



ADK MOHICAN CHAPTER

From the Chair

We are almost back to our three month newsletter! After 6 months, we tentatively began our schedule of ADK member hikes for the last three weekends in September following the COVID Guidelines directed by Headquarters.

For the month of October, we announced joint hikes with Westchester Trails Association. (See the write-ups for Trip Tales below). This is our first expanded two-month newsletter since COVID; and starting in January 2021, we will be returning to our three-month newsletter. Our newsletter is being distributed electronically to 83% of our membership and the remainder are sent via mail for those with no email address listed. We would like to improve on that number—the chapter will save on postage and paper. Look at the last page of your newsletter to see details about signing up electronically.

A Couple of Notes: A reminder that we are following COVID Guidelines, which limit our hikes to 10 members. (This may change the first of the year--we are awaiting word from Headquarters). Please wear a mask at trailheads and continue to wear if you are less than 6 feet from another person. There is no carpooling unless a family unit. It is a good idea to register early for the hike of your choosing. Easy hikes have been filling up with several having a waiting list.

Another reminder--It is Hunting Season--Why not wear something **orange** when hiking in areas where hunting is allowed. Bow hunting began in NY State (including some preserves in Westchester County) on October 1st and continues through December 31st. While Westchester does not permit the use of firearms, they are in use in other nearby areas. For a list of hunting season dates, check out the NY/NJ Trail Conference website at:

<https://www.nynjtc.org/news/hunting-seasons>

Please stay safe and healthy. See you on the trails!

Jane Smalley, Chair



ADK Mohican Newsletter

November-December 2020

NOTICE OF WINTER TRIP

Adirondack Loj Trip

Friday-Monday, January 15-18, 2021

DEADLINE – DECEMBER 4, 2020



Join us for a fun-filled winter weekend in the heart of the high peaks region of the Adirondack Mountains. The ADK Loj will be our base where you can enjoy hiking, snowshoeing, backcountry or cross-country skiing, or just relax by the fire in the rustic gathering room. A short drive will take you to Lake Placid for ice skating, dog sledding or tobogganing. You can tour the Olympic Center or Olympic Ski Jump, take an exhilarating ride on a bobsled or skeleton, or cross-country ski at the nearby Mt. Van Hoevenberg center. For the downhill skiers among us, Whiteface Mountain is only a short distance away.

Accommodation	# of people	Member Rate/Night	Accommodation	# of people	Member Rate/Night
Bunkroom #3	4	\$ 63/person	Private Room #8 (king bed)	2	\$164.10/night
Private Room #5 (twin beds)	2	\$164.10/night	Loft	2	\$54/person
Private Room #6 (twin beds)	2	\$164.10/night			

Your 3% bed tax, dinners and trail lunches will be added at the time of check out. Your deposit will be 50% of the room cost with the balance to be paid by you at checkout time. The room cost includes 3 breakfasts, but NO dinners. Dinner is \$22.50 and reservations can be made upon arrival. **NOTE:** Reservations must be received by 11 a.m. so if you are planning on having dinner Friday night upon arrival, **YOU NEED TO MAKE YOUR OWN RESERVATIONS.** Trail lunches are also available for \$9.75. The private and family rooms tend to fill up quickly so send in your reservation as soon as you can, **but no later than December 4.** If your choice is no longer available, I will call you to discuss alternatives. Cancellations received on or after December 4 will lose the deposit unless we can fill the spot from a waiting list.

Please express your interest in attending and room preference by contacting Lisa Weismiller at 203-246-8200 or lisaweismiller@gmail.com **before the December 4th deadline.** Deposits can be collected after the deadline when we can be assured this trip will happen according to CDC guidelines and ADK policies at the time.

Private Rooms

#5 - two twin beds ☐ #6 - two twin beds ☐

#8 - King size bed ☐

Deposit of \$123.10/person for the weekend

#3-4 person bunkroom ☐

Deposit of \$94.50/person for the weekend

Loft (coed bunkroom) – 2 spaces

Deposit of \$81/person for the weekend



Welcome

NEW MEMBERS - Since COVID, we haven't done a quarterly newsletter acknowledging our new members so we want to welcome you to our Club and thank you for your support!

