



# MOHICAN

Newsletter of the Mohican Chapter of the Adirondack Mountain Club  
Serving Westchester, Putnam, and Fairfield Counties ...and Beyond

## From the Chair



This is my last column *From the Chair*.

It has been an 'eye opener' navigating these four years. As a long time Mohican leader, hiker, paddler, and skier, I volunteered to be on the slate for the election of 2018. Who knew what was in store for us?

The first year nothing was out of the ordinary. We had our summer picnic, our holiday party plus a full complement of outings. In September '19 we hosted the Fall Outing with four other downstate chapters at the AMC Harriman Outdoor Center. Many hikes and paddles were led by our members. Saturday entertainment was a singalong with the Walkabout Clearwater Chorus, founded by Pete Seeger. It was a big success.

March 2020 COVID-19 closed the border to Canada and essentially kept many of us inside. All Club hikes and paddles were canceled until September. Many times I felt overwhelmed. Hiking on my own or with a friend in a local preserve kept me physically and emotionally healthy. COVID guidelines continued to be updated and had to be followed by WTA as our outings were now fully combined. Our April '20 board meeting was via Zoom and is ongoing to this day. At the same time ADK announced a new Executive Director, Michael Barrett. He joined us at an executive board meeting and spoke about the advantages of the By-Laws change at the Main Club that will bring us into alignment with best practices for non-profit management. Our quarterly meetings kept us abreast of all these changes taking place.

Without the able and steadfast leadership of our two vice chairs, Kathie Laug, serving three years and Leslie Millman serving this last year, plus our entire executive board, I would have been lost. We worked together as each challenge was met. Thank you! Thank you!

In 2022 ADK is celebrating its 100 years with a yearlong celebration.

We will have a new slate of officers April 1. Brent Laymon will be Chair. Newly retired, Brent split his professional life between journalism and corporate communications, working for the Associated Press and then a series of large corporations, most recently, Otis Elevator. He has been an ADK member since 2009, with a couple of interruptions due to the demands of work and family. Now he's eager to contribute more to the Mohican Chapter--and the chance to do more hiking.

See you on the rivers and trails.

*Jane Smalley, Chair*

---

**Effective April 1, 2022, we have a newly elected ADK Mohican Board as follows:**

- Brent Laymon – Chair
- Jane Restani – Vice Chair
- Treasurer: Lisa Weismiller
- Secretary: Jeanne Thomson

---

## ADK's Centennial Celebration and Fall Outing

**Cold River Chapter** is hosting ADK's Centennial Celebration & Fall Outing on **September 23-25, 2022** at the Silver Bay YMCA Conference & Family Retreat Center in Silver Bay, NY (near Hague).

If you haven't been to any other Fall Outing, this is the one you shouldn't miss. The YMCA is on Lake George, with spectacular views of the lake and mountains, and has boats, tennis courts, hiking trails and a gym. If you don't want to stay at the hotel, you can come on Saturday just for the day and join us for a barbecue dinner, or you can camp nearby at NYS Rogers Rock Campground.

There will be 60 outings, including a pontoon boat tour of Lake George, musical entertainment on Friday night



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



by Dan Berggren and Jamcrackers, and a special guest speaker on Saturday night--noted environmentalist and author Bill McKibben. Register here: <https://adk.org/event/centennial-fall-outing/>

### Adirondack Mountain Club's Trailhead Stewardship Program

The ADK Trailhead Stewardship Program at Heart Lake is one of ADK's most successful high-profile programs. Perhaps you have met one of our Trailhead Stewards at the High Peaks Information Center (HPIC). We greet hikers, answer questions and help folks make good decisions for a safe and enjoyable outing. Thorough training in Leave No Trace principles, Authority of the Resource Technique of hiker interaction, New York State Department of Environmental Conservation (NYSDEC) Central High Peaks regulations, and your hiking experience and knowledge of the trails that start at Heart Lake will give you the confidence to help us achieve program goals.

Weekend and holiday shifts are available. July and August shifts are weeklong, but there is the possibility of "split shifts" and substitute shifts. Generous volunteer benefits are included.

#### Applications for the 2022 season are now open.

Please contact Bobby Clark, HPIC manager [bclark@adk.org](mailto:bclark@adk.org) or Jim Schneider, ADK Glens Falls-Saratoga Chapter [metadatajim@gmail.com](mailto:metadatajim@gmail.com) if you have any questions or would like more information.

Below you can download an application, info letter, and program manual with all of the specifics.

- Click on [ADK TSP Application](#)
- Click on [ADK TSP Info Letter](#)
- Click on [ADK TSP Program Manual](#)

If you do not wish to fill out and send back the application, you can also apply here by clicking on the following link: <https://ADKTSP Online Application>.

#### 2022 AT Vista Hike Leaders Needed

2022 AT Vista is to be held at **SUNY New Paltz, NY from August 5-8, 2022**. The Vista is in lieu of the ATC Biennial and is being sponsored by the New York-New Jersey Trail Conference. We have put together an

exciting program of hikes, workshops and excursions, which can be viewed by going to the website [atvista2022.org](http://atvista2022.org).

