



# WESTCHESTER TRAILS ASSOC.

Join our Yahoo group: <http://groups.yahoo.com/group/westhike>

## SPRING HIKING SCHEDULE MARCH, APRIL and MAY 2020

Hikes ratings are based on terrain (mileage is stated separately in the description). An “easy” hike is one with relatively flat terrain. A “moderate” hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A “strenuous” hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather; bad weather may lead to poor footing and increase a hike’s difficulty.

Hiking boots and sufficient drinking water (1-2 liters) are required on all hikes. A trail lunch should be carried unless otherwise noted. Hikers with improper footwear, without sufficient water, or who are otherwise unprepared, may be refused or turned back by the leader. Well behaved dogs on leashes are welcome if the hike is listed as “dog friendly,” but dogs are not allowed on other WTA hikes. New hikers: please contact the leader in advance of the hike; all hikers: please choose a hike that is within your abilities. Check with the leader if you have any questions about the hike. If you register for a hike but cannot attend, please let the leader know before the hike takes place. All who participate in the activities of the Westchester Trails Association do so at their own risk.

A hike listing with an “NWP” designation means that the group meets in the parking lot of the North White Plains train station at the stated time for a carpool to the trailhead. (Otherwise, please contact the leader for information about the meeting time and place and whether public transportation is available.) To reach the NWP lot, take the Bronx River Parkway to Fisher Lane in North White Plains and follow the train station sign. The parking lot is half a block from the turn, on the right hand side, before the underpass. There is no charge in this lot on Saturdays or Sundays. If coming by train please notify the leader. Walk down the stairs from the train platform to the parking lot on the NYC bound side, then walk north toward the toll booth.

We encourage carpooling to the hike site. This arrangement is entirely voluntary and entails no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

A schedule of WTA activities is printed 4 times a year. If a leader’s contact information is not listed below, please e-mail Eileen West at [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com) for details.

To become a member, please visit the “Join/Contact” page on our website for an application and dues payment options.

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**Our hikes are joint with ADK Mohican unless otherwise noted**

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### Sunday, March 1 - **TWO HIKES TODAY**

Sunday, March 1 - **Harriman State Park, Fingerboard Circular**. 7 miles, moderate terrain. We will start at the Tiorati Beach parking lot, walk up Arden Valley Road for approximately 1/4 mile to where the AT crosses, and continue on the AT for about 3 miles to the Lemon Squeezer. Our return will be by way of the Long Path. To register and for questions email the leader, Angela Devlen, at [adevlen@wakefieldbrunswick.com](mailto:adevlen@wakefieldbrunswick.com).

Sunday, March 1 - **Gentlemen's Farm**. 7 miles, easy to moderate terrain. Join the leader on an outing in Fahnestock Park. While most of the hike is in the woods, a section is across open fields. Modest elevation gain, and a view of two lakes. Bring a lunch. Leader Steve Klepner, [spk010@yahoo.com](mailto:spk010@yahoo.com), (845) 297-7066.

Saturday, March 7 - **TWO HIKES TODAY:**

Saturday, March 7 - **Hook Mountain**. 6 miles, moderate terrain with an easy return on the Shore Path. We will climb the ridge and enjoy spectacular views of the Hudson. Contact leader to register: Catharine Raffaele, [raffaele.catharine@yahoo.com](mailto:raffaele.catharine@yahoo.com).

Saturday, March 7 - **Manitoga Preserve**. 4 miles, easy to moderate terrain. We will meet at Manitoga off Route 9D in Garrison (584 Route 9D, Garrison) and explore the trails within this preserve for a 2-3 hour hike with some ups and downs. This historic property was once owned by Russel Wright, an industrial designer. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register.

Sunday, March 8 - **TWO HIKES TODAY:**

Sunday, March 8 - **Within the County: NCT and Nearby Parks. Part 5: Briarcliff Manor to Route 117, plus Rockefeller Preserve**. 8-9 miles, easy on the bike path, easy to moderate terrain in Rockefeller. Today we'll return to the NCT at Law Park in Briarcliff Manor where we left off last time, continue to Route 117, and head into the Rockefeller Preserve. There we'll hike on carriage roads to the east and to the west of Route 448, past views of the NCT below, along reservoirs and Swan Lake, and finally back to Route 448 via the Brook Trail. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Short shuttle required; rain or heavy snow cancels. *Qualifies for the Westchester 100 (No. 78 (if done with Part 4 of this series) and 59).*

Sunday, March 8 - **Squantz Pond State Park, Fairfield, CT**. 5 miles, easy to moderate terrain. This beautiful hike travels through meadows...onto a carriage road...up a trail to an overlook with a view of Candlewood Lake. The hike has some ups and downs, and one short but fairly steep climb. Allow about 3 hours round trip. 10:00 AM departure. Steady rain cancels. To register, contact the hike leader, Rosanne Schepis, at (203) 417-5552 (cell) or [rschep@yahoo.com](mailto:rschep@yahoo.com).