February	Michael Jablonski and Vivian Odorizzi Rejoined: Eleanor Carren
March	Charles Burnor, Tyler Joseph, Ron and Ascension Williams Rejoined: Joseph and Karen Gershman
April	Jane Caro, Beth Schoenbrun and Robert Marion Rejoined: Lisa Osherow and Jonathan Bergman
May	Judith and Mike Klussman, Bill Sjostedt and Dianne Castiglia, Bradley Tatro and Grace Mary Suave
June	Alice Benash, Mary Dewitte Rejoined: John Alexander
July	Maurice Reidy, Charles Low and Tami Seidel Rejoined: Thomas and Malgosia Madajewicz, Steve Wechsler
August	Edgardo and Svenja Resto
September	Jason Amendolara, Raymond Keough, Donald and Anna Langhorne, Sheila Sarkat, Shawn Webb, Antoinette Whalen, Mary and Nathaniel Yordon Rejoined: Jaydip Patel, Michael and Barbara Ramsey
October	Veronica O'Neil, Greg and Michelle Marrinan, Kathy Code, Benjamin Greene, Eric Blaha, and Anne Lunario

Trip Tales

Sunday, September 28, 2020
Bear Mountain, Mt. Riga State Park, CT



This was my first ADK-led hike since COVID-19, and I was grateful to have two of my friends (Jennifer and Jane) to join me on this beautiful fall hike in northern CT. It was a rather warm, humid day by fall standards, but the views didn't disappoint. We decided to hike up the steeper trail and down the more gradual descent and was definitely the right decision. The trail was busy all day long; and when we summited the top, the low-lying clouds started to lift and gave us some wonderful vistas. We took some quick photos and hiked down to an open rock slab and had our lunch enjoying the lack of crowds and of course, the colorful scenery. It was a very quick descent, thanks to Jennifer leading the way. Looking forward to seeing more ADK hikers out on the trails.

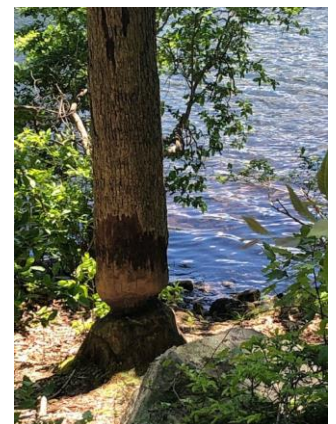
Submitted by Pat Johnston

Saturday, October 17, 2020
Fahnestock State Park, NY



Seven masked marauders invaded the wild (or, at least, far) West of Fahnestock Park on a clear crisp fall day. This side of the park seems lightly traveled, although we did encounter an escapee from the Long Island Chapter. The 8-mile hike featured rolling hills and two lovely lakes with much evidence of old beaver activity. Actually these animals displayed an amazing lack of perseverance because the trees were well-gnawed but left standing.

Submitted by leader/photographer Jane Restani



With Our Members

Lake George 12sters Completion by ADK Members



L to R: Pat Johnston, Janice Miller, Jane Restani, Lisa Weismiller and Jennifer Reidy at First Peak (our final summit) in the Tongue Range.

This list was officially soft-launched on August 20, 2016 when Matthew Haley (founder) and Zephyr Cady completed the challenge as a 24-Hour Ultra—that is 12 mountains in 24 hours—no easy accomplishment. The mission was to promote and advocate for the Southern Adirondacks through crafting an experience that is both memorable and meaningful to achieve, and he has succeeded. This challenge has become more and more popular and has inspired hikers to seek out other trails less crowded than the High Peaks and still enjoy a truly memorable experience. You have to complete all 12 peaks, nearly 40 miles of trails, and up to 9,000 feet of elevation gain—a worthy goal for our group.



Starting in May 2019, five hearty hikers decided to take the challenge, and our group finished on the three mountains in the Tongue Range (Fifth Peak, French Point, and First Peak) on October 10, 2020. It was an unusually warm sunny day, but the traverse did not disappoint with the bursting autumn colors and views of Lake George below. The total hike was almost 14 miles and took us 9 hours—the last 5 miles were

along Lake George, and we were getting very tired when we encountered a Revolutionary War reenactment group of about 8 men in period clothing and muskets hiking through the woods. They stopped to tell us of their journey, and even let us take some photos and never got out of character—it was the pick-me-up we needed to finish the hike. And now we get another patch, which is one of the reasons we keep hiking these lists; and of course, the comradery and enjoyment of being outdoors!!!!