SUNY New Paltz is a beautiful venue, in reasonable proximity to wonderful hiking on the AT in northern NJ and New York, as well as to hikes in Minnewaska State Park, the Shawangunk Mountains, the Long Path, Mohonk Preserve, the Catskills, Harriman State Park and other parks east of the Hudson. Proposed hikes are listed on the website.

If you are interested in being a hike leader for the upcoming Vista, please email Katrina Marrero [kmarrero@weissmanmintz.com](mailto:kmarrero@weissmanmintz.com) or Steve Weissman at [sweissman@weissmanmintz.com](mailto:sweissman@weissmanmintz.com). The hikes listed on the website can be modified to accommodate your interests. Also, we are also open to adding hikes.

## With Our Members

### 2022 Catskill Fire Tower Challenge



Some club members are undertaking this challenge. Finish all six fire tower hikes in 2022 and earn a nice patch! The 6 range from moderately difficult to just moderate. The greatest elevation gain is 2000'. We plan a finish on Overlook Mountain on December 3<sup>rd</sup>, and we can celebrate thereafter in the charming town of Woodstock. Just hike when you wish. Check out info on the [Fire Tower Challenge](#), and hope you join us on the proposed December 3<sup>rd</sup> finish.

*Submitted by Jane Restani*



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



# Welcome

## New Members

Month	Member
December	John and Toni Ann Reynolds, and Greg and Katy Sans <b>Rejoined:</b> Art Almeida
January	Drew Heller, John Morrison and Lia Amakawa, Amanda Noyes, and Bonnie Peritz and Perry Liberty <b>Rejoined:</b> Mark and Christine Purcell



*This column is dedicated to you, our members, whose lives, events, and achievements on and off the trail are to be recognized and shared. If there is a special event, vacation or achievement in your life you would like to share, please send in your news via email to Trish Johnston at [patjohnston@gmail.com](mailto:patjohnston@gmail.com)*

## Balsam Lake Fire Tower



*Top step Janice Miller, 2<sup>nd</sup> on step Lisa Weismiller, and bottom stepleader Jane Restani*

## Trip Tales

**Saturday, February 5**  
**Balsam Lake Fire Tower, Catskills**

This is usually a 6.5 mile snowshoe, but the trail was firm after icy rain; and we used crampons or spikes. The moderate grade afforded the opportunity to enjoy the glistening trees although the hanging ice-laden branches had to be avoided. We climbed the icy stairs of the fire tower for some views, but the wind was a'howlin. We were only four after the ice conditions discouraged most who contemplated the outing. Probably sensible. Ulster County was in emergency status because of the ice-caused power outages that also took out the stoplights on Route 28. The four had great fun despite the challenges.

*Submitted by leader Jane Restani*

**Saturday, February 12**  
**Fishkill Ridge**

Eight hikers joined the leader for a hike to Fishkill Ridge. There was a nice mix of ADK veterans and newer members. It was an unusually beautiful, warm day and a nice change from the recent cold and ice. The trail had a bit of everything--ice, snow, mud and rocks. Spikes were a must on this hike, but they had to be taken on and off numerous times during the hike as we alternated between north facing and south facing trails. We had great views from Lambs Hill and Fishkill Ridge. Given the conditions and tricky footing, the group decided to cut the hike a little short. We went back along the ridge rather than continue around the loop and stopped for a photo op at Dozer Junction. A great time was had by all.

*Submitted by leader Janice Miller*



Explore. Educate. Protect.

*Visit our Chapter Webpage:*  
[www.adkmohican.org](http://www.adkmohican.org)



Saturday, April 2  
**Georges Island/Montrose State Forest**

5 miles, easy-to-moderate terrain. Woods, water, some ups and downs



and a bit of history. Hikers must be vaccinated and follow COVID policy. To register, contact leader Debbie Farrell, [debfarpr@gmail.com](mailto:debfarpr@gmail.com) or (914) 282-9942.

*Hikers at Dozer Junction, intersection of Fishkill Ridge and the Wilkinson Memorial Trails*

Sunday, April 3  
**Muscot Farm**

4-5 miles, easy-to-moderate terrain. Nice hike on the first weekend of the spring lineup. A little steep at the beginning and easy-to-moderate (mostly farmland) for the rest of the way. Stone walls abound (there's a stone wall song we can sing along the way...short and sweet). Relaxed pace. Hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida, (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com). Qualifies for the Westchester 100 (No. 58).

Saturday, April 9  
**West and Bear Mountains**

8-9 miles, moderate-to-strenuous terrain. This loop hike in Harriman State Park is quite challenging--the only reason it doesn't have a strictly "strenuous" designation is that we get to walk along pretty Hessian Lake before tackling the second summit. Starting from the parking area on Seven Lakes Drive, we'll climb West Mountain on the AT, descend on the Suffern-Bear Mountain (S-BM) trail to Hessian Lake, and then ascend again to Bear Mountain on the Major Welch Trail before heading down to our cars on the AT. We will have almost constant views and some scrambling, especially on the Major Welch Trail. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kevin McGahren, [kmcgc@optonline.net](mailto:kmcgc@optonline.net) or (914) 772-0600.

