also ADK 46ers, participated in a single-day volunteer Trailhead Steward Training Program held this spring in Saranac Lake, NY. Upon completion of their training, they spent two full days volunteering at designated trailheads.

The 46er Trailhead Steward Program (TSP) is a collaborative effort involving the Adirondack 46ers, the Adirondack Mountain Club (ADK) and the NYS Department of Environmental Conservation (DEC). The program focuses on “education, conservation and information” to/for the general hiking public in an effort to improve the sustainability of the High Peaks trails and improve the hiking experience for all. The number of people and dogs hiking has increased substantially since COVID, and providing info on rules and regulations (such as dogs on leash), alternate hikes, hiking safety and preparedness helps visitors have a safe and responsible experience.

Volunteering is a way to give back to the mountains we have enjoyed for many years. Interested in hiking all the 46 Adirondack peaks, check it out [here](#). Or if you already are a 46er, there are other ways you can volunteer so check out their website.

*Submitted by Trish Johnston*



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**52 With a View (WAV) Finish**



Lisa Weismiller officially completed the NH White Mountains **52WAV** list on September 4<sup>th</sup> on Sugarloaf Mt.. Trish Johnston was also on the hike, but has one more mountain to officially finish, which will happen during the Fall Outing in mid-September. It took us over 2.5 years to complete, but truly enjoyed every trip. The mountains on this list encompass the entire White Mountain region, and all have stunning views on peaks with elevations between 2200-4,000 feet. The hikes range anywhere from easy to very strenuous, but the views never disappointed. We are somewhat sad it is over, but the plan is to continue to seek out other challenges, but choose smaller lists in the future.

*Submitted by Trish Johnston/Lisa Weismiller*




*Trish on L  
Lisa on R  
summitting  
North  
Percy  
Peak  
on a  
perfect  
day  
in the  
Whites*

**IMPORTANT NOTICE**

*Because the FISU Winter World University Games will be held in Lake Placid over the annual Martin Luther King ADK Loj weekend, it has been decided to “roll over” our 2023 deposit to 2024 due to the anticipated crowds in Lake Placid during that time. Hope to see you in 2024!*

**WELCOME  
new members**

Month	Member
June	Rebecca Sumber, Madelon Bird, Lori Sullivan <b>Rejoined:</b> Paul and Donna Mangiafico
July	James and Alyson Beha, Paul Schwendener, Lindsey Homer <b>Rejoined:</b> Leslie Zureiqi



*This column is dedicated to you, our members, whose lives, events, and achievements on and off the trail are to be recognized and shared. If there is a special event, vacation or achievement in your life you would like to share, please send in your news via email to Trish Johnston at [patcjohnston@gmail.com](mailto:patcjohnston@gmail.com)*

**Trip Tales**

**Sunday, July 3  
North Fahnestock Park**



We had a full crew for this moderate hike. To keep the mileage down in expected summer weather, we started from the Round Hill parking to hit three lakes (although one apparently is called a creek) before ending at the new Appalachian Trail parking. The weather was actually very nice. We saw few people on the trail, which is normal for this side of the park. Evidence of beaver work was encountered in the form of well-gnawed trees and probably the lake-like creek. And what better way to reward ourselves after a hike with some refreshing ice cream cones.

*Submitted by Jane Restani*

*Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)*



Saturday, July 9  
**Canoe/Kayak Bantam River**

On a perfect summer day, four paddlers--Hatice, Elsie, Vicki, and Annie joined Jane (taking the stream less travelled) to explore a branch of the Bantam River. Even a freshly built beaver dam didn't thwart our attempts to continue our quest to go further upstream. An exploration indeed, finding unexpected new waters.

*Submitted by Jane Smalley*



[kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net). Qualifies for the Westchester 100 (No. 56).

Sunday, October 2  
**Schunemunk Circular**

8 miles, moderate-to-strenuous terrain. We'll take the Trestle Trail to the Western Ridge, then head over to the Eastern Ridge, visit the Megaliths, and return to our cars on the Otterkill Trail, all the while enjoying lots of ups and downs and almost constant views. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kevin McGahren, [kmcgc@optonline.net](mailto:kmcgc@optonline.net) or (914) 772-0600.

Sunday, October 2  
**Tarrywile Park, Danbury, CT**

4 miles, moderate terrain. Once an active dairy farm and fruit orchard, the park encompasses more than 720 acres of woodlands, fields, ponds and 21 miles of hiking trails. The Tarrywile mansion is listed on the National Register of Historic Places as a prime example of New England shingle-style architecture. Although the hike is on the easier side of moderate, it includes some rocky areas and a long, moderately steep ascent and descent. Hikers must be vaccinated and follow COVID policy. To register, email leader Brent Laymon at [belaymon@gmail.com](mailto:belaymon@gmail.com) or call (475) 206-7599.

Saturday, October 8  
**Pepsico (Donald M. Kendall) Sculpture Gardens**



2-3 miles, easy terrain. This will be an afternoon walk of variable length with an opportunity to spend as much or as little time as

you wish. The sculpture collection, on 168 acres, 20<sup>th</sup> century artists. Russell Page, the internationally famous garden designer, cultivated the corporate grounds into an arboretum transforming the gardens into a work of art. Hikers must be vaccinated and follow COVID policy. Contact leader Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), cell (914) 420-5778.