If anyone is interested in starting their own challenge, here's the website with all the information: <http://www.lakegeorge12ster.com/>

Tupper Lake Triad



Notice we are holding "cones" for Coney Mt.

In October, I met a few friends from the AMC Delaware Valley Chapter in Tupper Lake, NY. Our mission was to complete the Tupper Lake Triad, which is hiking Mt. Arab (fire tower), Coney Mt. with its rocky summit, and Goodman Mt named after civil rights activist Andrew Goodman and also offering great views from the summit. We hiked two in one day and the third another, and combined those peaks with some wilderness walks. The area was past peak, but the tamarack trees were a beautiful golden color and dotted the landscape wherever we looked. We dodged most of the rain drops and enjoyed the Adirondack region before the arrival of snow.



Submitted by Lisa Weismiller

Hikes and Stuff

Attention Leaders and Hikers

Trip tales go to c.harting@verizon.net. To enter the leader lottery, please send your signup sheets (new ones please) to Jeanne Thomson, P.O. Box 219, Somers, NY 10589-0219.

Be courteous to the leaders: If you are registering for more than one person, give the leader all the names; and if you have registered and your plans change, let the leader know so he/she knows not to wait for you. **All Hikes Are Joint with WTA Unless Specified**

COVID-19 guidelines are in place which limits the attendance to 10 hikers.

Sunday, November 1

Within the County: OCA, SCT and Nearby Parks. Part 1: Glenville-Tarrytown Lakes "Lollipop"

8-9 miles, easy on the bike path, easy-to-moderate terrain elsewhere. This is the first hike in a new "Within the County" series covering the Old Croton Aqueduct, the South County Trailway, and adjacent hiking areas. Starting at Glenville Woods, a preserve owned by the Town of Greenburgh, we'll head north through and over Buttermilk Ridge. Once we reach Eastview at the dividing line between the North and South County Trailways where our last series of hikes ended, we'll continue west on the Tarrytown Lakes bike path. From there, we will explore the Tarrytown Lakes extension and check out some of its new circular paths while enjoying views of the reservoir, then head back to our cars via the Buttermilk Ridge/Glenville Woods route. Please register with the leader Eileen West at eileenw1000@gmail.com not later than Friday, October 30. Rain cancels. *Qualifies for the Westchester 100 (No. 2).*

Sunday, November 1

Croton Gorge Park and the OCA

5-6 miles, easy terrain. This mainly linear hike starts at the base of Croton Dam. From the parking area, we'll walk up a broad, gently winding track to the top of the dam to enjoy the views across the Croton reservoir; we'll then continue along the Old Croton Aqueduct trail to the Ossining border. We will return along the OCA and part of the river trail. Meet in the main Croton Gorge Park parking lot off route 129; bring lunch or a snack. Please register with the leader Sheila Sarkar, shechris6@gmail.com or (914) 498-2464 not later than Friday, October 30. *Qualifies for the Westchester 100 (No. 99b).*

Saturday November 7

Bear Mountain via Major Welsh Trail

5.5 miles, moderate-to-strenuous terrain. Enjoy expansive views of the Hudson as we ascend Bear Mountain on this challenging route. Our descent will be by way of the Appalachian Trail. Bring lunch and water. Please register with the leader Steve Singlak srshudson@verizon.net or (845) 641-4132 not later than Thursday, November 5. Rain cancels.

Sunday, November 8 (ADK Hike Only)

Bennett's Pond State Park, Ridgefield, CT

Easy 2-3 hour hike - enjoy a walk through meadows, along a lake with beaver dams and water fowl, then onto a woods trail. Sturdy shoes and water are recommended. 10:00 a.m. start. To register, contact the leader Rosanne Schepis at rschep@yahoo.com or 203-417-5552.

Saturday, November 14

Storm King Circular

5 miles, moderate-to-strenuous terrain. The stars on the Trail Conference map signify views, and we visit ten of them on this spectacular hike on Butter Hill and Storm King Mountain, plus visit some substantial ruins. We will start from the Esty & Hellie Stowell property (42 Bayview Ave., Cornwall NY 12520, just off Route 218 in Cornwall) and ascend about 1200' feet, with all of the climbing being done before lunch. A few sections may require the use of hands and feet, and one narrow area on the descent may be an issue for those with a fear of heights, so don't hesitate to contact the leader before registering if you have any questions or doubts about your ability to do this hike. Please register with the leader Trudy Pojman, lpojman@aol.com, cell (443) 841-8488 not later than Thursday, November 12.