# Hikes and Stuff

**Attention: Hikers**

Be courteous to the leaders. If you are registering for more than one person, give the leader all the names; and if you have registered and your plans change, let the leader know so he/she does not wait for you. **Hikes are joint with WTA unless specified.** **ADK requires for its outings, walks, and hikes that all participants be vaccinated for COVID-19.**

**Attention: Leaders**

For Signup sheets (release forms), [click here](#)  
After the hike, please mail form to:  
Jeanne Thomson, P.O. Box 219, Somers, NY 10589

Saturday, April 2  
**Garrison Metro North to Sugar Loaf**

5-6 miles, moderate terrain. Join the leader in a moderate hike from the Garrison Metro North station to Sugar Loaf and possibly beyond. There is an elevation gain of at least 750 feet (hence the "moderate" designation) and a sweeping view from the top. Bring a lunch and 1.5 liters of water; hiking poles are recommended. Hikers must be vaccinated and follow COVID policy. To register, contact leader Steve Klepner, (845) 297-7066, [spk010@yahoo.com](mailto:spk010@yahoo.com). Email preferred with 'hike' in the subject line.



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



Saturday, April 9  
**Butler Sanctuary**



3-4 miles, easy-to-moderate terrain. We start on the Orange trail with large ferns lining our path and then proceed to the Red trail around

the perimeter of the park to the Hawk watch where will have lunch before returning to the cars. Along the way, there are some ups and downs, we will walk through evergreen and white pine forests, some small stream crossings and beautiful glacial rock formations. Hikers must be vaccinated and follow COVID policy. To register, contact leader Carol Pamm, [CarolJoyce2@aol.com](mailto:CarolJoyce2@aol.com) or (646) 346-0371. *Qualifies for the Westchester 100 (No. 49).*

Sunday, April 10

**Within the County: Mt. Vernon to Harrison  
Part 3: The Eastern Side of Greenburgh**

6-7 miles, easy terrain. This hike, alternately titled “if at first you don’t succeed...” is on the schedule again after having been cancelled twice due to adverse weather conditions. Let’s hope the third time’s the charm. Using trails with a few hills in several preserves, plus a bike path and local streets, we start with a short loop through Ridge Road Park in Hartsdale and continue into Harts Brook Preserve where we’ll hike around the perimeter of this former estate. Then we head over to the newest portion of the Bronx River Pathway (the “missing link” between Hartsdale and Scarsdale) and walk south towards Scarsdale. Leaving the Pathway, we’ll pass Crane’s Pond, ascend to the Greenburgh Nature Center, and amble around the trails in that small but lovely preserve. This hike involves a short shuttle. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com) Rain cancels. *Qualifies for the Westchester 100 (Nos. 5 and 69 (if done with Part 5 of this series)).*

Saturday, April 16  
**Bald Mountain, Timp, and Doodletown**

6-7 miles, moderately strenuous terrain. This hike is steep and rocky with most of the climbing before lunch. We will take the Cornell Mine and Ramapo-Dunderberg (R-D) trails to Bald Mountain for great views, and then continue to the Timp with more great views. After lunch, we descend to Timp Pass, and access the 1777E. Hikers must be vaccinated and follow COVID policy. To register, contact leader Catharine Raffaele, [catharineraffaele@gmail.com](mailto:catharineraffaele@gmail.com).

Sunday, April 17

**Trails Less Traveled: In the Scenic Red Wing  
Recreation Area, Billings, NY**



5 miles, easy-to-moderate terrain. Never heard of Billings? It’s little more than a widening of Route 82 near Hopewell Junction. It’s also home to a private park with civilized, easy walking, well-marked trails, a viewpoint and plenty of scenery. There are three connected loops--each 2+ miles long and we’ll do two of the three, mostly easy but definitely some moderate climbing, too. Unfortunately, the maps of the park are at best rudimentary so please bring your sense of adventure and discovery. Directions: use 2332 Route 82, Billings, NY 12510 as the address and park across the street (on the shoulder of Route 82). Hikers must be vaccinated and follow COVID policy. To register, contact leader Howard Millman, [isayso@runbox.com](mailto:isayso@runbox.com). Cell on the day of the hike only: (914) 439-8031.



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



Saturday, April 23  
**Minnewaska State Park**



8-9 mile moderate hike with 1,000' elevation gain to Hamilton Point will be mostly on carriage roads with an option for some trail hiking. This scenic old road follows the northern rim of the Palmaghatt Ravine, an immense V-shaped ravine whose side walls consist of a double row of high, vertical cliffs. This is one of the most scenic

routes between Lake Minnewaska and Lake Awosting. Expect great views from the cliffs. To register, contact leader Janice Miller via email at [madjan11@optonline.net](mailto:madjan11@optonline.net) or (845) 891-7434.