Saturday, March 14 - **TWO HIKES TODAY:**

Saturday, March 14 - **Kakiat, Cobus and Pine: Southeast Harriman, Part 1**. 7-8 miles, moderate to strenuous terrain. Starting from the Kakiat County Park on Route 202, we'll hike to Pine Meadow and back via an elongated figure 8. The leader has wanted to walk the trails in this part of the park for awhile, and next time he'll lead a complementary hike from another nearby trailhead. Leader: Mike Kaplan, [kaplanm2001@yahoo.com](mailto:kaplanm2001@yahoo.com). No first time hikers please.

Saturday, March 14 - **Mianus River Park and Fort Stamford**. 6 miles, easy terrain. This nature reserve on the Greenwich/Stamford border contains trails that follow the course of the Mianus River and pass through rolling forest land. After making a loop of the park, we will walk down the road to nearby Fort Stamford, a small park which contains archeological remnants from the Revolutionary War and a small garden. Note: This is not Mianus River Gorge Preserve in Bedford. It is a dog friendly park. To register, contact leader Kathie Laug at (203) 348-3993(H), (203) 722-5490(C), or [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net)

Sunday, March 15 - **TWO HIKES TODAY:**

Sunday, March 15 - **Balsam Mountain, Catskills.** 5.5+ miles, moderately strenuous terrain. This is a required winter peak. Snowshoes are a must. If the conditions are wintry we can do a loop hike of about 5.5 miles. If conditions are good we can extend the hike and even get in Eagle Mountain if it is a gung-ho group. All have to agree to this add-on. But the required winter peak is the priority. This is a long drive so we will likely carpool from the old exit 19 (now exit 65) Park & Ride off Route I-84, or from North White Plains if it is a more southerly group. Thus, we need to arrange travel so register with leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) no later than noon on Saturday.

Sunday, March 15 - **Butler Sanctuary, Mt. Kisco, NY.** 4-5 miles, easy to moderate terrain. This is a nice mixture of some steep hills in between rolling hills and flat terrain and varying scenery including ferns, large boulders, several streams, and a hawk watch area. To register, call or text the leader, Jean Dolen, at (914) 522-4310. *Qualifies for the Westchester 100 (No. 49).*

Saturday, March 21 - **TWO HIKES TODAY:**

Saturday, March 21 - **West Kill Mountain in the Catskills.** 6.8 miles, moderately strenuous terrain. This is a hike on the Devil's Path in the Catskills. The hike is out and back in 6.8 miles with an elevation gain of 1800 feet, but if there is interest and conditions allow, it can be done as an 8 mile through hike. Either way, the hike provides sweeping views of the Catskills. Come prepared with snowshoes and traction devices. Carpools can be arranged. Register with Janice Miller at [madjan11@optonline.net](mailto:madjan11@optonline.net).

Saturday, March 21 - **Angle Fly Preserve.** 4-5 miles, easy to moderate terrain. Come hike this preserve in early spring. There are more than 10 miles of trails that span the entire Preserve property. Leader will choose a couple of loops for an easy hike of about 3 hours including lunch. May need traction devices. Call leader to register. Jane Smalley (914) 276-0413 or e-mail [jsmallpt@aol.com](mailto:jsmallpt@aol.com). *Qualifies for the Westchester 100 (No. 53).*

Sunday, March 22 - **TWO HIKES TODAY**

Sunday, March 22 - **Doodletown at Bear Mt. State Park.** 6 miles, easy to moderate terrain. On Routes 9W and 202 there is a parking area just south of the Bear Mountain Inn near Iona Island, where we will meet. We will explore Doodletown starting on the 1777E trail and returning on various ski trails. Bring lunch, snacks, water, layers and appropriate foot wear. To register contact leader Sarah Davis at (917) 501-1322 or [sewdavis@gmail.com](mailto:sewdavis@gmail.com).