Saturday, November 14

Oscawana Island Park and Graff Sanctuary

4 miles, easy terrain. Back by popular demand (we had a waiting list in October). Walk along a stream and through a forest with remains of old estates, around a bird sanctuary, and ending with Oscawana Island along the river and adjacent wetlands. Please register with the leader Carolyn Hoffman, carohof2@gmail.com, (914) 420-5778 not later than Thursday, November 12. *Qualifies for the Westchester 100 (No. 13).*

Sunday, November 15

Schunemunk Mountain

8.5 miles, moderately strenuous terrain. Starting at the Otterkill Road parking area, we'll take the Otterkill trail to the Jessup, ascending to a ridge composed of unusual conglomerate rock. We'll continue along the ridge, with viewpoints and interesting terrain, to the megaliths. The return route will be along the Western Ridge trail with more viewpoints, and down the Trestle trail back to our cars. Please register with the leader Alice Benash at ajrb3@verizon.net not later than Friday, November 13.

Sunday, November 15

Mills Mansion and Norrie Point, Staatsburg, NY

5-6 miles, easy terrain. This hike will take us along hiking and carriage trails in the Mills/Norrie State Park. We will do a loop hike and have lunch next to the Hudson River. Enjoy late fall views of the Hudson and the Catskills. Please register with the leader Janice Miller, madjan11@optonline.net not later than Friday, November 13.

Saturday, November 21

Hudson Highlands

7-8 miles, moderate terrain. Starting from Garrison, we will climb Sugarloaf South and then hike the carriage roads of the Osborne Loop and take various trails to White Rock. Please register with the leader Minu Chaudhuri (914) 391-5918 or minuch50@gmail.com not later than Thursday, November 19.

Saturday, November 21

FDR State Park

4-5 miles, easy terrain. For this late fall hike, perhaps with some remaining foliage, we'll meet at the parking lot in Downing Park (off route 202, east of the Taconic State Parkway). From there, we'll hike on the white and yellow loop trails, visit Mohansic Lake, and also take an out-and-back trail to Crom Pond. Rain cancels. Bring water and a snack or lunch. Please register with the leader Sheila Sarkar, shechris6@gmail.com or (914) 498 2464 not later than Thursday, November 19. *Qualifies for the Westchester 100 (No. 24).*

Sunday, November 22

Sylvan Glen Trails You (Likely) Don't Know

5 miles, moderate terrain. We'll travel on a mix of familiar and not-so-familiar scenic trails crisscrossing Sylvan Glen Preserve in Mohegan Lake. This is on the "easier" end of a moderate hike, with about 500' of elevation gain. Most of the trails are wide; some sections, however, will require several degrees of separation and possibly masks. Unfortunately, little or no bushwhacking. Exact route TBD depending on weather conditions and zombie sightings. Please register with the leader Howard Millman, hwardmillman@aol.com not later than Friday, November 20.

Sunday, November 22

Hunter Mountain, Catskills

If you are looking to bag one of the Catskill 3500' peaks, this is the second highest at 4,039', and it is also on the Northeast 111 list (peaks over 4,000'). It's a 6.5 mile moderate-to-strenuous hike with 1900' elevation gain. There will definitely be some views since the trees will be leafless. The summit of Hunter doesn't have a view, but climb the fire tower to just below the observation deck, and you will be awarded views of the Blackhead Range and other 3500 foot peaks in all directions. Weather conditions can be variable in late November so be prepared for anything. Please register with leader Pat Johnston patcjohnston@gmail.com no later than Thursday, November 19.

Saturday, November 28

Angle Fly Preserve

Come hike this preserve in late fall. There are more than 10 miles of trails that span the entire preserve comprising of almost 650 acres. Leader will choose several loops for an easy hike of 4-5 miles. Bring water, a snack and/or lunch. Limited to 10 hikers. To register, contact leader Jane Smalley at 914-276-0413 or e-mail jsmallpt@aol.com.