Saturday, April 23  
**Birthday Hike on the OCA**

4-5 miles, easy terrain. What better way to celebrate Ellie Carren's 100th birthday than with an easy-paced hike on the Old Croton Aqueduct! We will meet at 11 a.m. on Dows Lane in Irvington near Memorial Park, head south to the Keepers House in Dobbs Ferry, which is expected to be open on weekends and has a nature center and interesting exhibits, and then return to our starting point. Those who wish to shorten the hike can return to Memorial Park to wait for the rest of the hikers. You are welcome to bring your own lunch and celebrate Ellie's birthday with dessert (courtesy of her family, who will be coming from Colorado and will join us on the hike). If you can't attend this hike but still want to celebrate with Ellie, Cynthia Moro is organizing a similar OCA walk on Thursday, April 28. Contact Cynthia for details at [cynlyn24@gmail.com](mailto:cynlyn24@gmail.com). Directions: From U.S. Route 9 in Irvington, head west on Dows Lane; parking is available adjacent to Memorial Park on both sides of the street near the intersection where the OCA crosses the road. Hikers must be vaccinated and follow COVID policy. To register or for questions, contact leader Ellie Carren at [elliecarren@gmail.com](mailto:elliecarren@gmail.com).

Sunday, April 24  
**Westmoreland Sanctuary**

4-5 miles, easy-to-moderate terrain. This is an old favorite with lots of wonderful stone walls and sweeping topography. There are a fair amount of ups and downs, and some of those are long, but nothing we can't handle. Relaxed pace. Hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida, (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com). Qualifies for the Westchester 100 (No. 65).

Saturday, April 30  
**Hudson Highlands Circular**

7 miles, moderate-to-strenuous terrain. We'll begin with an ascent of Breakneck Ridge on the new Green Trail, then continue along the ridge with multiple ups and downs and frequent Hudson views. Our return will be by way of the Wilkinson Trail with an ascent of Sugarloaf Mountain for another sweeping viewpoint before descending to our cars. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kevin McGahren, [kmcgc@optonline.net](mailto:kmcgc@optonline.net) or (914) 772-0600.

Saturday, April 30  
**Hilltop Hanover Trails, Yorktown Heights**

3 miles, easy-to-moderate terrain. This is a short hike through shady woods, passing a vernal pond and rock cliffs, and ascending to a leafy hilltop. Meet in the trailhead parking area on Hanover Street, opposite Hilltop Hanover Farm (you can use 1260 Hanover St, Yorktown Heights for navigation). From the Taconic State Parkway, take the Millwood/Rt. 100 exit. At the traffic light at Rt. 100, turn right. Head north for 3.9 miles and then turn left onto Rt. 118. Take the first right turn onto Hanover St. and proceed 1.4 miles to the trailhead parking area on the right, across the road from the Farm. Bring water and a snack. Please register with the leader Barry Leibowitz at [barry.leibowitz@gmail.com](mailto:barry.leibowitz@gmail.com) or (914) 774-5321 not later than Friday, April 29, before 5 p.m. Hikers must be vaccinated and follow COVID policy. *Qualifies for the Westchester 100 (No. 6).*



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



Sunday, May 1  
**Diltz Lane Exploration**

8 miles, moderate-to-strenuous terrain. Come check out this lesser used corner of Harriman State Park--the climbs/descents are moderate, but the condition of some of the trails can be difficult. We will start from the Diltz Lane parking area, follow the Tuxedo-Mt. Ivy and Suffern-Bear Mountain trails to see the views from Eagle Rock, Panther Mountain, and Hawk Cliff. Then we will explore the unmarked Pittsboro trails to see some abandoned cars and farms. We will return to the parking area on the flat power line cuts. Hikers must be vaccinated and follow COVID policy. Rain cancels. Please register with Lauren Linkowski at [llinkowski@gmail.com](mailto:llinkowski@gmail.com) or (914) 907-6764.

Saturday, May 7  
**Teatown Lake Reservation and Cliffdale Loops**

7 miles, easy-to-moderate terrain. We'll walk along the east side of the lake, then through Griffin swamp and along the Cliffdale-Teatown Trail to Cliffdale Farm, continuing on the Cliffdale loop and Catamount hill trails, and returning via the southern shore of the lake. Bring lunch or a snack. Meet in the lakeside parking lot on Blinn Road--there is a parking fee of \$5/car. Hikers must be vaccinated and follow COVID policy. To register, e-mail the leader Sheila Sarkar at [shechris6@gmail.com](mailto:shechris6@gmail.com). *Qualifies for the Westchester 100 (No.62).*

Sunday, May 1  
**Brinton Brook Sanctuary, Croton on Hudson**

4-5 miles, easy-to-moderate terrain. Another delight. Lots of ups and downs, some steep but nothing long. Extra Bonus--a wonderful vista. Some sections can be quite gnarly. And, some interesting face pareidolia (look it up!) Relaxed pace. Hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida at (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com). *Qualifies for the Westchester 100 (No. 22).*

Sunday, May 8  
**Seven Hills Circular**  
**(Joint w/ADK North Jersey Ramapo Chapter)**

9-10 miles moderate-to-strenuous terrain. We will do a circular using the Seven Hills, Hillburn-Torne-Sebago (HTS) and Tuxedo-Mt Ivy Trail (TMI) trails. For more info or to register, contact Bob Fiscina at [fis6973@tutamail.com](mailto:fis6973@tutamail.com). Rain cancels. Hikers must be vaccinated and follow COVID policy. No beginners please.

Saturday, May 7  
**Mt. Tremper**



6 miles, moderate-to-strenuous terrain. This Catskills fire tower is located near Phoenicia, NY; it is said to be the original from 1917 and was in use until 1971. There is a 2,000 foot climb to get to the tower, which is always a challenge. If you are up for it, register with the leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) between Monday and

5:00 p.m. Thursday of the hike week. Hikers must be vaccinated and follow COVID policy.