Sunday, March 22 - **Saxon Woods Park, White Plains.** 6 miles (with an early-out option), easy terrain. We'll hike the varied woodland trails with a few gentle ups and downs, and visit the ducks along the Hutchinson River. There is an option for an early out at 3 miles. Contact leader for meeting time. Leader: Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), home (914) 948-0608, cell (914) 420-5778. *Qualifies for the Westchester 100 (No. 60.)*

Saturday, March 28 - **TWO HIKES TODAY:**

Saturday, March 28 - **The Russians Are Coming to Rockland County! NOT!** 5-7 miles, moderate terrain. From 1955 to 1974, a surface to air Nike Missile complex stood just three miles from the Tappan Zee Bridge to protect metropolitan NYC from attack. Nearby, too, are the haunting, graffiti-strewn Clausland Mountain tunnels built during World War I. We'll explore these sites and

nature too on this jaunt through Nike State, Blauvelt State and Clausland Mt. Parks, and possibly Buttermilk Falls. Contact leader Debbie Farrell (914) 282-9942, [debfarpr@gmail.com](mailto:debfarpr@gmail.com) to register.

Saturday, March 28 - Hilltop Hanover. 3-4 miles, easy terrain. Starting from the trailhead parking lot on the east side of Hanover street, we'll hike along the blue, yellow and green trails, passing the main pond, stone walls, and rocky outcrops. Hilltop Hanover Farm, on the west side of Hanover street, has a small country store, and if it's open we can visit it after the hike. Contact leader to register: Sheila Sarkar, [shechris6@gmail.com](mailto:shechris6@gmail.com), or (914) 498-2464. *Qualifies for the Westchester 100 (No. 6).*

Sunday, March 29 - TWO HIKES TODAY:

Sunday, March 29 - Hubbard Perkins Round Hill in Fahnestock. 7.5 miles, moderate terrain. This delightful hike begins at "the Hubbard Lodge", one-third mile north of the intersection of Routes 9 and 301 in Cold Spring. We will do a circular hike starting on School Mt. Road, to the East Mt. Loop, to the Perkins Trail, then take the Fahnestock trail back to the cars. Good hiking boots are suggested as well as water and lunch. Directions: From the intersection of Routes 9 and 301 go north on Route 9 for 0.2 mile. You will see a brown sign onto a paved road on the right saying "Hubbard Lodge". Bear left at the fork, continue past a house, and park along the road on the right side at the "lodge". Maybe use 2920 Route 9, Cold Spring, NY in your GPS. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) for meeting time and place.

Sunday, March 29 - Mountain Lakes Camp, North Salem, NY. 6-7 miles, easy to moderate terrain. This is a three to four hour hike through a Westchester County park on carriage roads and wooded trails with a few short steep hills and some view areas, plus a partially restored camp from the olden days. Bring lunch and water. To register, call or text the leader, Jean Dolen, at (914) 522-4310. *Qualifies for the Westchester 100 (No. 57).*

Saturday, April 4 - TWO HIKES TODAY:

Saturday, April 4 - Popolopen Gorge and Torne, and More. 5-8 miles, moderately strenuous terrain. The route and distance of this hike will depend on ground conditions and the mood of the group, but no matter what we will do the scramble up Popolopen Torne and a hike along the gorge. Rain cancels; contact leader for meeting time and other information. Leader: Mike Jablonski, [mjab5749@gmail.com](mailto:mjab5749@gmail.com) or (914) 588-1761.

Saturday, April 4 - NYC Walk. 9 miles, easy terrain. This mostly flat walk starts at Grand Central and heads downtown. "Indoor markets, outdoor art, maybe The Vessel, and unexpected stops". We will walk here and there, in and out, up and down and a bit more. There will be options to shorten the walk. For questions and to register, contact the leader, Linda Wildman, at [lindawildman88@gmail.com](mailto:lindawildman88@gmail.com) or text/call (914) 316-5674.

Sunday, April 5 - TWO HIKES TODAY:

Sunday, April 5 - Sterling Forest. 8 miles, moderate terrain. We will start at the Visitors' Center and climb up to the fire tower, then hike along the ridge with spectacular views of the lake. Easy return along the lake shore. Contact leader to register: Catharine Raffaele, [Raffaele.Catharine@yahoo.com](mailto:Raffaele.Catharine@yahoo.com).