# Hikes and Stuff

**Attention: Hikers**

Be courteous to the leaders. If you are registering for more than one person, give the leader all the names; and if you have registered and your plans change, let the leader know so he/she does not wait for you. *Participants should arrive at the trailhead ready to hike at the designated time in the writeup.*

*ADK requires for its outings, walks, and hikes that all participants be vaccinated for COVID.*

*Hikes are joint with WTA*

**Attention: Leaders**

For Signup sheets (release forms), [click here](#)

After the hike, please mail form to:

Jeanne Thomson, P.O. Box 219, Somers, NY 10589

Saturday, October 1  
**Mianus River Gorge Preserve**

6-7 miles, easy-to-moderate terrain. We will hike out to the reservoir and include the new yellow Pond Loop Trail on the way back. There is a limit of 12 people on this hike, with preference given to members of ADK and/or WTA. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kathie Laug 203-348-3993(H), or by phone at 203-722-5490(C),



Saturday, October 8

**Within the County Grand Finale, Part 4: Armstrong-Richards and Ward Pound Ridge**

6-7 miles, moderate terrain. This figure eight hike begins in the Armstrong and adjacent Richards Preserve, one of the lesser known hiking areas in Westchester County, on a route that winds through woodlands, past the Cross River Reservoir, and into the more popular Ward Pound Ridge Reservation. While there we'll visit the Leatherman's Cave and do a loop in WPR that brings us to a sweeping view of the Reservoir at lunchtime; then we'll return to our cars on different trails. Since there is limited parking at the trailhead, we will meet at a more convenient spot and carpool to the start of the hike. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Qualifies for the Westchester 100 (Nos. 63 and 95a).*

Sunday, October 9

**Mountain Lakes Park, North Salem**



5-6 miles, easy-to-moderate terrain. Early fall foliage hike. We'll hike around Spruce Lake and Hemlock Lake, stop by Pine Lake, and also take the white trail to Look Out

Point with its sweeping views. Bring lunch/snack and water. Meet at the Tamarack parking lot inside the park. Take I-684 to exit 6 (Route 35) and drive east on Route 35 for 4.4 miles; turn left on Route 121 and head north for 4.5 miles. At Hawley Road, turn right and continue 1.5 miles to the park entrance on the left, then proceed to the Tamarack lot. Hikers must be vaccinated and follow COVID policy. To register contact Sheila Sarkar, [shechris6@gmail.com](mailto:shechris6@gmail.com) or (914) 498-2464. *Qualifies for the Westchester 100 (No. 57).*

Sunday, October 9

**Manitou Point Preserve**

3-4 miles, easy-to-moderate terrain. Even though this is only a three-hour hike or less, it is one of the best. They have done a great deal of work in this preserve off Route 9D in Garrison--redesigning and blazing trails, addition of a stone stream crossing, and

construction of a riverfront cantilevered bridge on the River Trail. Forty percent of the route is right along the Hudson River. It is considered a relatively easy hike, but the trails are "rugged" meaning they are narrow and rocky, but we will take our time. Good hiking boots and hiking poles are suggested. Bring sufficient water and a snack. The parking lot can be easily passed as the sign is not that great. The actual address is 411 Route 9D, Garrison, NY. There is a small wooden sign which has numbers "411" at the parking lot and a small white sign which says Manitou Point Preserve. It is 1.7 miles as you get on 9D from the bridge. Hikers must be vaccinated and follow COVID policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register.

Saturday, October 15

**AT via Appalachian Market**

5 miles, easy-to-moderate terrain. This hike, closer to moderate than easy, begins on the AT and up a long, steep hill to the blue trail, then down and around to explore other trails, possibly including one near Lake Lucretia. We'll also head down to the gazebo and seek out some great views. Hikers must be vaccinated and follow COVID policy. To register and for meeting time and place, please contact the leader Art Almeida, [arta@croton10520.com](mailto:arta@croton10520.com) or (914) 319-4701.

Saturday, October 15

**Twin Lakes/Nature Study Woods (Eastchester to New Rochelle Loop)**

4.6 miles, easy terrain. Enjoy shady woodlands, waterfalls, some fall foliage, and a walk around Twin Lakes. This is a circular hike with gentle ups and downs. While it is a mostly smooth hike, stretches on the Nature Study path can be rocky. The entrance to the parking area is at 960 California Road at the Twin Lakes Farm Stable northern entrance. Park in the lot to the left available to hikers. There is also street parking off California Road. Hikers must be vaccinated and follow COVID policy. Rain cancels. To register, contact leader Lynn McBride, [almcb@aol.com](mailto:almcb@aol.com) or (914)439-0879. *Qualifies for the Westchester 100 (No. 43).*

Sunday, October 16

**Seven Hills Reeves Brook Loop**

5 miles, moderate terrain. This will be a circular hike along the Seven Hills/HTS/Reeves Brook Trails with views from Ramapo Torne. Hikers must be vaccinated and follow COVID policy. To register, contact Minu Chaudhuri [minuch50@gmail.com](mailto:minuch50@gmail.com) or (914) 391-5918.



