



ADK MOHICAN CHAPTER

From the Chair

The Mohican ADK Board met via Zoom on Monday, August 10. Present (virtually) were Jane Smalley, Jane Restani, Pat Johnston, Leslie Millman, Kathie Laug, Carol Harting, Lisa Weismiller, and Rex Brown.

Most of the discussion centered on restarting our hike schedule that had been suspended due to the COVID-19 pandemic. It was decided to start with an ADK members only schedule for the month of September. Beginning in October, we will again have joint outings with Westchester Trails Association (WTA). Hike leaders and participants must be a member of either ADK Mohican or WTA. We are still following all COVID-19 restrictions including limiting the group size.

Pat Johnston has also compiled an updated email contact list of all members, and the list will be used only by club leadership to send information that should go to every member.

The next Board meeting will be held via Zoom on Monday, November 16. We will update the membership after each Board meeting.

Kathie Laug, Vice Chair



ADK Mohican Outings

October 2020

COVID-19 guidelines are in place which limits the attendance to 10 hikers.

Saturday, October 3

Sugarloaf Hill from the Garrison Train Station (Joint with WTA)

6-7 miles, moderate terrain. This hike provides great views of West Point and the Bear Mountain Bridge. We will meet at the southern end of the Garrison train station parking lot (free parking on weekends) and head over to Sugarloaf via trails on Open Space Institute property. Bring lunch and water. Please register with the leader no later than Thursday, October 1. Leader: Steve Singlak, srshudson@verizon.net or (845) 641-4132. Rain cancels.

Saturday, October 3

Butler Sanctuary, Bedford/Mt. Kisco (Joint with WTA)

3-4 miles, easy-to-moderate terrain. This is a lovely hike, perfect for those who want to graduate from easy to moderate hikes. One trail is fairly level and the other trail we take is moderate as there is some elevation. Good hiking boots are suggested. Bring water and a snack. Please register with the leader no later than Thursday, October 1. Leader: Carol Harting, c.harting@verizon.net. *Qualifies for the Westchester 100 (No. 49).*

Sunday, October 4

Silvermine Circular (Joint with WTA)

6-7 miles, moderate terrain. This hike ascends the Silvermine ski trail in Harriman and then uses the A.T, Long Path and Menomine trails plus a couple of unmarked paths to take in several foliage views. We'll have ups and downs, a nice ridge walk, and a relaxing break near the shore of Lake Nawahunta towards the end of the hike. Please register with the leader no later than Friday, October 2. Leader: Eileen West, eileenw1000@gmail.com. Rain cancels.

Saturday, October 10

Island Pond Circular (Joint with WTA)

6-7 miles, moderate terrain. We will begin the day with a climb up the AT from the Elk Pen. We will circle Island Pond on a variety of trails including unmarked woods roads, and pass through the Valley of Boulders. Please register with the leader no later than Thursday, October 8. Leader: Catharine Raffaele, Raffaele.Catharine@yahoo.com.

Saturday, October 10

Bear Mt. Bridge and Beyond (Joint with WTA)

5-6 miles, easy terrain. Join the leader on an easy hike, largely on paved surfaces with a few hills. Starting from the east end of the Bear Mountain Bridge, we walk across the bridge, through the Bear Mountain Zoo (bathrooms usually available) and down to the river. Returning, we will cross under Rt. 9W, circumnavigate Hessian Lake, and then arrive at the west end of the bridge. At this point, there is an optional 0.8 mile round trip excursion to Fort Montgomery. The path is rocky in places but is not a scramble. Bring a liter of water and a snack/lunch. Please register with the leader no later than Thursday, October 8. Leader Steve Klepner, spk010@yahoo.com, (845) 297-7066.

Sunday, October 11

Granite Mountain Preserve (Joint with WTA)

4 miles, moderate terrain. You will love these less-travelled trails in this newly opened Putnam Valley preserve...especially when we finally stop climbing. But it's a steady, sane climb; no exposures, no scrambling. The paths are very well maintained, wide and scenic, with some sweeping views of fall foliage. Granite Mountain is located along Peekskill Hollow Road; set your GPS for 500 Peekskill Hollow Road 10579. Easy parking, maps available at the starting kiosk. Please register with the leader no later than Friday, October 9. Leader: hwardmillman@aol.com.

Sunday, October 11

Ward Pound Ridge Reservation (Joint with WTA)

5-6 miles, easy terrain. This is a pleasant "walk in the woods" on gentle terrain on the Reservation's ski trails. Bring lunch or a snack and plenty of water. Please register with the leader no later than Friday, October 9. Leader: Carol Harting, c.harting@verizon.net. *Qualifies for the Westchester 100 (No. 63).*

Saturday October 17

Western Fahnstock Park (Joint with WTA)

8 miles, moderate terrain. From the Perkins access parking we will hike to Beaver Pond and climb some small hills coming and going. Appropriate footwear required. Please register with the leader no later than Thursday, October 15. To register email the leader, Jane Restani, at irabjanea@aol.com.