Sunday, April 5 - Orchard Beach, Twin and Hunter Islands. 3-4 miles, easy terrain. Enjoy the diverse environments of this park (marshlands, woodlands, meadows) with wonderful views of the

Long Island Sound. Meet the leader at the Orchard Beach parking lot at 10 AM, on the right side closest to the beach. Leader Diana Catz, [dscatz@gmail.com](mailto:dscatz@gmail.com) or (718) 549-1735. Rain cancels.

Saturday, April 11 - **TWO HIKES TODAY:**

Saturday, April 11 - **Sleeping Giant State Park, Hamden CT.** 7 miles, moderate terrain. This hike will be composed mainly of the orange and violet trails. The views are lovely from this unique feature across from Quinnipiac College. Carpooling will be from the High Ridge Road Park & Ride at exit 35 of the Merritt Parkway. Register with leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) by 5PM Friday.

Saturday, April 11 - **Within the County: NCT and Nearby Parks. Part 6: Graham Hills Park, and Route 117 to Eastview.** 6-7 miles, easy on the bike path, easy to moderate terrain in Graham Hills. We start the day with a circular hike on the trails (and hills) of Graham Hills Park, just to the east of the NCT. Then we'll walk over to the bike path and resume our southward journey until we reach our ultimate goal - the southern terminus of the North County Trailway at Eastview. (But watch for one more hike in this series, on May 30<sup>th</sup>, to cover an area to the west of the NCT that we bypassed today.) Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Short shuttle required; rain cancels. *Qualifies for the Westchester 100 (No. 53 and 92b).*

Sunday, April 12 (Easter) - **Manitou Preserve.** 4 miles, easy to moderate terrain. They have done a great deal of work in this preserve off Route 9D in Garrison - redesigning and blazing trails, adding a stone stream crossing, and constructing a riverfront cantilevered bridge on the river trail. 40% of the route is right along the Hudson River. It is considered a relatively easy hike but the trails are "rugged" meaning that they are narrow and rocky, but we will take our time. Good hiking boots and hiking poles are suggested. Bring sufficient water and a snack/lunch. The parking lot can be easily passed as the sign is not that prominent. The actual address is 411 Route 9D, Garrison, NY. There is a small wooden sign which has numbers "411" at the parking lot and a small white sign which says Manitou Point Preserve. It is 1.7 miles north of the Bear Mountain Bridge, on the left side of the road. Contact Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net) to register.

Saturday, April 18 - **TWO HIKES AND A CANOE/KAYAK TODAY:**

Saturday, April 18 - **Trails Less Traveled - Majestic Views in Black Rock Forest.** 5 miles, moderate terrain. This civilized loop through the less visited western edge of Black Rock features a mix of soft earth and rocky trails. It offers us many moderate views and, on a clear day, one very distant vista of the Pacific. Parking may be more challenging than the hike. We will meet at the intersection of Angola Road and Muser Drive. Some of you will recognize this as the entrance to the Hudson Highlands Nature Museum. Do NOT drive to the museum. Instead, just inside the entrance road there is a marked parking area on the left. That's our meeting spot. From there, we pile into two or three cars to the trailhead, about a mile away. Angola Road is an exit off Route 9W in Cornwall (about three miles past Storm King). Muser Drive is about ¼ mile west of 9W on Angola. Bring cookies. Leader: Howard Millman, [hwardmillman@aol.com](mailto:hwardmillman@aol.com). Phone (day of hike only, please) (914) 439-0831.

Saturday, April 18 - **Mohansic Trailway and FDR State Park.** 3.5 miles, easy. The Mohansic Trailway is a new connection from Yorktown Heights to FDR State Park. Join the leaders for a hike along four bridges and seven board walks including a 564 foot one through a wetlands. These structures were built by volunteers from the NY-NJ Trail Conference, Yorktown Trail Town and Friends of FDR State Park. Meet at 2 p.m. at the back of the Burger King parking lot on Route 118 in Yorktown Heights. Driving directions: From the Taconic Parkway take Exit 13 - Underhill Avenue and head east towards Yorktown. Turn left onto Route 118 to Downing Drive and turn right into the



shopping center. Leaders: Walt and Jane Daniels, (914) 471-5545), [jdhikes@gmail.com](mailto:jdhikes@gmail.com). *Qualifies for the Westchester 100 (No. 24).*

