



MOHICAN

Newsletter of the Mohican Chapter of the Adirondack Mountain Club
Serving Westchester, Putnam, and Fairfield Counties ...and Beyond

From the Chair

There is good news happening in the ADK. This will be a busy and exciting year as the club is celebrating its 100 years with a year-long centennial celebration!



In the last couple of years, its leaders, volunteers, and staff have been hard at work on several strategic initiatives to grow and enhance ADK and to celebrate its long and rich history. Educational offerings are expanding to reach new and diverse audiences. ADK's new Advisory Council is proving to be an effective board to promote and support our 27 chapters--Mohican is one of them.

The charter for the Mohican Chapter of the Adirondack Mountain Club was issued in June of 1985. We will be 37 years old this June. We are young compared to the other 26 chapters. From a small beginning of 22 members, we have grown to over 486 members, many living in Westchester and Fairfield counties. As you can imagine, over the years we have held many events and programs, led hundreds of hikes, paddles, and cross-country ski trips locally and throughout the Northeast. All those participating have had one heck of a good time forming friendships that have lasted forever.

We need your help. A committed core group of leaders have kept the club running for these many years. Elections are coming up soon. After serving 4 years as chair, I will be stepping down in April. **The Nominating Committee is looking to fill one position in the slate of officers. They are looking for a Chair. It could be YOU.** We love this chapter. Please give it serious thought to step in and join the Executive Board!

Please stay safe and healthy,
Jane Smalley, Chair



New Patch
Commemorating ADK's
100 Year Anniversary.
Interested in purchasing,
click [here](#)

NOMINATING COMMITTEE

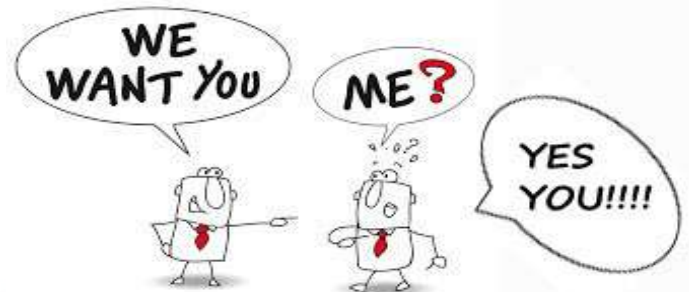
Headed by Jane Restani, Trish Johnston and
Carol Harting

The Slate of Officers:

- Chair: ?
- Vice Chair: Jane Restani
- Secretary: Jean Thomson
- Treasurer: Lisa Weismiller

We need a CHAPTER CHAIR
to join our ranks in April 2022.

For information on the
responsibilities of this position,
feel free to contact Jane Smalley
at jsmallpt@aol.com



Visit our Chapter Webpage:
www.adkmohican.org



WTA **SPRING** Dinner Sunday, April 10, 2022

Welcome



We have been invited to join WTA at their annual spring dinner to be held on Sunday, April 10th, and **for this year's festivities, all attendees must be vaccinated.** WTA

will be returning to the Casa Rina Restaurant, 886 Commerce Street in Thornwood where for a fixed price of \$35 including tax and tip. Complete dinner consists of: choice of an appetizer, soup or salad; 11 different meat, fish, chicken and vegetarian entrees; four different desserts; and coffee, tea or soda with the meal. The club will continue to subsidize part of the beverage and gratuity charges to keep the price at an even \$35. The only items not included are orders from the bar. To see all the choices available, visit www.casarinarestaurant.com and click on their "Sunday thru Wednesday" menu.

Our featured speaker will be Katie Terlizzi, Research Manager and Educator at the Black Rock Forest Consortium. Black Rock Forest is more than a great place to hike--the Consortium has over 20 active research projects being conducted by forest staff and scientists from Columbia University, CUNY and the American Museum of Natural History.