Sunday, May 8  
**Within the County: Mt. Vernon to Harrison**  
**Part 6: Cranberry and Silver Lakes**



6 miles, easy-to-moderate terrain. This hike, closer to moderate than easy, allows us to visit two central Westchester destinations, which were the site of quarrying operations that provided the stones for the Kensico Dam. We'll begin with a hike around Cranberry Lake Preserve, through forested areas, past water views and up to the top of the quarry where we'll have lunch and enjoy the view. Then we'll take a local road and the White Plains Heritage Trail to the Stoney Hill



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



Cemetery--the last remaining parcel of land in a community of formerly enslaved African Americans known as “the Hills”. The Heritage Trail continues into Silver Lake Preserve, where we’ll explore its woodlands, hike along the lake, and pass by the site of a Revolutionary War skirmish before ending our hike, and this season’s “Within the County” series. A short shuttle is involved. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Qualifies for the Westchester 100 (Nos. 40 and 51).*

Saturday, May 14  
**Monumental West to East-Northwest Van Cortlandt Park**

5-6 miles, easy-to-moderate terrain. This is a woody traverse from the Equestrian Center (free parking) to two monuments. The “Sandhog” Memorial honors 23 workers who



died constructing NYC Water Tunnel 3, finished in 2020. The “Indian” monument pays homage to Native American chief Nimham, allied with the patriots, who died fighting for liberty in 1778. Hikers must be vaccinated and follow COVID policy. To register, contact leader Debbie Farrell [debfarpr@gmail.com](mailto:debfarpr@gmail.com) or (914) 282-9942.

Sunday, May 15  
**Pelton Pond and Shenandoah Mountain**

6 miles, easy-to-moderate terrain. Join the leader on a circular hike from Pelton Pond to Shenandoah Mountain and back on a different route. This hike is closer to moderate than easy--the elevation gain is flat to gradual at the beginning, but it steepens as the mountain is ascended and the descent is somewhat rocky. Bring a lunch (which we’ll have at the summit, with views to enjoy), two liters of water, a hat, bug spray and sunblock. Hiking poles are recommended. Hikers must be vaccinated and follow COVID policy. To register, contact leader Steve Klepner, (845) 297-7066, [spk010@yahoo.com](mailto:spk010@yahoo.com). Email preferred with 'hike' in the subject line.

Saturday, May 21  
**Schunemunk Mountain Two Ridges Circular**



8-9 miles moderately strenuous terrain. This will be a loop hike starting at the Otterkill Road parking area. The hike begins on the Otterkill Trail and continues

with an ascent up the Jessup Trail to its ridge. We’ll continue on the ridge with its many beautiful viewpoints along the way and head over to the Megaliths. From there, we’ll take the Ridge-to-Ridge Trail which connects to the Western Ridge and make our way along this ridge to the Trestle Trail, where we’ll descend back to our cars. Hikers must be vaccinated and follow COVID policy. To register, contact leader Alice Benash via email at [ajrb3@verizon.net](mailto:ajrb3@verizon.net).

Saturday, May 21  
**Manitoga**

3-4 miles, easy-to-moderate terrain. We will meet at Manitoga off Route 9D in Garrison (584 Route 9D, Garrison) and explore all the trails within Manitoga for an easy hike with some ups and down for about two-three hours. This historic property was once owned by Russell Wright, an industrial designer. Hikers must be vaccinated and follow COVID policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register.

Saturday May 21  
**Canoe/Kayak - Mohansic Lake and Crom Pond**



Meet at the boat launch on Mohansic Lake in FDR State Park. After checking out the Eagle’s nest at the launch site, we will explore the marsh

at the south end of the lake looking for the tiny connector into Crom Pond--truly a wilderness retreat. Bring own canoe or kayak, lifejacket, and lunch. Plan on a short walk at lunch on the path next to the pond. There may be a \$10 charge for boat access. There are no rentals nearby. Participants must be vaccinated and follow COVID policy. To register or for information, call Jane Smalley at 914-276-0413 or e-mail [jsmallpt@aol.com](mailto:jsmallpt@aol.com).



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)





Sunday, May 22  
**Castle Rock**

5 miles, easy-to-moderate terrain. This is an interesting variant of a hike from Route 403 south of Garrison up to a junction where we hike on a woods road over to Lake Lucretia. Then back down and up where we'll hike to an overlook on the relatively new Green Trail. Down again onto the AT and back to the cars. Trail conditions may modify the hike, and mileage and time will vary. Relaxed pace. Hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida at (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com).

Monday, May 30  
**Catfish Loop**

5 miles, moderate terrain. This will be a circular hike with gentle ups and downs on the Catfish Loop in Fahnestock State Park, starting (and ending) on Dennytown Road. The parking area is 1.2 miles down Dennytown Road coming from Route 301. Hikers must be vaccinated and follow COVID policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register.