Saturday April 18 - Canoe / Kayak - Mohansic Lake and Crom Pond. We will meet at the boat launch on Mohansic Lake in FDR State Park. As we launch our boats we will see a large eagle's nest across the lake. It may be too early to see eaglets. After exploring the marsh at the south end of the lake we will look for the tiny connector into Crom Pond: truly a wilderness retreat. Bring own canoe or kayak, lifejacket, and lunch. There may be a \$10.00 charge for boat access. There are no rentals nearby. Call Jane Smalley for information and to register. (914) 276-0413 or e-mail [jsmallpt@aol.com](mailto:jsmallpt@aol.com).

Sunday, April 19 - TWO HIKES TODAY:

Sunday, April 19 - To the Timp and Back from the Hudson River. 6-7 miles, moderate to strenuous terrain. We will start at the trailhead of the Timp-Torne Trail on Rts. 202/9W in Congers. There is an initial steep ascent and breathtaking views of the Hudson. After reaching the Timp (also with breathtaking vistas) we will return on the Ramapo-Dunderburg Trail to the 1777 Trail and Jones Road back to the Timp-Torne Trail. Directions from the Palisades Parkway, Gate Hill Road Exit: Go east on Rt. 210. At Stony Point make a left onto Rts. 202/9W north and go about 4 miles. Parking is on the left in Tompkins Cove for the Timp-Torne Trail (blue). From the Bear Mt. traffic circle go south on Rts. 202/9W for about 4 miles. Trailhead parking is on the right. Leader: Joe Rodriguez. Please email by 5:00 PM the day before the hike to register, [jpr50@optonline.net](mailto:jpr50@optonline.net). For questions, please call (914) 364-8090.

Sunday, April 19 - Silver Lake Preserve, West Harrison, NY. 4-5 miles, easy to moderate terrain. The route of this 3 hour hike is through the woods with some fallen trees to navigate, and along a lovely lake. To register, call or text the leader, Jean Dolen, at (914) 522-4310. *Qualifies for the Westchester 100 (No. 40).*

Saturday, April 25 - TWO HIKES TODAY:

Saturday, April 25 - Southern Harriman. 8-9 miles, moderate to strenuous terrain. Starting and ending on Route 106, this linear hike uses various trails to go up and around Black Ash, Parker Cabin and Tom Jones Mountains. For further information or to register contact Bob Fiscina at [fis6973@verizon.net](mailto:fis6973@verizon.net). A short shuttle is required. Rain cancels. No beginners please.

Saturday, April 25 - Eels and Art. 4 miles, easy terrain. In 2015 the U.S. Fish and Wildlife Service designated Yonkers as one of 16 Urban Wildlife Refuge Partnership cities. A big reason is the nationally-recognized Saw Mill River Daylighting Park, a highlight of this educational and cultural walk. The formerly paved-over site sports an Alaskan "steep pass" fish ladder to help the endangered American eel's perilous journey from its Saragasso Sea spawning grounds to the Hudson and beyond. (Fun fact: although the eels are just inches long on entering Westchester, they may grow to four feet when they return decades later!) The park also attracts river herring, turtles, mallards, muskrat, and threatened birds. Along the way and on our return we will view stunning outdoor art, including the River Esplanade sculpture garden. Contact leader Debbie Farrell, [debfarpr@gmail.com](mailto:debfarpr@gmail.com), (914) 282-9942 to register.

Sunday, April 26 - TWO HIKES TODAY:

Sunday, April 26 - Hartsdale to Crestwood. 15 miles, easy to moderate terrain. From the Hartsdale train station, hike to and around the Greenburgh Nature Center. Then, using parts of the

Bronx River and Hutchinson River Pathways, Colonial Greenway, the Leatherstocking Trail and local roads, we'll check out the trails at Twin Lakes and Ward Acres Parks, the Larchmont Reservoir and Nature Study Woods. Return to Twin Lakes Park before ending at the Crestwood train station. Those arriving by train, take the 8:42 Harlem Line from Grand Central to Hartsdale, arriving at 9:34. Drivers: park at the Crestwood station and take the 9:27 train to Hartsdale. Leader will board the train at Crestwood. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Awful weather cancels. *This is a New York Ramblers hike. Qualifies for the Westchester 100 (Nos. 43, 44 and 99a).*

Sunday, April 26 - **James Baird State Park**. 4-5 miles, easy to moderate terrain. This state park in Pleasant Valley, NY (Dutchess County) is situated on farmland once owned by James Baird, a contractor and engineer whose company built the Lincoln Memorial. To register, call or text the leader, Jean Dolen, at (914) 522-4310.