Private room is reserved from 5-9 pm. Those wishing to do so can join us for cocktails starting at 5 pm. We'll order dinner around 5:30 pm, and should start dining shortly after 6:00 pm. Please note that **payment for the dinner must be received by April 3.** Make your checks or money orders for \$35 payable to Westchester Trails Association, and mail them to P.O. Box 736, White Plains, NY 10602. You can use your PayPal account instead by selecting the appropriate payment option on our website's "Join/Contact" page. To access the Join/Contact page, click on the following [link](#). (We are not set up for multiple dinner payments, so if there is more than one person in your party, just make individual payments; then follow up by sending an email to Catharine Raffaele at Raffaele.Catharine@yahoo.com to tell her who each payment is for so that she can keep track of the attendees.)

New Members

Month	Member
September	Judith Arrison, Ann Autieri and Edward Clarke, Clair Billault, Martha and Richard Fateman, Elizabeth Makuch, Aarthi Muthukrishnan and Sashi Nivarthi, Lisa Singer, and Natalie & Ross Tucker Rejoined: Suzanne DeMarchis, Alan Lewis, Stephen Rogowsky and Valerie Salwen, Michael Schlanger, and Sandra Spaziani
October	Nancy Adams, David Brody, Ian Dunn, Robert Stackpole and Kathryn Silsand, Robert and Elizabeth Zahm Rejoined: Diane Houslanger, Joan Ratner
November	Camille Luongo, Ardal Powell, Bradley Scher, Ellen Stolper Rejoined: Lauren Rice & Richard Leonard, and James & Jennifer Tully



This column is dedicated to you, our members, whose lives, events, and achievements on and off the trail are to be recognized and shared. If there is a special event, vacation or achievement in your life you would like to share, please send in your news via email to Trish (Pat) Johnston at patjohnston@gmail.com

"We don't stop hiking because we grow old, we grow old because we stop hiking."



Visit our Chapter Webpage:
www.adkmohican.org

Trip Tales

Canoe/Kayak Black Creek
Tuesday, September 14



This, the last club paddle for the season proved to be a winner. With the recent rains the water level was high. Judy Behrens joined me in exploring about 6 miles in both directions on the small winding narrow Creek, the inlet for Chodikee Lake. The beaver dams are gone. But several large trees across the stream prevented us from a through paddle. We saw great blue heron, egret, osprey, kingfisher and an unnamed large black and white bird. It will be on the list for next summer!

Submitted by Jane Smalley

Saturday, October 9
Angle Fly Preserve



13 people enjoyed an unusually warm October day hiking 4 miles and several loops in this large preserve. Fall leaves were just beginning to show color, while the water in the namesake stream Angle Fly was overflowing at the small dam and rushing downstream as we walked to the bridge. *Submitted by Jane Smalley*
Photographer: Jeanne Thomson

Hikes and Stuff

Attention: Hikers

Be courteous to the leaders. If you are registering for more than one person, give the leader all the names; and if you have registered and your plans change, let the leader know so he/she does not wait for you.

Hikes are joint with WTA unless specified.
Effective January 1, 2022, ADK now requires for its outings, walks, and hikes that all participants be vaccinated for COVID-19.

Attention: Leaders

For Signup sheets (release forms), [click here](#)

After the hike, please mail form to:

Jeanne Thomson, P.O. Box 219

Somers, NY 10589

Saturday, January 1

**New Year's Day Walk/Plunge at Todd's Point
Greenwich CT**



3 miles, easy terrain. A return to this annual COVID-interrupted event is planned with a walk around the park followed by a plunge for the brave. Refreshments are usually available post-plunge. Hikers must be vaccinated and follow COVID policy. To register, contact leader Jane Restani at irabjanea@aol.com to register, no earlier than Monday December 27 and no later than the Thursday before the festivities.

Sunday, January 2
Camp Smith Trail

7 miles, moderate-to-strenuous terrain. Start the New Year with an out and back hike on the most difficult route in Westchester County. Plenty of ups and downs in both directions, rewarded by almost constant Hudson River views. We will meet at the Tollhouse, have lunch at the summit of Anthony's Nose, and return the way we came. Depending on ground conditions, traction devices and/or snowshoes may be needed. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kevin McGahren, kmcgc@optonline.net or (914) 772-0600. Qualifies for the Westchester 100 (No. 50).



