

ADK Chapter Coronavirus Safety Guidelines: Summer 2021

Below are ADK's current COVID-19 guidelines for chapters. These have been created using information provided by New York State, as well as our own organizational criteria for maintaining a high standard of safety for our members.

Be aware that COVID recommendations are quickly changing as vaccinations progress across New York and the United States. Please refer to the links in this document on a regular basis to ensure that your chapter is up to date on the most recent recommendations.

General Guidelines

- Required: Adherence to travel guidelines
- Required: Participant screenings in advance of activities
- Required: Adherence to outing and program guidelines (see page 2)
- Masks are required in the following settings:
 - Large indoor and outdoor gatherings (in excess of 50 people)
 - Indoor gatherings with unvaccinated people
 - Crowded areas
- Outdoor program capacity is 500 people; indoor program capacity is 250
- Though we encourage vaccinations, ADK is not requiring them for participation in programs and events

What if I'm fully vaccinated?

The CDC has released a set of guidelines for fully vaccinated people. Please pay close attention to any updates listed on their website, as changes are sure to come as we learn more about the vaccines and their long-term efficacy. You can read their [current guidance here](#).

Safer Activities

The CDC has released a list of safer indoor and outdoor activities based on vaccination status. ADK supports these activities so long as the aforementioned requirements are met. You can see them [here](#).

Interstate Travel

You can see New York's [current travel advisory here](#). All chapter activities and participants must be in compliance with these state guidelines.

Outing & Program Safety Guidelines

Trip and project leaders should go over these guidelines with all participants prior to the activity. If a participant arrives without proper personal protective equipment (PPE) or fails to follow these guidelines, they should be sent home.

- Participants and trip leaders should have PPE with them at all times. This includes face masks and hand sanitizer/soap. Trip leaders should screen all participants and themselves with the following questions. Anyone who answers “yes” to any of these should be sent home:
 - Do you currently have any symptoms of a respiratory infection (including cough, fever, sore throat, shortness of breath, or loss of taste/smell)?
 - Have you had any of the above symptoms in the past 10 days?
 - Have you tested positive for COVID-19 in the past 10 days?
 - Have you had contact with any confirmed or suspect COVID-19 case within the last 10 days?
 - Have you traveled outside of the US in the last 10 days?
- Face masks should be worn in crowded areas and when indoors or sharing vehicles, regardless of vaccination status.
- Participants should provide their own gear and tools.
- Participants that are not from the same household should maintain social distancing at all times. Exceptions can be made when someone needs assistance so long as face masks are worn or if both parties are fully vaccinated.
- In the event of a medical situation, trip leaders are encouraged to walk participants through their own first aid to avoid contact. If this is not possible, trip leaders may perform first aid while using appropriate protection.
- Projects and outings should not take place at locations and times when many recreational users are expected to be present.

Contacts

For questions about this guidance, please contact Tom Andrews, ADK President, at president@adk.org. Additionally, if a chapter outing participant tests positive for COVID-19 after an event, please contact local health officials and then notify Tom Andrews.

For technological assistance with digital meetings or other communications methods, please contact Ben Brosseau, Director of Communications, at ben@adk.org.