Saturday, May 2 - **TWO HIKES TODAY:**

Saturday, May 2 - **Island Pond Circular**. (NWP). 7 miles, moderate terrain. Starting from the Elk Pen, we will hike up to the ridge on various trails leading to expansive views along the RD and Lichen, and then head over to Island Pond for a relaxing break on a rock outcrop overlooking the water. Return is via the A.T. Leader: Alice Benash, [ajrb3@verizon.net](mailto:ajrb3@verizon.net). Rain cancels.

Saturday, May 2 - **Lasdon Park and Bird Sanctuary**. 4-5 miles, easy terrain. Starting in the walled garden next to the main parking lot, we'll walk down through the grounds and arboretum to the lake, past the Chinese friendship pavilion, and across the fields to the bird sanctuary, where we'll do a loop trail. On the way back, we'll stop at the lake for a snack/picnic lunch, then return to the starting point via the gardens around the manor house. Contact leader to register: Sheila Sarkar, [shechris6@gmail.com](mailto:shechris6@gmail.com), or (914) 498-2464. *Qualifies for the Westchester 100 (No. 34).*

Sunday, May 3 - **TWO HIKES TODAY:**

Sunday, May 3 - **Bear Mountain (Mt. Riga State Park), Salisbury, CT**. 6 miles, moderate to strenuous terrain. We will be hiking up Bear Mountain - the highest peak in CT, yet not the highest spot in the state - on the Under Mountain Trail to a small piece of the AT; then we'll meet up with the Paradise Lane Trail and loop back to the Under Mountain trail. The hike has a 1676' elevation gain, and the trails have equal parts strenuous climbing and incredible views. To register or for more information, contact Pat Johnston at [patjohnston@gmail.com](mailto:patjohnston@gmail.com) or call (832) 649-0372.

Sunday, May 3 - **Marshlands Conservancy**. 3-4 miles, easy terrain. Enjoy a two hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 AM at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. Leader: Leslie Millman. Contact leader by e-mail at [oooleslie@aol.com](mailto:oooleslie@aol.com). Cell number is for day of hike changes only: (914) 552-7720. *Qualifies for the Westchester 100 (No. 9).*

Saturday, May 9 - **TWO HIKES TODAY:**

Saturday, May 9 - **Hudson Highlands**. 5-6 miles, moderate terrain. Starting from the Castle Rock Unique Area we will climb Sugarloaf South and then hike the carriage roads of the Osborne Loop and take various trails to White Rock and back. Contact leader to register: Minu Chaudhuri (914) 391-5918 or [minuch50@gmail.com](mailto:minuch50@gmail.com).

Saturday, May 9 - **RiverWalk and the OCA**. 5 miles, easy terrain. Starting from the RiverWalk entrance gate in Tarrytown, we will walk at a relaxed pace through the Lyndhurst grounds, taking in

lovely views of the new Tappan Zee (Cuomo) Bridge and the Hudson River. We will take a short break at the Lyndhurst Visitor Center, then continue south on the Old Croton Aqueduct to Main Street in Irvington and break for lunch. Eat in town or bring your own. The Irvington Farmer's Market will be open until 1:00 p.m. as an additional source for good eats. After lunch we will walk back on the Aqueduct the same way we came. Directions: take U.S. Route 9 to the double-named street (VanWart and Paulding Avenues), just south of Route 119. Turn west (towards the river) and continue to the bottom of VanWart. Parking is available on either side of the street. Meet the leader at the Van Wart Avenue RiverWalk entrance gate. Contact leader to register and for meeting time. Nancy Vincent, [nevincent09@gmail.com](mailto:nevincent09@gmail.com). Rain cancels.

Sunday, May 10 - **TWO HIKES TODAY:**

Sunday, May 10 - **Bonticou Crag and Table Rock, Mohonk Preserve.** 6 miles, moderate to strenuous terrain. This is a beautiful hike with some spectacular rock features. There is a way around if the ascent is daunting. The leader is going up the crag. There is a day use fee of \$15 per person. Email leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) by 5 PM Saturday to register and arrange carpools.