Sunday, October 16  
**Teatown Lake Reservation**

5 miles, easy-to-moderate terrain. Come out on this fall day and enjoy a hike at Teatown. This hike combines several trails and includes a stop at a scenic waterfall. Bring lunch, water, snacks, and a hot or cold beverage depending on the weather. Hikers must be vaccinated and follow COVID policy. For meeting time and place, contact Leader Elspeth Kramer at (347) 262-4802 or email [elspethikramer@gmail.com](mailto:elspethikramer@gmail.com). *Qualifies for the Westchester 100 (No. 62).*

Saturday, October 22  
**Iron Mines Loop, Harriman State Park**

8 miles, moderate terrain. This loop hike will traverse the ridge of Black Rock Mountain and pass the remnants of four iron mines along the Dunning and Arden-Surebridge (A-SB) trails. Hikers must be vaccinated and follow COVID policy. Rain cancels. To register and for meeting time and other information, contact leader Mike Jablonski, [mjab5749@gmail.com](mailto:mjab5749@gmail.com).

Saturday, October 22  
**Angle Fly Preserve**

4-5 miles, easy-to-moderate terrain. Named after the last natural brook-trout spawning stream in Westchester, Angle Fly Preserve is a vital sanctuary for area wildlife. There are more than 10 miles of trails that cover the entire preserve of 649 acres, and the leader will choose a loop or two with some hills for an easy-to-moderate hike. Fall is an excellent time to hike the trails. Bring hiking poles, water, a snack and lunch. Hikers must be vaccinated and follow COVID policy. Email or call leader to register. Jane Smalley (914) 276-0413 or [jsmallpt@aol.com](mailto:jsmallpt@aol.com). *Qualifies for the Westchester 100 (No. 53).*

Sunday, October 23  
**Sterling Forest**

7 miles, moderate terrain. We will ascend the Bare Rock Trail and stop at Bare Rock with its scenic view of Greenwood Lake. Return on the Sterling Ridge Trail with a visit to the fire tower. Hikers must be vaccinated and follow COVID policy. To register, contact leader Catharine Raffaele, [catharineraffaele@gmail.com](mailto:catharineraffaele@gmail.com).



Sunday, October 23  
**Kitchawan Preserve**

3-5 miles, easy-to-moderate terrain. We will explore various trails in this County-owned preserve. Bring lunch and water. Meet the leader at 10 a.m. at the preserve parking lot, 712 Kitchawan Road off Route 134 between the Taconic Parkway and Route 100 in Ossining. Hikers must be vaccinated and follow COVID policy. To register, contact leader Sue Soni, [surekhasoni1968@gmail.com](mailto:surekhasoni1968@gmail.com). *Qualifies for the Westchester 100 (No. 33).*

Saturday, October 29  
**Harriman Hike**

8 miles, moderately strenuous terrain. Starting from the parking area on Routes 9W/202 near Iona Island, we'll take the Cornell Mine trail for a 1.5 mile climb to Bald Mountain with its lovely viewpoint. From there, we'll descend on the Ramapo-Dunderburg (R-D), then head back up to the Timp for more views. Next, we'll go up to West Mountain for the last of the views; and finally head down the Suffern-Bear Mountain (S-BM) to the 1777 in Doodletown and back to the cars. Hikers must be vaccinated and follow COVID policy. To register, contact leader Alice Benash at [airb3@verizon.net](mailto:airb3@verizon.net).

Saturday, October 29  
**Within the County Grand Finale, Part 5: St. Matthews/Ketchem and Guard Hill Preserve**

6 miles, easy-to-moderate terrain. Today we will explore two preserves in Bedford Village. We'll begin with an elongated figure eight through the woodlands of St. Matthews Church and within the Arthur Ketchem Sanctuary, on trails with rolling hills and partly along the Beaver Dam River. Then we'll head over to the Guard Hill Preserve by way of local streets and dirt roads. This Westchester Land Trust property is adjacent to Sunnyfield Farm, so we may get to see a few horses lounging in the fields as we continue on the trails and into Bedford Village Memorial Park, where our hike will end. This hike involves a short shuttle; on the way to the trailhead, we'll have a chance to stop and admire the massive Bedford Oak, which has been resident in the village since long before the American Revolution. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). *Rain cancels. Qualifies for the Westchester 100 (No. 39, and No. 95b if done with our Holiday Party hikes).*



Sunday, October 30

**Storm King Mountain and Butter Hill**



6 miles, moderately strenuous terrain. Enjoy fabulous views of the Hudson River and the surrounding hills. We begin our

very hilly hike on the Highlands Trail and then connect to the steep, scenic Stillman Trail which will bring us to the top of Storm King Mountain where we will have lunch. After lunch, we continue on the Stillman Trail to Butter Hill. Our return will use the Bluebird, Stillman and Highlands Trails. Expect to have a wonderful and exhilarating day. Bring plenty of liquids and food. Meet at 42 Bayview Avenue, Cornwall on Hudson (Route 218). Coming from the south, drive north on Route 9W and exit at Mountain Avenue. Turn right, and go down Mountain Avenue until you come to Route 218 (Bayview Ave.) Right on Bayview for just a minute and you will see #42 on the right. Park in the rear. Hikers must be vaccinated and follow COVID policy. To register and for meeting time and any other questions, contact leader Judy Kossover (845) 548-7604 or [woodtuxduo@aol.com](mailto:woodtuxduo@aol.com) not later than Saturday evening.