Sunday, January 2
Edith G. Read Wildlife Sanctuary and
Playland Boardwalk

3-5 miles, easy terrain. Enjoy a lake, Sound shore, birds, salt marsh, bamboo forest, woodlands, and more. Hikers must be vaccinated and follow COVID policy. To register, contact Carolyn Hoffman carohof2@gmail.com or (914) 420-5778. Qualifies for the Westchester 100 (No. 16).

Saturday, January 8
Torrey Memorial



Five miles, moderate terrain. This hike starts from Route 6 with an ascent to Torrey Memorial

with its magnificent views. We will continue to Turkey Hill Lake and relax for a while, then take the 1779 trail to an unmarked woods road and back to the parking lot. Hikers must be vaccinated and follow COVID policy. To register, contact leader Minu Chaudhuri minuch50@gmail.com, (914) 391-5918.

Saturday, January 8
Within the County: Mt. Vernon to Harrison
Part 3: The Eastern Side of Greenburgh

6-7 miles, easy terrain. The town of Greenburgh is fairly large, encompassing 36 square miles, and last year we explored several parks and preserves on its western half. Today, let's check out the eastern side of town. Beginning with a short loop through Ridge Road Park in Hartsdale, we will continue into Harts Brook Preserve. We'll hike around the perimeter of this former estate, then take local streets to the newest portion of the Bronx River Pathway (the "missing link" between Hartsdale and Scarsdale), and head south towards Scarsdale. Leaving the Pathway, we'll pass Crane's Pond, ascend to the Greenburgh Nature Center, and amble around the trails in that small but lovely preserve. This hike involves a short shuttle. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West, eileenw1000@gmail.com. Rain cancels. *Qualifies for the Westchester 100 (Nos. 5 and 69 (if done with Part 5 of this series)).*

Sunday, January 9
Stockbridge Mountain/Lake Nawahunta Loop

5 miles, moderate terrain. On this hike in Harriman State Park, we will start from the Silver Mine parking area on the Menomine Trail. Near the beginning of the hike, we pass through Lewis Cemetery with tombstones from the mid-1800s. We'll cross over Seven Lakes Drive, then ascend on the Nawahunta Fire Road to the Long Path and up to the summit of Stockbridge Mountain. Lunch will be at the Shelter. Heading down the mountain, we pick up the Menomine Trail again and take that down to the starting point. Have Microspikes or snowshoes handy just in case you need them. Hikers must be vaccinated and follow COVID policy. To register, contact leader Veronica O'Neil, missyellierosa@yahoo.com or (914) 523-9418.

Sunday, January 9
Croton Gorge Park and the OCA

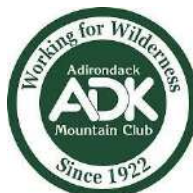
6 miles, easy terrain. Starting at the base of Croton Dam, we'll ascend a broad path to the Old Croton Aqueduct trail, then follow the OCA to the Quaker Bridge Road junction and back. We'll end up at the top of the dam, from which we can admire views across the reservoir, before descending to our cars. Hikers must be vaccinated and follow COVID policy. To register, contact leader Sheila Sarkar, shechris6@gmail.com or (914) 498-2464.

Saturday, January 15
Nuclear Lake in Pawling, NY



5-6 miles, moderate terrain. If you want to find out how this lake got its name, come on this hike, which is along the shores of the lake

and onto the AT to West Mountain for lunch. Directions are easy: 684 north to its end, then onto Route 22 north. Take Route 55 towards Poughkeepsie, travel for about 5.3 miles and turn right onto Old Route 55. The parking lot is immediately to the left. Must have traction devices with you as they may be needed. Heavy snow/rain cancels. Hikers must be vaccinated and follow COVID policy. Contact Carol Harting at c.harting@verizon.net to register.