Saturday, November 28

Blue and Spitzenberg Mountains

7 miles, moderate terrain. Join us as we go to the real summit of Blue Mountain in Peekskill, then climb up Spitzenberg and return to Depew Park on different trails with lake views. We will meet at the Veteran's Memorial Pool in Peekskill. Please register with the leader Frank Lee, fleessa@yahoo.com not later than Thursday, November 26. *Qualifies for the Westchester 100 (No. 48).*

Sunday, November 29

Storm King State Park

This moderately strenuous hike will be approximately 7 miles with over 2000 feet of elevation gain. Weather permitting we will start from the Stillman Springs parking on route 218 (If Route 218 closes, we will take a different approach), proceed on the Howell trail to Storm King Mountain. Many spectacular views are expected. The footing and elevation gain make this hike unsuitable for beginners. If you are ready for an adventure, register by 4:00 p.m. the Saturday before the hike at irabjanea@aol.com. Leaders Jane Restani and Bob Fiscina. Our 10 person limit is in effect so register in a timely manner. Hiking boots and PPE required.

Saturday, December 5

Within the County: OCA, SCT and Nearby Parks. Part 2: Ossining to Philipse Manor

8 miles, easy-to-moderate terrain. This is a linear hike which allows us to avoid a shuttle by taking Metro North back to our cars. Starting at the Ossining train station, we'll head up to the Old Croton Aqueduct and walk south to Rockwood Hall State Park. We'll have lunch at the foundation overlooking the Hudson, head down towards the river and walk along local streets until we reach the Peabody Preserve, a new hiking area with several paths to explore. Our hike ends at the nearby Philipse Manor train station, where we can catch the train back to Ossining. Please register with the leader Eileen West at eileenw1000@gmail.com not later than Thursday, December 3. Rain cancels. *Qualifies for the Westchester 100 (Nos. 38 and 73 (if done with Part 3 of this series)).*

Saturday, December 5

Manitou Point Preserve

3 miles, easy-to-moderate terrain. Even though this is only a two-hour hike it is one of the best. They have done a great deal of work in this preserve off Route 9D in Garrison--redesigning and blazing trails, addition of a stone stream crossing, and construction of a riverfront cantilevered bridge on the river trail. 40% of the route is right along the Hudson River. Although considered a relatively easy hike, the trails are "rugged" meaning that they are narrow and rocky, but we will take our time. Good hiking boots and hiking poles are suggested. Bring sufficient water and a snack. The parking lot can be easily passed as the sign is not that great. The actual address is 411 Route 9D, Garrison, NY. There is a small wooden sign which has numbers "411" at the parking lot and a small white sign which says Manitou Point Preserve. It is 1.7 miles as you get on Route 9D from the bridge. Please register with the leader Carol Harting, c.harting@verizon.net not later than Thursday, December 3.

Sunday December 6

Camp Smith Trail

7 miles, moderate-to-strenuous terrain. This hike takes us from the Toll House to Anthony's Nose and back with great views of the Hudson all along the route. Please register with the leader Steve Singlak srshudson@verizon.net or (845) 641-4132 not later than Friday, December 4. Rain cancels.

Sunday, December 6

Croton Point Park

4 miles, easy terrain. Starting in the main parking lot, we'll walk through the woods and past a campground to Tellers Point with views south to the former Tappan Zee Bridge. We'll return by the marshes and then ascend

the former landfill, enjoying panoramic views of the Hudson River. Please dress warmly and bring water and a snack. Directions: From Route 9 north or south, take the exit for Croton Point Avenue and turn west towards the river. Follow signs into the park and proceed past the entry booth to the main parking lot, opposite the bathroom facilities (closed in winter). Snow, sleet or rain cancels. Please register with the leader Sheila Sarkar, shechris6@gmail.com or (914) 498 2464 not later than Friday, December 4. *Qualifies for the Westchester 100 (No. 52).*

Saturday, December 12

Overlook Mountain, Catskills

We will climb to the Overlook fire tower on a combination of eroded roads and trails. The round trip is approximately 5 miles. Last year, we definitely needed traction devices. If it is not frozen, it will be wet and slippery so winter footwear is necessary. Afterwards, we will stroll around the charming town of Woodstock. Shopping allowed. The usual gathering inside at Bread Alone may not be possible. Obviously takeout is a possibility. 10 person limit. PPE required. Register with leader Jane Restani at irabjanea@aol.com by 5 p.m. Friday.