Saturday October 17

Oscawana Island Park and Graff Sanctuary (Joint with WTA)

4-5 miles, easy terrain. Walk along a stream and through a forest with remains of an old estate, around a bird sanctuary, and ending with Oscawana Island, along the river and adjacent wetlands. Please register with the leader no later than Thursday, October 15. Leader: Carolyn Hoffman, carohof2@gmail.com or (914) 420-5778. *Qualifies for the Westchester 100 (No. 13).*

Sunday, October 18

The Russians Are Coming to Rockland County! NOT! (Joint with WTA)

5-7 miles, moderate terrain. From 1955 to 1974, a surface to air Nike Missile complex stood just three miles from the Tappan Zee Bridge to protect metropolitan NYC from attack. Nearby, too, are the haunting, graffiti-strewn Clausland Mountain tunnels built during World War I. We'll explore these sites and nature too on this jaunt through Nike State, Blauvelt State and Clausland Mt. Parks, and possibly Buttermilk Falls. Please register with the leader no later than Friday, October 16. Leader: Debbie Farrell, debfarpr@gmail.com or (914) 282-9942.

Saturday, October 24

Hike to the Bald, the Timp, and Doodletown (Joint with WTA)

6-7 miles, moderately strenuous. This hike is steep and rocky with an accumulated altitude gain of 1400', nearly all before lunch. We will take the Cornell Mine and RD trails to Bald Mountain for great views, and then continue to the Timp, with even better views. After lunch we descend to Timp Pass, access the 1777E, visit the Herbert Cemetery, pass June Pond and a waterfall, and return to our cars. There are shorter/easier outs, but you must have a map. Please register with the leader no later than Thursday, October 22. Leader: Trudy Pojman, lpojman@aol.com, home (845) 446-3404, cell (443) 841-8488.

Saturday, October 24

AT from Route 22 to Cat Rocks, Pawling, NY (ADK Mohican Members Only)

This is a moderate out-and-back hike of about 6 miles. This hike offers a variety of paths. We will commence at the AT train stop and travel south; over boardwalks, up and down hills and through meadows to our destination with a view of where we've traveled. Please register with the leader no later than Thursday, October 22. Leader: Rosanne Schepis, 203-417-5552 or rschep@yahoo.com

Sunday, October 25

Windham High Peak (3534'), Catskills (Joint with WTA)

6 miles, moderate-to-strenuous terrain. At 3534', Windham is one of the 3500 Club peaks and has approximately 1500' of elevation gain. We will follow the Elk Ridge Trail to the Escarpment trail to the summit of Windham. Approaching the summit, the Blackhead range comes into view. Just below the summit are two excellent lookouts. The first is on the right, and looks southeast to an unobstructed and very dramatic view of Blackhead, Black Dome and Thomas Cole. The second is on the left side of the blue trail. It looks out to the north, toward Albany, but also a little to the east where you'll see Mt Zoar, Ginseng Mountain, Mt Pisgah and Ashland Pinnacle. Participation is limited to 10 people, including the leader. Please register with the leader no later than Friday, October 23. Leader: Pat Johnston at patjohnston@gmail.com.

Sunday, October 25

Norvin Green State Forest, Ringwood, NJ (Joint with WTA)

7-8 miles, moderate-to-strenuous terrain. Starting from the parking lot near the entrance to the New Weis Ecology Center (150 Snake Den Rd), we'll take various trails to and over Wyanokie High Point with some climbs, good views and interesting mines along the way. Please register with the leader no later than Friday, October 23. Leader: Kevin McGahren, kmcgc@optonline.net or (914) 772-0600.

Saturday October 31

Fahnestock Circular (Joint with WTA)

7.5 miles, moderate terrain. This is a loop hike climbing Round Hill and East Mountain and reaching several viewpoints and historic stone walls. Please register with leader no later than Thursday, October 29. Leader: Minu Chaudhuri, minuch50@gmail.com or (914) 391-5918.



Saturday October 31

Walkway over the Hudson (Joint with WTA)

6 miles, easy-to-moderate. Beautiful views on this unique "hike" that is a perfect blend of urban and rural terrain. We will cross the Hudson on the Walkway and explore Franny Reese State Park as well. Bring lunch and water. Meet in the parking lot closest to the beginning of the Walkway. The easiest, most direct way to the Walkway on the Poughkeepsie (East) side of the river is the Taconic to Route 55 West straight into Poughkeepsie. Turn right on Washington Street, then right on Parker Avenue and the Walkway parking lot is about 1000' from there, on the left. If you use a GPS enter '61 Parker Avenue' as the destination. Please register with the leader no later than Thursday, October 29. Leader: Steve Singlak, srshudson@verizon.net or (845) 641-4132. Rain cancels.