**Saturday, January 15
Baxter Preserve, Hike or Snowshoe**

2-3 miles, easy terrain. We will travel over rolling hills and pastures in North Salem for about 1½ hours. If there is snow you must have your own snowshoes and hiking or ski poles are suggested. Hikers must be vaccinated and follow COVID policy. Call the leader, Barry Leibowitz before 6 pm on January 14 to register: cell (914) 774-5321 or home (845) 278- 2479. Snow on the roads cancels. *Qualifies for the Westchester 100 (No. 46).*

**Sunday, January 16
Gateway Park**

4-5 miles, easy-to-moderate terrain. Join the leader on this pleasant outing on the grounds of a former dairy farm. With the leaves down, we hope to have several nice views. This hike may be closer to moderate, depending on what is on the ground, with some elevation gain but no significant climbs. It will be done at a compassionate pace with regroupings as needed. Bring a lunch/snack and a liter of water. Traction aids may be necessary; hikers must be vaccinated and follow COVID policy. To register, contact leader Steve Klepner at spk010@yahoo.com, (845) 297-7066.

**Saturday, January 22
Horse Pound Brook Unit, Carmel, NY**



5-7 miles, easy-to-moderate terrain. This is an easy-to-moderate figure-8 hike at a brisk pace through the Mead Farm property. If the weather is good, we can extend the hike to

6-7 miles; if not, the group can stick to a 4-5 mile loop that is snowshoe friendly. In either case, the hike takes in historic stone chambers, rock formations and petroglyphs. Heavy rain or snow cancels. All hikers must print a free, instant, DEP recreation permit in advance of the hike from <https://a826-web01.nyc.gov/recpermitapp>. Please register with the leader Lauren Linkowski by the Thursday before the

hike at llinkowski@gmail.com or by texting (914) 907-6764. Hikers must be vaccinated and follow COVID policy.

**Sunday, January 23
Mt Holly Sanctuary/Yarrow Preserve**

5 miles, easy-to-moderate terrain. We walk through forests with some gentle ups and downs, pass a couple of streams and around a lake before heading back to Mt Holly



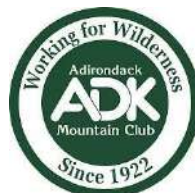
Rd. We enter Yarrow Preserve on the yellow trail where we will do two short loops passing by a lake and a waterfall. We will need to carpool to the trailhead as parking is limited. Hikers must be vaccinated and follow COVID policy. Register with the leader Carol Pamm, CarolJoyce2@aol.com or (646) 346-0371. *Qualifies for the Westchester 100 (No. 37).*

**Saturday, January 29
Mianus River Park and Fort Stamford**

8 miles, easy terrain. This nature reserve on the Greenwich/Stamford border contains trails that follow the course of the Mianus River and pass through rolling forestland. Traction devices may be needed. Please note that this is not the Mianus River Gorge Preserve in Bedford—it is a dog friendly park. To register, contact leader Kathie Laug at (203) 348-3993 (H), (203) 722-5490, or kfriedmanlaug@optonline.net. Hikers must be vaccinated and follow COVID policy.

**Saturday, January 29
Snow Shoe at Richter Park in Danbury, CT
(ADK Hike Only)**

Snow shoe (conditions permitting) on a beautiful golf course with ups and downs. If there's no snow, there is the option of a beginner hike (on a wooded trail with a hill) of about two hours. Will start at 10:30 a.m. Hikers must be vaccinated and follow COVID policy. To register or for more information, please call or email the leader Rosanne Schepis at 203-417-5552, rschep@yahoo.com.