Saturday, December 12

Silvermine Circular

6 miles, moderate terrain. We will head up the ski slope, down an unmarked route to a woods road, turn right and then left on the AT going east. Another unmarked path circles a bit southeast to the Menomine where we turn left and up to the Brian shelter. From there, we take the AT/RD east to enjoy expansive views from Black Mountain, then retrace our route to the old Silvermine Road, which takes us back to our starting point. Please register with the leader Trudy Pojman, lpojman@aol.com, cell: (443) 841-8488 not later than Thursday, December 10.

Sunday, December, 13

Shenandoah Mountain off the AT

This 6-mile hike with 1,282 feet of elevation is moderate enough to give everyone a good workout with a hiking time of about 4 hours including lunch at the top. Take Taconic State Parkway to Miller Hill Road (traveling north, it is after Fahnestock). Turn north and go down the hill to Hortontown Road and parking is at the "T" intersection. We will pass the RPH Shelter and climb to the open summit on the mountain and then come back down the same route. Contact Carol Harting at c.harting@verizon.net to register.

Saturday, December 19

Mountain Lakes County Park

5-7 miles, moderate terrain. The route and difficulty of this hike will depend on ground cover, but if there is little or no snow we'll be on narrow trails most of the time. We will hike along Spruce Lake and on the Old Sib trail, ascend Bailey Mountain (the highest point in Westchester County although sadly no view), and visit an expansive lookout on the white trail before returning to our cars. Please register with the leader not later than Thursday, December 17. Leader: Alice Benash at ajrb3@verizon.net. Qualifies for the Westchester 100 (No. 57).

Saturday, December 19

Angle Fly Preserve

Come hike this preserve a few days before the winter solstice. There are more than 10 miles of trails that span the entire preserve comprised of almost 650 acres. Leader will choose several different loops from the November outing for an easy hike of 4-5 miles. Bring hiking poles, water, a snack and/or lunch. We may need traction devices depending on trail conditions. Limited to 10 hikers. Call leader Jane Smalley 914-276-0413 or e-mail jsmallpt@aol.com to register. Qualifies for the Westchester 100 (No. 53 ALT).

Sunday, December 20

Hook Mountain

6 miles, moderate terrain. Ups and downs on the ridge with lovely views, followed by an easy return on the Shore Path. If we have snow or ice, bring traction equipment. Please register with the leader Catharine Raffaele at raffaele.catharine@yahoo.com not later than Friday, December 18.

Saturday, December 26

Hubbard Perkins-Round Hill Circular

7-8 miles, moderate terrain. This hike in Fahnestock State Park starts at the Hubbard Lodge, ascends Round Hill to several good viewpoints, and then returns to the starting point via the Perkins Trail and the East Mountain Loop. If there is snow, traction devices or snowshoes may be needed. Please register with the leader Kevin McGahren, kmcgc@optonline.net or (914) 772-0600 not later than Thursday, December 24.

Sunday, December 27

Cranberry Lake Preserve

4-5 miles, easy-to-moderate terrain. Enjoy shady woodlands, views of wetlands, history of quarrying for the Kensico Dam, broad views from the top of the quarry (optional), and options to do more or less mileage. Please register with the leader Carolyn Hoffman, carohof2@gmail.com, cell (914) 420-5778 not later than Thursday, December 24. Qualifies for the Westchester 100 (No 51.)



Recently we started emailing our newsletter to a majority of our membership, but we still don't have email addresses for everyone. We would like to be 100% paperless so if you do receive a copy of our newsletter through the mail, we would appreciate your sending an email to patcjohnston@gmail.com so we can include you on our email distribution list for the next one. Thank you!!!!

Pictures from Some of our Recent Hikes



Jane Caro, a new member to ADK, joined me at Angle Fly Preserve on September 12th. This was my first listed hike for the Mohican Chapter since the middle of March. We were excited to be on the trail even though it was just the two of us! We hiked two big loops in this large preserve of 649 acres, an easy 4.6 miles; and we found time to pick up litter on the trail! Our new member is already proving she is an ADKer!

Submitted by leader Jane Smalley



It was a perfect day for leader Steve Singlak and his hiking group to explore Sugarloaf via trails on the Open State Institute property.

Photos submitted by Steve Singlak