Sunday, October 30

**Outdoor Discovery Center, Cornwall, NY**

4 miles, easy-to-moderate terrain. Yes, it's still possible to hike along soft earth trails winding through hardwood forests and pond-dotted parklike meadows. The Outdoor Discovery Center is one of a dwindling few. Trails consist of two contiguous loops with a total of about 600' of elevation gain that lead to modest viewpoints looking north and east. Need more convincing? Ample parking and real bathrooms. Directions: Drive north on Route 9W from the Bear Mountain Bridge (pass Storm King) to Angola Road, exit and turn left (west) about ¼ mile to: 120 Muser Drive, Cornwall, NY 12518. GPS coordinates: 41.42313318748598, -74.03359486160855. Hikers must be vaccinated and follow COVID policy. To register, contact leader Howard Millman, [isayso@runbox.com](mailto:isayso@runbox.com). Cell on the day of the hike only: (914) 439-8031.

Saturday, November 5

**Norvin Green**



6 miles, moderate terrain. Hike along the Otter Hole to the Mine trail. Then climb Carris Hill with views of Wanaque Reservoir and continue on the Hewitt-Butler trail to

Yoo-Hoo Point and Wyanokie High Point with views of the NYC skyline. Hikers must be vaccinated and follow COVID policy. To register, contact leader Minu Chaudhuri [minuch50@gmail.com](mailto:minuch50@gmail.com) or (914) 391-5918.

Saturday, November 5

**Westmoreland Sanctuary**

6-7 miles, easy-to-moderate terrain. We will do a loop that takes in the varied natural features of this park. There is a limit of 12 people on this hike with preference given to members of ADK and/or WTA. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kathie Laug 203-348-3993(H), 203-722-5490(C), email [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net). *Qualifies for the Westchester 100 (No. 65).*

Sunday, November 6

**Hudson Highlands/Bull Hill Full Loop via Washburn Trail**



5-6 miles, moderate-to-strenuous terrain. The hike starts near Little Stony Point with an ascent of the Washburn Trail, a persistent 50-minute climb past an abandoned quarry and intermittent vistas overlooking the Hudson River. After reaching the summit, we'll follow the Notch, Brook and Cornish trails, which are mostly

flat or downhill (but with notable exceptions). Lunch break at the Cornish ruins if we're on a quick pace, otherwise en route beforehand. Hikers must be vaccinated and follow COVID policy. For information and to register, contact the leader Hank Zupnick, at [hank.zupnick@gmail.com](mailto:hank.zupnick@gmail.com) or (203) 564-6558.



Sunday, November 6  
**Rockefeller Preserve**

5 miles, easy terrain. Starting with the 13 Bridges Trail, we will visit various parts of the Preserve. Bring lunch, water and snacks. Rain cancels. Hikers must be vaccinated and follow COVID policy. To register, contact leader Sarah Davis, (917) 501-1322 or [sewdavis@gmail.com](mailto:sewdavis@gmail.com). Qualifies for the Westchester 100 (No. 59).

Friday, November 11 (Veterans Day)  
**Fahnestock State Park**

6 miles, moderate terrain. Salute our veterans and our troops on Veterans Day! We'll start from Hubbard Lodge at the western end of the park, hike up to Round Hill and to the Perkins Trail, and return on School Mountain Road, going at a fairly brisk (but not killer) pace. Depending on the desires of the group, a possible side trip up East Mountain would add another mile or so. Hikers must be vaccinated and follow COVID policy. Steady rain cancels. For registration and details, contact leader Bruce Collins, [actz1015@gmail.com](mailto:actz1015@gmail.com) or (646) 584-1227. No first-time hikers please.



Saturday, November 12  
**Minnewaska State Park**



11 miles, moderate terrain. This hike to and around Lake Awosting will be on carriage roads with about 900' of elevation gain. Expect great views from Castle Point and at the lake. The route is subject to change depending on conditions. Hikers must be vaccinated and follow COVID policy. To register, contact leader Janice Miller at [madjan11@optonline.net](mailto:madjan11@optonline.net) or (845) 891-7434.

Saturday, November 12  
**Ward Pound Ridge**

5 miles, easy-to-moderate terrain. Join the leader on a hike in this County-owned preserve. It will start from Lewisboro Park, but we may meet nearby and drive over. Noteworthy will be our walking along the Cross River and across two cute bridges. We will have an early lunch with a view of the river. Trail surface varies between eroded carriage road and conventional (muddy in some sections) path. The elevation gain (580 ft.) is in the last half of the hike. Hiking boots and poles are a good idea. Bring a lunch/snack and a liter of water. Hikers must be vaccinated and follow COVID policy. To register, contact leader Steve Klepner, (845) 297-7066, [spk010@yahoo.com](mailto:spk010@yahoo.com). Email registration preferred, with "Hike" in the subject line. Qualifies for the Westchester 100 (No. 63).

Sunday, November 13  
**Schunemunk Circular**

8-10 miles, moderate-to-strenuous terrain. We will do a circular hike encompassing various trails and lots of ups and downs. Hikers must be vaccinated and follow COVID policy. Rain cancels; no beginners please. To register or for more information, contact Bob Fiscina at [fis6973@tutamail.com](mailto:fis6973@tutamail.com).

Sunday, November 13  
**Bennetts Pond and Pine Mountain**

6 miles, moderate terrain. Starting at Bennetts Pond Park in Ridgefield, CT, we'll do a circular hike around the south end of Bennetts Pond, then up over Wooster Mountain and on to Pine Mountain. There we'll enjoy a lovely view of the Connecticut hills and then descend for our return around the north end of the pond. Hikers must be vaccinated and follow COVID policy. To register, contact Jeanne Thomson at [jeannejthomson@gmail.com](mailto:jeannejthomson@gmail.com) or (914) 409-3405.