*Visit our Chapter Webpage:
www.adkmohican.org*



**Sunday, January 30
Rockefeller State Park and its River Views**

9-10 miles, easy-to-moderate terrain. On this hike, we will climb to various heights for views of the Hudson from different vantage points. Starting at the Old Sleepy Hollow Road kiosk, we'll head up to Eagle Hill for our first view of the Hudson River. From there, we'll do a loop around the 13 Bridges Trail to the OCA, where we'll connect to the Rockwood area and do a loop within, for more views of the River. Then, back on the OCA to the Gory Brook Trail and up to Cedar Hill for yet another Hudson view. We'll return to our cars along the Pocantico River Trail. Deep snow and/or ice may result in a shorter hike. Hikers must be vaccinated and follow COVID policy. To register, contact leader Alice Benash via email at airb3@verizon.net. *Qualifies for the Westchester 100 (Nos. 38 and 59).*

**Sunday, January 30
Croton Point**

4 miles, easy terrain. We will explore this small scenic peninsula where eagles are often sighted in winter. Dress very warmly for the winds blowing off the Hudson. Hikers must be vaccinated and follow COVID policy. Contact leader to register: Catharine Raffaele, raffaele.catharine@yahoo.com. *Qualifies for the Westchester 100 (52).*

**Saturday, February 5
Balsam Lake Snowshoe**



6 miles, moderate terrain. This is one of the easier Catskill snowshoes, to a fire tower. Winter gear is required; hikers must

be vaccinated and follow COVID policy. Contact the leader Jane Restani at irabjanaea@aol.com by 5 pm Thursday because this is a long trip and carpooling is preferred.

**Saturday, February 5
Brinton Brook Sanctuary, Croton on Hudson**

4-5 miles, easy-to-moderate terrain. Another delight. Lots of ups and downs, some steep but nothing long--all at a relaxed pace. Extra bonus: a wonderful vista. Some sections can be quite gnarly; snow can make this adventurous and possibly change the route. Participation is limited to 11 people; hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida, (914) 319-4701 or arta@croton10520.com. Parking is limited at the trailhead so a short shuttle may be required. *Qualifies for the Westchester 100 (No. 22).*

**Sunday, February 6
Within the County: Mt. Vernon to Harrison
Part 4: Mamaroneck and White Plains**

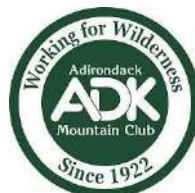
8-9 miles, easy-to-moderate terrain. Today we'll return to the Leatherstocking Trail and take that north to Saxon Woods Park while also checking out the Sheldrake River trails which we pass on the way. We'll stop for lunch at the Saxon Woods picnic area and continue to the park's northern boundary. After a short walk on local streets we'll reach the Harrington Greenway (formerly the White Plains Greenway) and continue to its new terminus near Bryant Avenue, diverging to explore the Ridgeway Nature Preserve and Bryant-Mamaroneck Park. This hike involves a short shuttle. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West, eileenw1000@gmail.com. Rain cancels. *Qualifies for the Westchester 100 (Nos. 60, 96b and 68 (if done with Part 2 of this series)).*

**Sunday, February 6
Cross-Country Ski or Hike**



Ski location TBD, at the closest site with sufficient snow. Don't give up if snow is feeble nearby-- conditions may be glorious at High Point, NJ or at Minnewaska. If there is no snow to be found, we'll do a 3-4 mile hike at Cranberry Lake Preserve.

Participants must be vaccinated and follow COVID policy. To register, contact leader Carolyn Hoffman carohof2@gmail.com or (914) 420-5778.





**Saturday, February 12
Fishkill Ridge**



7 miles, moderate terrain. This is a lollipop loop hike on Fishkill Ridge in the Hudson Highlands with several views to enjoy along the way. Be prepared with traction devices and snowshoes, as needed. Hikers must be vaccinated and follow COVID policy. To register, contact leader Janice Miller, madjan11@optonline.net.

was the first chair of the Westchester County Department of Recreation, which originally formed the Westchester Trails Association. Hikers must be vaccinated and follow COVID policy. Contact leader to register: Catharine Raffaele via email at raffaele.catharine@yahoo.com. *Qualifies for the Westchester 100 (55).*