Saturday, May 28

**Leatherstocking Trail and Larchmont Reservoir**

5 miles, easy terrain. This is a linear hike and will involve a short shuttle. Named for the character in James Fenimore Cooper's novels, the Leatherstocking Trail cuts through a swath of New Rochelle, Larchmont and Mamaroneck with woodlands and wetlands (including the Sheldrake River Conservation Area.) A short road walk near the south end of the trail leads to the lovely Larchmont Reservoir, a haven for birds and people. Hikers must be vaccinated and follow COVID policy. To register, contact leader Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), cell (914) 420-5778. *Qualifies for the Westchester 100 (Nos. 68 and 99a).*



Saturday, June 4

**Pingyp Mt. - Harriman Park Circuit Hike**



6 miles, moderate-to-strenuous terrain. This hike has 1800 feet of elevation gain, is steep and exposed in parts, and is considered difficult. Another problem is the half mile road walk necessary to reach the hike, and the Palisades Parkway must be crossed coming and going. There is no bridge or tunnel. After all of that, the hike is still worth it, but it is not for faint of heart. If you dare, register with the leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) between Monday and 5:00 p.m. Thursday of the hike week. We will meet at the pullout on Tiorati Brook Road about halfway between the Beech Trail and Lake Welch Drive. For GPS, use: 41.252242, -74.055642. Hikers must be vaccinated and follow COVID policy.

Sunday, May 29

**Ward Pound Ridge Reservation**

7 miles, moderate terrain. This loop hike from the Michigan Road parking area offers a sweeping westward vista from the Leatherman's Loop overlook, an exploration of the Leatherman's Cave, and a second expansive view to the east from Raven Rocks. We'll pass some interesting rock formations and enjoy some ups and downs as we explore the southern half of this large county park. Hikers must be vaccinated and follow COVID policy. To register, contact leader Kevin McGahren, [kmcgc@optonline.net](mailto:kmcgc@optonline.net) or (914) 772-0600. *Qualifies for the Westchester 100 (No. 63).*

Saturday, June 4

**Sunny Ridge Preserve**

4-5 miles, easy-to-moderate terrain. This is a wonderful little gem in Ossining that is usually passed over--with a wonderful surprise (don't ask, you have to be there). Usual ups and downs with one steep climb. Lots of interesting trail texture. Relaxed pace. Hikers must be vaccinated and follow COVID policy. To register contact leader Art Almeida, (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com). *Qualifies for the Westchester 100 (No. 19).*



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



**Saturday, June 4  
Canoe/Kayak, Basher Kill**



This is the largest freshwater wetland in southeastern New York which protects acres of habitat for all kinds of wildlife.

If we are lucky we may catch the spring bird migration; also keep an eye out for the Osprey nest shortly after boats are launched. The leader will set up a short shuttle for a one way paddle through the entire wetlands. There are no rentals nearby. Bring lifejacket, binoculars, lunch, and a sense of adventure. We will meet at 10 a.m. at the first put in above Haven Road. To register call or email Jane Smalley at (914) 276-0413 or [jsmallpt@aol.com](mailto:jsmallpt@aol.com). Participants must be vaccinated and follow COVID policy.

**Sunday, June 5  
Storm King Circular  
(Joint w/ADK North Jersey Ramapo Chapter)**

8-9 miles moderate-to-strenuous terrain. Starting from RT 218, we hike the Howell, Bluebird and Highlands trails to Cornwall Landing returning on the Stillman, Howell and Stillman Springs. For more info or to register contact Bob Fiscina at [fis6973@tutamail.com](mailto:fis6973@tutamail.com). Rain cancels. Hikers must be vaccinated and follow COVID policy. No beginners please.

**Sunday, June 5  
Sterling Forest**

7 miles, moderate terrain. We will ascend the Bare Rock Trail and stop at scenic Bare Rock with its scenic view of Greenwood Lake. Return on the Sterling Ridge Trail with a stop at the Fire Tower. Hikers must be vaccinated and follow COVID policy. To register, contact leader Catharine Raffaele at [catharineraffaele@gmail.com](mailto:catharineraffaele@gmail.com).

**Sunday, June 5  
Within the County “Make-Up” Hike: Hillside Woods/Dobbs Ferry Circular (plus ice cream)**

5-6 miles, easy-to-moderate terrain. This area was to be explored about a year ago as part of an earlier “Within the County” series but the hike fell victim to an all-day rain so we’ll try again. Beginning in Hillside Woods in Hastings, we’ll ascend to a height of land on the Algonquin Trail, reputedly part of a Native

American route that went from the Hudson River to the Long Island Sound. As we continue north on other trails, we’ll encounter the relatively new Estherwood Trail, which will take us into Dobbs Ferry. Then we’ll head over to the Old Croton Aqueduct and return to Hastings for a visit to Draper Park, passing by Draper Cottage (home of the Hastings Historical Society). The cottage, a National Historic Landmark, houses an observatory where some of the earliest photos of identifiable features on the moon were taken through a telescope in 1863. We’ll have lunch in the park and, for dessert, take a detour to Penny Lick Ice Cream for some great homemade treats.