Saturday, November 19

**Bald Mountain, Timp, and Doodletown**

6-7 miles, moderately strenuous terrain. This hike is steep and rocky with most of the climbing before lunch. We will take the Cornell Mine and Ramapo-Dunderberg (R-D) trails to Bald Mountain for great views, and then continue to the Timp with more great views. After lunch, we descend to Timp Pass and access the 1777E. Hikers must be vaccinated and follow COVID policy. To register, contact leader Catharine Raffaele, [catharineraffaele@gmail.com](mailto:catharineraffaele@gmail.com).

Saturday, November 19

**Old Croton Aqueduct**

4-5 miles, easy terrain. We will begin our walk in Irvington on Dows Lane and walk south passing Nevis Labs, once the home of Alexander Hamilton's son James, then Mercy College, the Gatekeeper's house; and lastly, we will check on the giraffes before returning to Dows Lane. Hikers must be vaccinated and follow COVID policy. To register, contact Cynthia Moro at [Cynlyn24@gmail.com](mailto:Cynlyn24@gmail.com).

Sunday, November 20

**Wonder Lake State Park**

5-6 miles, moderate terrain. Wonder Lake State Park is located in Putnam County in both the Towns of Kent and Patterson. The NYS DEC purchased most of the land in 1998. An additional 106 acres was purchased in 2006 to improve the public access bringing the total acreage to nearly 1000. The property is mostly hills covered with mixed hardwoods with a few ravines, the lake and a pond. A portion of the Highlands Trail goes through the park, and we will do a loop to include that trail and others to take in the park's scenic features. Hikers must be vaccinated and follow COVID policy. To register and for meeting time and place, call the leader Barry Leibowitz no later than 6 p.m. on November 18 at H (845) 278-2479 or C (914)774-5321 Rain cancels.

Sunday, November 20

**NYC Walk**

8 miles, easy terrain. The route is from Grand Central Station west to the Hudson River, north to 86th St., traverse Central Park and south to Grand Central. Maybe you will peer into a giant wine bottle to see an interior stateroom from the Queen Mary ocean liner.

Perhaps you will see an obelisk from 1425 BCE built by Pharaoh Thutmose III. You never know what you will see because the city always has surprises. Options to shorten the walk are available. Participation is limited to 12 people. Hikers must be vaccinated and follow COVID policy. For questions and to register, contact leader Linda Wildman at [lindawildman88@gmail.com](mailto:lindawildman88@gmail.com) or text/call (914) 316-5674.

Saturday, November 26

**Turkey Hill Lake Circular**

8-10 miles, moderate terrain. This will be an 8-mile circular hike to Turkey Hill Lake in celebration of the Thanksgiving holiday to include the Timp-Torne ridge and the Popolopen Gorge trail on the way to the lake, and the Anthony Wayne trail on the return. There is an option to add another two mile out and back visit to the spectacular view from the Torrey Memorial depending on the mood of the leader and the group. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kevin McGahren at [kmcgc@optonline.net](mailto:kmcgc@optonline.net) or (914) 772-0600.

Saturday, November 26

**Briarcliff Peekskill Trailway, Part 2: New Croton Dam to Ryder Road in Ossining**

5 miles, easy-to-moderate terrain. Woods and wetlands, part of it through Teatown. Originally planned as a parkway in 1929, we were fortunate that plans were changed, and we now have a trailway. Hikers must be vaccinated and follow COVID policy. Short shuttle required. To register and for time and meeting place, contact leader Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), cell (914) 420-5778. *Qualifies for the Westchester 100 (No. 67 if done with Part 1 of this series.)*

Sunday, November 27

**Within the County Grand Finale, Part 6: Glazier, Burden and Whippoorwill**

7-8 miles, easy-to-moderate terrain. These preserves in Chappaqua and Mt. Kisco, all owned by the Town of New Castle, provide surprisingly remote hiking opportunities



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within local suburban settings. We'll begin with a hike in Glazier on its perimeter trails, up and down a few hills and along a pretty stream. Then we'll drive to Burden, where our linear hike begins. We'll explore its diverse ecosystems of wetlands, meadows and woodlands, and then walk to Whippoorwill through a winding and scenic neighborhood for more hiking on varied terrain with some interesting climbs and descents. New Castle's Parks Department has been busy rerouting some of the trails in Burden and Whippoorwill--the reroutes had not been completed by the time our schedule was finalized so there may be some surprises. This hike involves a short shuttle; participants must be vaccinated and follow COVID policy. To register, contact leader Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Qualifies for the Westchester 100 (Nos. 1, 4 and 45).*

Sunday, November 27  
**Sunny Ridge**



4-5 miles, easy-to-moderate terrain. This is a wonderful little gem in Ossining with a wonderful surprise (don't ask--you have to be there). Usual ups and downs with one steep climb. Lots of interesting

trail texture. Relaxed pace. Hikers must be vaccinated and follow COVID policy. To register and for meeting time and location, contact leader Art Almeida, [arta@croton10520.com](mailto:arta@croton10520.com) or (914) 319-4701. *Qualifies for the Westchester 100 (No. 19).*

Saturday, December 3  
**Hogencamp Mountain Circular**

6 miles, moderate terrain. Meet at Lake Skannatati in Harriman State Park for a pleasant loop hike. We'll start on the Arden-Surebridge (A-SB) trail, climb stone steps and begin to climb Pine Swamp Mountain on a moderate grade. When we reach Times Square, we'll take Surebridge Mine Road to the Bottlecap Trail. Then it's on to the A-SB and



Lichen Trail where we have lunch at a viewpoint overlooking Island Pond. The loop will be completed on the Dunning and then the Long Path, all at a relaxing moderate pace. Hikers must be vaccinated and follow COVID policy. To register, contact leader Veronica O'Neil via email at [missyellierosa@yahoo.com](mailto:missyellierosa@yahoo.com), cell (914) 523-9418.