**Sunday, February 20
Teatown Lake Reservation**

4 miles, easy-to-moderate terrain. We will walk to Cliffdale farm, starting on the 3 Lakes trail to the white trail where we pass a stream and a scenic lookout, then onto the green and yellow trails to Cliffdale farm. We'll have a snack on the benches at Cliffdale and then return to the main parking lot. Please note that there is a \$5 parking fee at Teatown. Hikers must be vaccinated and follow COVID policy. Register with the leader Carol Pamm, CarolJoyce2@aol.com or (646) 346-0371. *Qualifies for the Westchester 100 (No. 62).*

**Saturday, February 12
FDR State Park**

4 miles, easy terrain. We'll do a loop on wide trails around the park with a short detour to take in the view across Mohansic Lake. We will also take the blue trail down to Crom Pond and back. Hikers must be vaccinated and follow COVID policy. To register, contact leader Sheila Sarkar, shechris6@gmail.com or (914) 498-2464. *Qualifies for the Westchester 100 (No. 24).*

**Saturday, February 26
Fahnestock Trails**



5 miles, moderate terrain. Join the leader in a hike taking the Appalachian Trail from Route 301 and then the blue trail to

**Sunday, February 13
Muscoot Farm**

4-5 miles, easy-to-moderate terrain. Nice trails for a winter jaunt. Hopefully the snowshoers have packed down the trail. A little steep at the beginning and moderate (mostly farmland) for the rest of the way, all at a relaxed pace. It's winter so trail conditions determine distance and time. Hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida, (914) 319-4701 or arta@croton10520.com. *Qualifies for the Westchester 100 (No. 58).*

the vicinity of the Boy Scout camp. The return will include an ascent of Bushy Ridge. Bring a lunch/snack and at least 1.5 liters of water. Traction aids may be necessary; hikers must be vaccinated and follow COVID policy. To register, contact leader Steve Klepner, spk010@yahoo.com, (845) 297-7066.

**Saturday, February 19
Meyer Preserve**

5 miles, easy-to-moderate terrain. This preserve was the weekend estate of Eugene and Agnes Meyer, a couple noted for many accomplishments. Agnes Meyer

**Saturday, February 26
Pound Ridge Reservation**

5-6 miles, easy terrain. This is a pleasant "walk in the woods" on gentle rolling terrain on the Reservation's red ski trails. Bring lunch or a snack and plenty of





water. We will meet at the shopping center at 20 North Salem Road in Cross River and carpool to the Reservation. It can be a snowshoe hike if enough snow; if not, traction devices may be needed. Hikers must be vaccinated and follow COVID policy. Contact Carol Harting at c.harting@verizon.net to register. Qualifies for the Westchester 100 (No. 63).

**February 27, Sunday
Snow Shoe at Richter Park in Danbury CT
(ADK Hike Only)**

Snow shoe (conditions permitting) on a beautiful golf course with ups and downs. If there's no snow, there is the option of a beginner hike (on a wooded trail with a hill) of about two hours. Will start at 10:30 a.m. Hikers must be vaccinated and follow COVID policy. To register or for more information, please call or email the leader Rosanne Schepis at 203-417-5552, rschep@yahoo.com.

**Sunday, February 27
Horse Pond Mountain Loop**



6 miles, moderate-to-strenuous terrain. The route of this "lollipop" hike, in nearby Ringwood, New Jersey, combines

several lesser-used trails within the Long Pond Ironworks State Park to ascend Horse Pond Mountain with panoramic views of the Monksville Reservoir from the summit. Depending on ground conditions, traction devices and/or snowshoes may be needed. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kevin McGahren, kmcgc@optonline.net or (914) 772-0600.

**Saturday, March 5
Garrison/Arden Point Circular**

4-5 miles, easy-to-moderate terrain. Starting from the Garrison train station, we'll walk around woods roads and trails with great views of the Hudson. Interesting

structures--some abandoned-bamboo groves. Nice way to spend an enjoyable day at a relaxed pace. It's winter so trail conditions determine distance and time. Hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida, (914) 319-4701 or arta@croton10520.com.