Then we head back to Hillside Woods by way of local streets with several interesting

historical landmarks, hike along pretty Sugar Pond, and return to our cars. Hikers must be vaccinated and follow COVID policy. To register, contact leader Eileen West [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Rain cancels. *Qualifies for the Westchester 100 (No. 30).*

**Saturday, June 11  
Storm King State Park**



5.5 miles, moderate-to-strenuous terrain. This loop in Storm King will pass by some excellent views as well as the remains of two or three estates; while there is

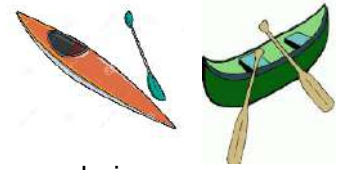


Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



**Canoe/Kayak Black Creek, Highland, NY**



not a lot of mileage, there is plenty of elevation change on this hike. We will park at the Butter Hill trailhead, ascend steeply (hands and feet may be required), and continue on the Bluebird trail. We will explore the ruins off the Bluebird trail, then return to the lot via the Stillman Trail and the bypass. Hikers must be vaccinated and follow COVID policy. Rain cancels. Please register with Lauren Linkowski at [llinkowski@gmail.com](mailto:llinkowski@gmail.com) or (914) 907-6764.

This is a new area for Mohican paddlers. Paddle the secluded Black Creek, the inlet for Chodikee Lake. We will explore this small meandering creek from Rte. 299 as far south and then north as water and blowdowns allow us. After, if time allows, we can put in at Chodikee Lake and paddle the inlet south. Beaver dams had prevented this exploration in previous years. Bring own canoe or kayak, lifejacket, and lunch. Participants must be vaccinated and follow COVID policy. To register, call Jane Smalley at 914-276-0413 or e-mail [jsmallpt@aol.com](mailto:jsmallpt@aol.com).

Saturday, June 11  
**Cranberry Lake Preserve**



5 miles, easy-to-moderate terrain. Mountain laurel will hopefully be in bloom on this hike, and there will be options for

more or less mileage. Enjoy shady woodlands, views of wetlands, history of quarrying for the Kensico Dam, broad views from the top of the quarry (optional). Hikers must be vaccinated and follow COVID policy. To register, contact leader Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), cell (914) 420-5778. Qualifies for the Westchester 100 (No 51).

Saturday, June 18  
**AT Section in CT**

Moderate, 7.5 mile hike (1,000' el gain) on a CT section of the AT. We will hike from Cornwall Bridge uphill .7 mi along Cornwall Bridge road to intersection with AT, climbing Silver Hill for some vistas, and then descend to hike ~4 miles along the beautiful Housatonic River. This is a very unique part of the Appalachian Trail as it is one of the longest flat stretches of the entire trail. The footpath eventually leads to the parking area below St. John's Ledges. Car shuttle required. Hikers must be vaccinated and follow COVID policy. To register or for questions, please contact Trish Johnston via email at [patcjohnston@gmail.com](mailto:patcjohnston@gmail.com).

Sunday, June 12  
**AT from Route 22 to Cat Rocks**  
**Pawling NY (ADK Hike only)**

This is a moderate out-and-back hike of about 6 miles which offers a variety of paths. We'll travel south over boardwalks, up and down hills and through meadows and woods to our destination with a view of where we've traveled. We'll commence at the AT train stop. (There is plenty of parking along Route 22 just north of the AT.) Rain or excessive heat cancels at the leader's discretion. Hikers must be vaccinated and follow COVID policy. For departure time and meeting location, contact hike leader Rosanne Schepis at 203-417-5552 or [rschep@yahoo.com](mailto:rschep@yahoo.com).

Saturday, June 18  
**Sylvan Glen Park Preserve**



5-6 miles, easy-to-moderate terrain. Starting from the western end of the preserve, we'll do a full circuit, visiting a number of attractions, including the High Quarry and several smaller quarries and

Saturday June 18



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



remains of quarry operations, the Quarry Oak, and a former riding ring, now overgrown with barberry. Meet at the Morris Lane entrance (from the Taconic State Parkway, take Route 202 west; at the traffic light in 1.8 miles turn right onto Lexington Ave.; in 0.6 miles turn right onto Morris Lane. The parking lot is 0.2 miles from there at the end of the road). Hikers must be vaccinated and follow COVID policy. To register, contact leader Sheila Sarkar, [shechris6@gmail.com](mailto:shechris6@gmail.com) or (914) 498 2464. *Qualifies for the Westchester 100 (No.20).*

Sunday, June 19  
**Island Pond Circular**



7-8 miles, moderately strenuous terrain. We'll start at the Elk Pen and take the Arden-Surebridge (A-SB) and other trails to the Lichen Trail. After a scenic walk along the ridge, we'll head back down to the Lemon Squeezer for an optional short scramble, then to Island Pond for a tranquil rest, and back to the Elk Pen on the AT. PPE required as per COVID policy. To register, contact leader Alice Benash at [ajrb3@verizon.net](mailto:ajrb3@verizon.net). Rain cancels.

Sunday, June 19  
**Garrison**

4-5 miles easy-to-moderate terrain. Nice walk around woods roads and trails with great views of the Hudson. Interesting structures--some abandoned--and bamboo groves. Nice way to spend an enjoyable day. Hikers must be vaccinated and follow COVID policy. To register, contact leader Art Almeida at (914) 319-4701 or [arta@croton10520.com](mailto:arta@croton10520.com).