Saturday, December 3  
**Overlook Mountain, Woodstock NY**



5 miles, moderate terrain. This is a round trip hike to a Catskill mountain fire tower. We are planning it as a finish to the 2022 Catskill Fire Tower challenge. All are welcome who would appreciate a steady uphill followed by the potential for outstanding views. We recommend having traction devices available because you never know what the footing

conditions will be. After the hike, we will take a stroll around town for shopping, warm up drinks, etc. Hikers must be vaccinated and follow COVID policy. Register with leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) by 5 p.m. on Thursday, December 1.

Sunday, December 4  
**Fahnestock Round Hill Loop**

7.5 miles, moderate terrain. Starting from the Hubbard Lodge parking lot, we'll begin with a climb to views on Round Hill, continue to East Mountain, and then head back down and around to complete this scenic loop. Hikers must be vaccinated and follow COVID policy. To register, contact leader Alice Benash at [ajrb3@verizon.net](mailto:ajrb3@verizon.net).

Sunday, December 4  
**Butler Sanctuary, Mt. Kisco, New York**

3-4 miles, easy-to-moderate terrain. This is a lovely hike, perfect for those who want to graduate from easy hikes to moderate hikes. One trail is fairly level but the other has multiple ups and downs on somewhat steep terrain. Good hiking boots are suggested and bring water and a snack. The preserve's address is 265 Chestnut Ridge Road, Mt. Kisco, NY. Hikers must be vaccinated and follow COVID policy. To register, contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net). *Qualifies for the Westchester 100 (No. 49).*



Saturday, December 10  
**Harriman Mines and Views**



7-8 miles, moderate-to-strenuous terrain. We will meet in Tuxedo and take the Kakiat, Blue Disc and Ramapo Dunderberg (R-D) trails to make a loop and visit

the views from Pine Hill and Almost Perpendicular, as well as some historical features--Claudius Smith Den, and the Pine Hill, Black Ash, Augusta and Dater Mines. There is a 1.25 mile off trail section on this hike' please bring a stick/pole and a sense of adventure. Weather may cancel or change the route. Hikers must be vaccinated and follow COVID policy. To register, contact Lauren Linkowski at [llinkowski@gmail.com](mailto:llinkowski@gmail.com) or text 914-907-6764.

Saturday, December 10  
**Hilltop Hanover Trails, Yorktown Heights**

3-4 miles, easy terrain. This is a short hike through woodland, passing a vernal pond and rock cliffs, and ascending to the hilltop. Meet in the trailhead parking area on Hanover Street opposite Hilltop Hanover Farm. From the Taconic State Parkway, take the Millwood/Route 100 exit. At the traffic light at Route 100, turn right. Head north for 3.9 miles and then turn left onto Route 118. Take the first right turn onto Hanover St. and proceed 1.4 miles to the trailhead parking area on the right. Bring water and a snack. Hikers must be vaccinated and follow COVID policy. Register with the leader, Sheila Sarkar, [shechris6@gmail.com](mailto:shechris6@gmail.com) or (914) 498-2464. *Qualifies for the Westchester 100 (No. 6).*

Sunday December 11  
**Ward Pound Ridge**

4-5 miles easy-to-moderate terrain. We will explore the northern and center areas of the Reservation. Wear hiking boots and bring snacks, lunch and water. We will carpool from Cross River Shopping Center. Rain cancels. To register, contact leader Sarah Davis, 917 501-1322 or [sewdavis@gmail.com](mailto:sewdavis@gmail.com).

Sunday, December 11  
**WTA Holiday Party**



Enjoy WTA's Holiday Party at Westmoreland Sanctuary, preceded and followed by short hikes which conclude our Within the County series (see below for information about the hikes).

If attending the Holiday Party only, meet at Westmoreland at noon. We're delighted to tell you that this year we are bringing back our traditional pot luck luncheon, so bring a favorite dish. The food should be ready to serve; please remember to bring serving utensils, if needed. Suggestions include: casserole, pasta, quiche, roasted veggies, salad (greens, legumes or grains), bread, fruit, cheese or dessert. Hot dishes should be brought near the noontime hour. The club will provide tea and coffee, paper plates, cups, etc. Please contact our hospitality committee co-chair, Nancy Vincent at [nevincent09@gmail.com](mailto:nevincent09@gmail.com) to let her know what you are bringing so that we have an appealing variety of food. Attendees must be vaccinated and follow COVID policy.