**Saturday, March 5
AT Section in CT
(Cornwall Bridge-St. John's Ledges Parking)
Kent, CT**

Moderate, 7.5 mile hike (1,000' el gain) on a CT section of the AT. We will hike south from Cornwall



Bridge, climbing Silver Hill for some views, and then descend to a 3.5 mile walk along the beautiful Housatonic River. This is a very unique part of the Appalachian Trail as it is one of the longest flat stretches of the entire trail. We eventually leave the footpath and head onto the gravel River Road ending at the parking area below St. John's Ledges. Car shuttle required. Traction aides/snowshoes may be required depending on conditions. Hikers must be vaccinated and follow COVID policy. To register or for questions, please contact Trish Johnston at patcjohnston@gmail.com.

**Sunday, March 6
Appalachian Trail, Hopewell Junction, NY**

5-6 miles, moderate terrain. This lollipop hike contains a moderate climb (no scrambling) at a moderate pace up the AT from the northern end of Fahnestock Park with a return on the Blue Trail and AT. There are excellent views from Shenandoah Mountain and the Canopus Lake overlook. The leader may change the parking area from Long Hill Road to Fahnestock Winter Park (\$12 fee) depending on weather and snow cover. Heavy rain or snow cancels. Hikers must be vaccinated and follow COVID policy. Please register with the leader Lauren Linkowski, by the Friday before the hike at llinkowski@gmail.com or by texting (914) 907-6764.



**Sunday, March 6
Manitoga**



3-4 miles, easy-to-moderate terrain. We will meet at Manitoga off Route 9D in Garrison (584 Route 9D, Garrison) and explore all the trails within this preserve for an easy hike with some ups and down for about 2-3 hours. This historic property was once owned by Russel Wright, an industrial designer. Traction devices may be needed. Hikers must be vaccinated and follow COVID policy. Contact Carol Harting at c.harting@verizon.net to register.

**Saturday, March 12
Dunderberg and the Timp**

7-8 miles, moderate-to-strenuous terrain. Starting from Route 9W, we will ascend to the ridge on the Ramapo-Dunderberg trail with frequent ups and downs rewarded by expansive views. We'll have lunch on the summit of the Timp, then enjoy even more views as we take the Timp-Torne trail back to our cars. Hikers must be vaccinated and follow COVID policy. To register, contact leader Mike Kaplan at kaplanm2001@yahoo.com. No first time hikers please.

**Saturday, March 12
Westmoreland Sanctuary**

7 miles, easy-to-moderate terrain. We will make a complete circuit of this popular local park. Traction devices may be needed. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kathie Laug at (203) 348-3993(H), (203) 722-5490, or kfriedmanlaug@optonline.net. *Qualifies for the Westchester 100 (No. 65).*

**Sunday, March 13
Fahnestock Circular**

7.5 miles, moderate terrain. This loop hike starts at Hubbard Lodge and climbs Round Hill and East Mountain reaching several viewpoints and historic stone walls. Hikers must be vaccinated and follow COVID policy. To register, contact leader Minu Chaudhuri, minuch50@gmail.com, (914) 391-5918.

**Sunday, March 13
Within the County: Mt. Vernon to Harrison
Part 5: Bronx River Pathway and the Kensico Dam**

6-7 miles, easy terrain. On today's hike, we will head north along the Bronx River Pathway, starting in Hartsdale and continuing to the path's end in Valhalla. From there, we'll ascend to the top of the Kensico Dam where we can view the reservoir that serves as a distribution source for water traveling from the Catskill and Delaware aqueducts to New York City. Since we will be on a paved path, hiking boots are not required; but please wear comfortable shoes. This hike involves a short shuttle. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West, eileenw1000@gmail.com. *Rain cancels. Qualifies for the Westchester 100 (No. 69, if done with Part 3 of this series).*

**Saturday, March 19
Ramapo Valley County Reservation**

7 miles, moderate terrain. We will do a circular hike that traverses lesser-used portions of this nearby New Jersey



reservation, passing a scenic reservoir and a waterfall, and climbing to an expansive viewpoint. Hikers must be vaccinated and follow COVID policy. To register, contact leader Alice Benash via email at ajrb3@verizon.net.