Saturday, June 25  
**Nuclear Lake in Pawling, New York**



5-6 miles, moderate terrain. If you want to find out how this lake got its name, come on this hike. It is along the shores of the lake and onto the AT to

West Mountain for lunch. Directions are easy: take Route 684 north to its end, then onto Route 22 north; then take Route 55 towards Poughkeepsie and travel for about 5.3 miles. Turn right onto Old Route 55 and the parking lot is immediately to the left. Hikers must be vaccinated and follow COVID policy. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register.

Saturday, June 25  
**Old Croton Aqueduct**

5-6 miles easy terrain. We will walk a less frequented section of the Aqueduct from Sleepy Hollow High School north towards Rockwood Hall and back. We might have a view of the NYC skyline. Hikers must be vaccinated and follow COVID policy. To register contact leader Cynthia Moro at [cynlyn24@gmail.com](mailto:cynlyn24@gmail.com).

Sunday, June 26  
**Kakiat, Cobus and Pine: Southeast Harriman**

7 miles, moderate-to-strenuous terrain. Starting from the Kakiat County Park on Route 202, we'll hike to Pine Meadow, have lunch at the lake, and hike back via different trails. Hikers must be vaccinated and follow COVID policy. To register, contact leader Mike Kaplan, [kaplanm2001@yahoo.com](mailto:kaplanm2001@yahoo.com). No first time hikers please.

Sunday June 26  
**Dennytown Rd to Old Albany Post Rd**  
**(Joint w/ADK North Jersey Ramapo Chapter)**

10 mile moderate-to-strenuous terrain. This is a south to north out and back on the AT. For more info or to register, contact Bob Fiscina at [fis6973@tutamail.com](mailto:fis6973@tutamail.com). Rain cancels. Hikers must be vaccinated and follow COVID policy. No beginners please.



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



### ADK Membership Online

To join ADK, Renew Your Membership or Purchase/Renew a Gift Membership Online, Click on the following link: <https://www.adk.org/membership/>

If you are still receiving a printed copy of our newsletter and would prefer to receive a digital one, please send your email address to [patcjohnston@gmail.com](mailto:patcjohnston@gmail.com) so we can add you to our list.

Thank you for your continued support of the ADK Mohican Chapter.

Stay well and stay healthy.

If you have changed your email address, please be sure to email me with the update. Thank you!

## Helpful Links

<a href="#">Tips for Spring Hiking</a>	<a href="#">AMC Mud Season Hiking Dos and Don'ts</a>
<a href="#">Hiking Smart NY</a> General guidelines about Hiking Smart from the NYS DEC (Department of Environmental Conservation)	<a href="#">Leave No Trace Principles</a> Provides an easily understood framework of minimum impact practices for anyone visiting the outdoors
<a href="#">Basic Layering for Hiking</a>	<a href="#">The Ten Essentials for Hiking</a>
<a href="#">How to Choose a Backpack</a>	<a href="#">How To Fit a Backpack</a>

Want to read more about ADK's 100 Years, check out articles below:

- [One Hundred Years of ADK](#)
- [ADK at 100 \(Article in Adirondack Explorer\)](#)



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)



Mohican ADK  
P.O. Box 218  
Bedford, NY 10506



Notify ADK of address change at least six weeks in advance via email at [membership@adk.org](mailto:membership@adk.org) or call 1-800-395-8080 M-F 8:30 a.m.-5:30 p.m

**If you would like to be added to our ADK Mohican Google Groups, just send an email to [patcjohnston@gmail.com](mailto:patcjohnston@gmail.com)**

**Officers  
Chair**

Brent Laymon  
C203-241-5195  
[belaymon@gmail.com](mailto:belaymon@gmail.com)

**Vice Chair**

Jane Restani  
[irabjanea@aol.com](mailto:irabjanea@aol.com)

**Secretary**

Jeanne Thomson  
C 914-409-3405

**Treasurer/Membership**

Lisa Weismiller  
C 203-246-8200  
[lisaeweismiller@gmail.com](mailto:lisaeweismiller@gmail.com)

**Trustee**

Rex Brown  
H 203-869-8792  
[Rxbrown@verizon.net](mailto:Rxbrown@verizon.net)

**Alternate Trustee**

Leslie Millman  
(914) 552-7720  
[oooleslie@aol.com](mailto:oooleslie@aol.com)

**Delegate to NY/NJ Trail Conference**

Barry Leibowitz  
[barry.leibowitz@gmail.com](mailto:barry.leibowitz@gmail.com)

**Outings Coordinator/  
Newsletter**

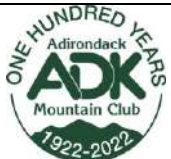
Carolyn Harting  
H 845-669-6731  
[c.harting@verizon.net](mailto:c.harting@verizon.net)

**Newsletter/Website**

Trish Johnston  
H 832-649-0372  
[patcjohnston@gmail.com](mailto:patcjohnston@gmail.com)

**Padding Coordinator**

Jane Smalley  
H 914-276-0413  
[jsmallpt@aol.com](mailto:jsmallpt@aol.com)



Explore. Educate. Protect.

Visit our Chapter Webpage:  
[www.adkmohican.org](http://www.adkmohican.org)