Sunday, December 11  
**Within the County Grand Finale  
Part 7: Pinecliff and Choate Sanctuaries**

These easy hikes will conclude our Within the County series. The morning hike is just under 2 miles and involves a short shuttle. We begin with a walk around the small but lovely Pinecliff Sanctuary in Chappaqua, along boardwalks and past thriving wetlands. Then we'll access the old Ridge Trail, newly revitalized by an unknown good Samaritan. This path roughly parallels the Saw Mill Parkway, but is high enough above it to be relatively quiet, and passes some interesting boulders and rock formations. The trail ends at Roaring Brook Road, where we'll retrieve our cars and head over to Westmoreland to enjoy the Holiday Party festivities. Afterwards, those who wish can drive to Choate Sanctuary in Mt. Kisco for an exploration of the trails in that property. These paths, which total just over a mile in length, are mostly through woodlands with a few mild hills. Participants must be vaccinated and follow COVID policy. Advance registration is required for the morning hike so if you plan on attending, please contact the leader, Eileen West, for meeting time and information at [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). *Qualifies for the Westchester 100 (No. 95b, if done with Part 5 of this series).*

Saturday, December 17  
**Mountain Lakes Camp**

6 miles, easy-to-moderate terrain. Join the leader as we do a hike in this County-owned park. We will take the white trail out to the view point. Continuing, there is a short but steep ascent; the rest of the hike, which is partly on a dirt and gravel road, has only gradual elevation changes. Traction aids may be required. Hiking boots and poles are a good idea. Bring a lunch/snack and a liter of water. Hikers must be vaccinated and follow COVID policy. To register, contact leader Steve Klepner, (845) 297-7066, [spk010@yahoo.com](mailto:spk010@yahoo.com). Email registration preferred, with "Hike" in the subject line. *Qualifies for the Westchester 100 (No. 57).*



Philipse Manor Hall. (In 1799, they were among the nation's first slaves released from bondage.) The waterfront Esplanade and environs boast an array of stunning sculptures and mural flanked by Palisades' views. The once paved-over Saw Mill Park created a nature habitat and educational eel walk in the heart of NYS's third largest city. Pickup is available at Yonkers Train Station. Hikers must be vaccinated and follow COVID policy. To register, contact leader Debbie Farrell at [debfarpr@gmail.com](mailto:debfarpr@gmail.com) or (914) 282-9942.

Saturday, December 24  
**Hudson Highlands, Fishkill, NY**

7-8 miles, moderate-to-strenuous terrain. The group will meet at the end of Sunnyside Road in Fishkill and use the Overlook and Fishkill Ridge trails, as well as woods roads to make a loop. Great views from Bald Hill, Lambs Hill and the Scofield Ridge. Weather or traffic may cancel or change the route or parking area. Hikers must be vaccinated and follow COVID policy. To register, contact leader Lauren Linkowski at [linkowski@gmail.com](mailto:linkowski@gmail.com) or text 914-907-6764.

Sunday, December 18  
**Manitoga**

4-5 miles, easy-to-moderate terrain. A wonderfully serene place, lots of interesting trails and rock outcroppings. We'll also wander around the Osborne Loop and the AT. Relaxed pace. Hikers must be vaccinated and follow COVID policy. To register and for meeting time and location, contact the leader Art Almeida at [arta@croton10520.com](mailto:arta@croton10520.com) or (914) 319-4701.

Saturday, December 24  
**Richter Park, Danbury CT**

Easy 4-mile walk/hike with gradual ups and downs and two views. This will commence with a walk around the beautiful golf course and then into the woods for the hiking trail portion. Depending on conditions, this could be a snow shoe outing. Limited to 10 participants. For more information and to register, please call or email the leader Rosanne Schepis at 203-417-5552 or [rschep@yahoo.com](mailto:rschep@yahoo.com).

Sunday, December 18  
**On the Waterfront**



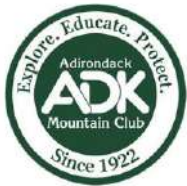
3-4 miles, easy terrain. The new, much acclaimed "Enslaved Africans' Rain Garden" highlights this Yonkers city walk marrying a cornucopia of public art with a visit to the nationally recognized Saw Mill River Daylighting Park. The Garden's five life-size sculptures honor the enslaved Africans who worked at nearby

Sunday, December 25  
**Trout Brook Valley Preserve**



6-7 miles, moderate terrain. Saved from developers in 1999 by the Aspetuck Land Trust, this lovely, 730-acre preserve

in Connecticut's Fairfield County has over 20 miles of trails that include scenic overlooks and (in other seasons) lush apple and blueberry orchards. Starting



on the White Trail off Route 58 (Black Rock Turnpike), we'll pick up the Red Trail and do a "lollipop" hike on the Red, Orange, Yellow, and back to the White before returning to our cars. Parking is on Connecticut Route 58, opposite Country Club Lane. Address is 1012 Black Rock Turnpike, Easton, CT. Look for a small sign that says, "Jump Hill Nature Preserve." Hikers must be vaccinated and follow COVID policy. To register, email the leader, Brent Laymon, at [belaymon@gmail.com](mailto:belaymon@gmail.com) or call (475) 206-7599.

Sunday, December 25

**Bronx River Pathway: Kensico Dam Plaza to North White Plains Station and Back**

4 miles, easy terrain. This level walk comes with an option to go to the top of the dam, and an option for lunch in Valhalla. Hikers must be vaccinated and follow COVID policy. To register, contact leader Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), (914) 420-5778.