Sunday, May 10 - **Westchester Wilderness Walk, Pound Ridge.** 5-6 miles, easy to moderate. Meandering, intriguing trails with a few short but steep climbs to such spots as Jurassic Rock, Grand Stone Staircase, and Lover Trees. Contact leader for meeting time and to arrange carpools from NWP. Leader: Carolyn Hoffman, [carohof2@gmail.com](mailto:carohof2@gmail.com), home (914) 948- 0608, cell (914) 420-5778. *Qualifies for the Westchester 100 (No. 64)*

Saturday, May 16 - **TWO HIKES AND A CANOE/KAYAK TODAY:**

Saturday, May 16 - **Stonetown Circular.** 10.5 miles, moderate to strenuous terrain. This hike climbs five mountains with over 2500 feet of elevation gain while offering views of the Wanaque and Monksville Reservoirs. For further information or to register contact Bob Fiscina at [fis6973@verizon.net](mailto:fis6973@verizon.net). Rain cancels. No beginners please.

Saturday, May 16 - **Van Cortlandt Park.** 5-6 miles, easy to moderate terrain. We will walk along several trails, including John Muir, John Kieran, Cass Gallagher and the Old Croton Aqueduct. Forests are diverse here, and we will see many birds, weather permitting. Leader: Diana Catz (718) 549-1735; [dscatz@gmail.com](mailto:dscatz@gmail.com). Meet at 10 AM at the Van Cortlandt Stables parking lot: Broadway and Mosholu Avenue. Please contact the leader for directions and to confirm attendance.

Saturday May 16 - **Canoe / Kayak - Harriman State Park.** We will explore Lake Kanawauke and all three of its connecting lakes in Harriman State Park along Seven Lakes Drive. The yearly fee is \$30.00 registration per boat, good through November 30. It includes several of the lakes in the park plus Rockland Lake. Bring boat, paddle, lifejacket, and lunch. We'll meet at Tiorati Circle at 10:00. There are no rentals nearby. Contact leader to register. Jane Smalley (914) 276-0413 or [JSmallpt@aol.com](mailto:JSmallpt@aol.com).

Sunday, May 17 - **TWO HIKES TODAY:**

Sunday, May 17 - **Hudson Highlands Loop.** 7 miles, moderate to strenuous terrain. Join the leader for a hike in the Hudson Highlands. The Wilkinson Memorial and Breakneck Bypass trails will be combined for an outing with moderate elevation gain (at least 1500'). The pace will be compassionate as we want to stay together and so we don't leave the leader behind. To be clear, we will not be doing the steep Breakneck Ridge ascent. Bring a lunch and two liters of water. Leader: Steve Klepner, [spk010@yahoo.com](mailto:spk010@yahoo.com), (845) 297-7066.



Sunday, May 17 - Stillwater Reservoir at Fahnestock State Park. 6 miles, easy to moderate terrain. Enjoy the beautiful trails of Fahnestock. This hike starts on the trail around Pelton Pond and then heads into the campsite area and down the paths used for cross country skiing in the winter. To register, call or text the leader, Jean Dolen, at (914) 522-4310.

Saturday, May 23 - TWO HIKES TODAY:

Saturday, May 23 - Storm King and North Point. 6 miles, moderate to strenuous terrain. We will ascend North Point first, use the Howell Trail to connect to the Storm King loop, and then retrace our way back to our cars. Spectacular Hudson River views from both mountains. To register, contact leader Kathie Laug at (203) 348-3993(H), (203) 722-5490(C), or [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net).