**Saturday, March 19
Angle Fly Preserve**

There are more than 10 miles of trails that cover 649 acres in this preserve. Leader will choose several loops, some have a moderate ascent for a relative easy hike, of about 4 miles. Bring hiking poles, water, snack and lunch. Lunch will be after the hike near the entrance. We may need traction devices depending on trail conditions. Hikers must be vaccinated and follow COVID policy. To register, call or email leader Jane Smalley, 914-276-0413 jsmallpt@aol.com. *Qualifies for the Westchester 100 (No. 53 ALT).*

**Sunday, March 20
Something Old, Something New in Garrison**



5 miles, moderate terrain. Garrison School Forest offers some of the best views for the least effort. And now, with the discovery of less-travelled picturesque trails that wind through an adjacent park, it's even better. Please note that we'll be on both blazed trails as well as un-blazed yet easy-to-follow trails. This is a moderate trek with two notable climbs: one is long and gentle and the other, well, isn't. No scrambles. Total elevation gain about 900'. We'll meet in the marked parking lot on Snake Hill Road in Garrison, lot is about ½ mile east of Route 9D. GPS: 332 Snake Hill Rd, Garrison, NY 10524. Hikers must be vaccinated and follow COVID policy. For information and to register, contact Howard Millman, hwardmillman@runbox.com, cell (day of hike) 914-439-8021.

**Saturday, March 26
Mt. Beacon Loop**

8-9 miles, moderate-to-strenuous terrain. We will go up Mt. Beacon and continue on the Wilkinson trail to make a Hudson Highlands loop hike. There will be several

views to enjoy along the way. Be prepared with traction devices and snowshoes, as needed. Hikers must be vaccinated and follow COVID policy. To register, contact leader Janice Miller, madjan11@optonline.net.

**Sunday March 27
Sleeping Giant Park, Hamden CT**

7-8 miles, moderate terrain. This hike will most likely use the violet and orange trails for an East/West loop. Without trees there should be nice views. Carpooling from Stamford is possible. Hikers must be vaccinated and follow COVID policy. Contact the leader Jane Restani at irabjanaea@aol.com by 5 pm Friday to register.

**Sunday March 27
Saxon Woods Park, White Plains**

6 miles, easy terrain. On this hike, which is mostly easy with a few hills, we'll explore the varied woodland trails and visit the ducks along the Hutchinson River. There is an early out option at 3 miles. Hikers must be vaccinated and follow COVID policy. Contact leader for meeting time. To register, contact leader Carolyn Hoffman carohof2@gmail.com, home (914) 948-0608, cell (914) 420-5778. *Qualifies for the Westchester 100 (No. 60).*



Five adventurous hikers joined leader Jane Restani on her November 20th rugged, challenging hike in Sleeping Giant State Park.



ADK Membership Online

To join ADK, Renew Your Membership or Purchase/Renew a Gift Membership Online, Click on the following link: <https://www.adk.org/membership/>

If you are still receiving a printed copy of our newsletter and would prefer to receive a digital one, please send your email address to patcjohnston@gmail.com so we can add you to our list.

Thank you for your continued support of the ADK Mohican Chapter.
Stay well and stay healthy.

If you have changed your email address, please be sure to email me with the update. Thank you!



Winter Hiking Safety

Leave No Trace Principles

Provides an easily understood framework of minimum impact practices for anyone visiting the outdoors

Hiking Smart NY

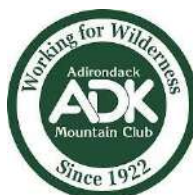
General guidelines about Hiking Smart from the NYS DEC (Department of Environmental Conservation)

Basic Layering for Hiking

The Ten Essentials

How to Choose a Pack

How To Fit a Backpack





Mohican ADK
P.O. Box 218
Bedford, NY 10506

 Notify ADK of address change at least six weeks in advance via email at membership@adk.org or call 1-800-395-8080 M-F 8:30 a.m.-5:30 p.m

If you would like to be added to our ADK Mohican Google Groups, just send an email to patcjohnston@gmail.com

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