Saturday, December 31  
**Croton Point Park**

3-4 miles, easy terrain. Up, down, all around Croton Point and possibly the shoreline on this morning hike of about two hours. Great vistas and views--mostly easy with one longish uphill. Hikers must be vaccinated and follow COVID policy. To register and for meeting time and location, contact leader Art Almeida, [arta@croton10520.com](mailto:arta@croton10520.com) or (914) 319-4701. *Qualifies for the Westchester 100 (52).*

Saturday, December 31  
**Early New Year's Eve**



Meet at 2:45 p.m. at the Rockwood Hall State Park parking lot on Rockwood Road, just west of Route 117. We'll do a two mile,

mostly level walk around the former Pocantico Hills estate of William Rockefeller (now part of the State

Park Preserve) and then offer our traditional sundown toast to the old year within sight of the Hudson River. Alcohol-free beverages will be served, and afterwards we'll continue the celebration with an optional dinner beginning at 5:15 p.m. at The Cabin in Valhalla. There is no need to register for the hike; but if you would like to join us for the dinner, please notify Carolyn Hoffman at [carohof2@gmail.com](mailto:carohof2@gmail.com) or (914) 948-0608 as soon as possible, but no later than December 27th. Inclement weather postpones the hike--but not the dinner--for 365 days. *Qualifies for the Westchester 100 (No. 38).*

Sunday, January 1

**New Year's Day Walk and Swim Greenwich Point Park**



**Happy New Year!**

3 miles, easy terrain. Okay, you don't have to swim but the leader would appreciate company. There will be an approximately 3 mile walk starting around 10:30 a.m. from the main concession stand. Bring holiday

treats if you have them for a post hike celebration. Register with leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) in order to get weather-impacting news or directions.



**August 28<sup>th</sup> hike View from Lookout Point in Mountain Lakes Park (photo courtesy of Nancy Adams)**



**NEW RELEASE**

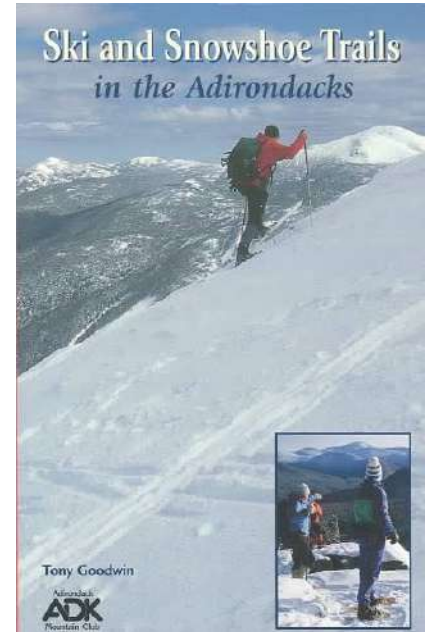
Get ready for winter adventures with the new edition of ***Ski and Snowshoe Trails in the Adirondacks*** by Tony Goodwin.

This second edition of Goodwin’s classic guidebook to winter trips is a

comprehensive collection of fifty popular and lesser-known adventures for all ability levels throughout the park. It includes the iconic Mount Marcy and Whiteface Mountain Toll Road climbs, as well as lesser-known trips, such as Hoffman Notch, Berrymill Flow, and Moxham Mountain.

The 160-page, full-color book includes **GPS coordinates** for trailheads and parking areas. It also features page map sketches by illustrator Terry Brosseau and scores of photographs by well-known regional **photographer Nancie Battaglia**. Information about winter safety, round-trip distances, and difficulty ratings for skiers and snowshoers are all part of the package.

It is now available for just \$18.95, plus shipping and taxes, at ADK’s High Peaks Information Center and Cascade Welcome Center in Lake Placid (member discounts apply) and select local retailers, or you can order [here](#).



## **ADK’s 2023 Wall Calendar! Get one while they last!**



ADK’s 2023 wall calendar showcases the scenic beauty of the mountains, lakes, and wildlife of the Adirondack Park.

The calendar also puts a spotlight on native plants, which are important because they provide diverse habitats and food sources for pollinators such as birds, bees, butterflies, and other wildlife.

The stunning main images are by eight outstanding regional photographers, including Nancie Battaglia and Johnathan Esper. The close-up native plant photographs are by Allison Bell.

Get one today to enjoy the park’s beauty all year long! Purchase of the calendar supports ADK’s summit stewards and other important conservation efforts.

Just \$14.95, plus shipping & taxes. Available at the ADK’s High Peaks Information Center, ADK Loj, and Cascade Welcome Center (all in Lake Placid), or you can [order here](#) (member discounts apply), and at select local retailers.

Visit our Chapter Webpage:  
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### ADK Membership Online

To join ADK, Renew Your Membership or Purchase/Renew a Gift Membership Online, Click on the following link: <https://www.adk.org/membership/>



To celebrate ADK's 100 Years, purchase an [ADK Centennial Patch](#)

Just add the # you want to the cart, and then click "View Cart" to finish the purchase.

## Helpful Links

<a href="#">Cold Weather Hiking Tips</a>	<a href="#">Ten Reasons for Trekking Poles</a>
<a href="#">Hiking Smart NY</a> General guidelines about Hiking Smart from the NYS DEC (Department of Environmental Conservation)	<a href="#">Leave No Trace</a> Set of 7 Outdoor Principles Promoting Conservation in the Outdoors
<a href="#">How to Size and Fit a Backpack</a> <a href="#">How to Choose a Backpack</a>	<a href="#">Ten Essentials for Every Hike from ADK</a>
<a href="#">ADK Videos on a Variety of Informational Topics</a>	<a href="#">Looking to find a hike</a> , check out the NY/NJ Trail Conference interactive map.
	<a href="#">10% Partner Discounts</a> if you are a <a href="#">member of the NY/NJ Trail Conference</a>

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