Saturday, May 23 - Cranberry Lake. (NWP). 3-4 miles, easy to moderate terrain. We will meet at 10:00 AM at NWP, carpool to the preserve, and do a loop using the yellow and red trails, with a visit to the quarry. Leader: Toby Garfinkel, (914) 337-6612. *Qualifies for the Westchester 100 (No. 51).*

Sunday, May 24 - TWO HIKES TODAY:

Sunday, May 24 - Schunemunk Mountain Circular. 7 miles, moderate to strenuous. Our route winds its way through farmers fields and up the white blazed Sweet Clover Trail to Schunemunk's eastern ridge, covered with pink amalgam like chewing gum with granite embedded in it. Stunted pines and cairns of rock flank the trail, and beautiful views abound. We will make our way to the Megaliths, pause a while, and then descend on the Black Hollow Trail. Bring good hiking boots, snacks, lunch, plenty of water and a camera for the views. The hike will start at the Taylor Road parking area, near the Angola/Black Rock Fish & Game Club off Route 32 in Highland Mills. This entrance is approximately 4.2 miles south of Five Corners/Vail's Gate on Route 32. If you are headed south on Rt. 32, turn right at the sign for the Fish & Game Club. Almost immediately (0.1 mi) turn left to go over the Thruway on Taylor Road. There is parking on both sides of the road. Call the leader, Ruth Blash, at (845) 216-5700 between 7-10 PM not later than the day before the hike to register.

Sunday, May 24 - Eastern Side of Rockefeller State Park. 4-6 miles, easy to moderate terrain. We will explore several trails on this less traveled side of the preserve, which will enable us to see views of the Saw Mill River Valley. Meet the leader at 9:45 AM in the Rockefeller parking lot on Route 117 in Mt. Pleasant between Routes 9A and 448. If you are heading west on Route 117 the lot is on the left, just past a smaller parking area for the North County Trailway. Inclement weather may cancel. Leader Sue Soni, [surekhasoni1968@gmail.com](mailto:surekhasoni1968@gmail.com) or (914) 747-2452. *Qualifies for the Westchester 100 (No. 59).*

Monday, May 25 (Memorial Day) - Leatherman's Loop in Pound Ridge Reservation. 5 miles, easy to moderate terrain. On this hike we will visit the legendary Leatherman's Cave where it is said he spent some time on his 365 mile loop walking thru Connecticut and Putnam and Westchester Counties. Bring lunch and plenty of water. To register, email Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net). *Qualifies for the Westchester 100 (No. 63).*

Saturday, May 30 - TWO HIKES TODAY:

Saturday, May 30 - Bear Mountain. 5 miles, moderate to strenuous terrain. Up the Major Welch and down the stairs on the Appalachian Trail. We will meet at the Bear Mountain Inn (\$10 parking fee), but there is a possibility of arranging a carpool from NWP. To register contact the leader, Frank Lee, at [fleessa@yahoo.com](mailto:fleessa@yahoo.com).

Saturday, May 30 - **Within the County: NCT and Nearby Parks. Part 7: Glenville Woods, Buttermilk Ridge, Tarrytown Lakes and Peabody Preserve.** 8 miles, easy on the bike path, easy to moderate terrain in the preserves. Our hike today begins at Glenville Woods, a preserve owned by the Town of Greenburgh, and continues onto the adjacent trails of Buttermilk Ridge. When we reach Eastview (at the southern terminus of the NCT) we'll head west on the Tarrytown Lakes bike path, pause for lunch near the boathouse, and check out the newly blazed Tarrytown Lakes Extension and Andre Brook trails. From there we'll continue on the Old Croton Aqueduct to the Sleepy Hollow Cemetery, past the William Rockefeller Mausoleum and down to Route 9 to explore another new hiking area - the Peabody Preserve - where today's hike, and this year's Within the County series, comes to an end. Leader: Eileen West, [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com). Short shuttle required; rain cancels. *Qualifies for the Westchester 100 (No. 2).*

Sunday, May 31 - **TWO HIKES TODAY:**

Sunday, May 31 - **Round Hill-East Mt. Loop.** 6-7 miles, moderate terrain. This circular hike in Fahnestock State Park starts from the Hubbard Lodge, ascends steadily to Round Hill past several views, and continues over East Mountain and onto the newly blazed Hubbard Loop before returning to our cars. Meet at Hubbard Lodge parking area right off Route 9. Contact the leader, Karen Krauthem, to register (hike is limited to 15) and for any additional questions about trail or pace at [Klkmiller@aol.com](mailto:Klkmiller@aol.com) or (914) 497 8767.

Sunday, May 31 - **Bennett's Pond State Park, Ridgefield, CT.** 5 miles, easy terrain. Look for signs of late spring and early summer along the lake, meadows and woods trails. Bring lunch, snacks, water and appropriate foot wear. To register contact leader Sarah Davis at (917) 501-1322 or [sewdavis@gmail.com](mailto:sewdavis@gmail.com).