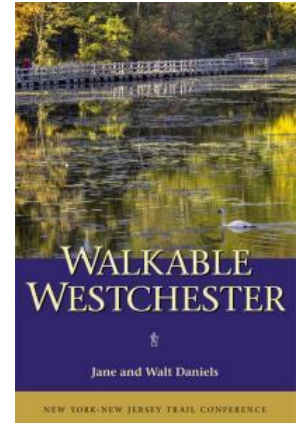




ADK Mohican Hikes June-August 2019

Come join our club on one of our hikes listed on the following pages. No matter what your level of hiking, there is something for everyone. You too can get some of these great patches below by setting some hiking goals and hitting the trail.

"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you and the storms their energy, while care will drop off like autumn leaves." John Muir



APPALACHIAN MOUNTAIN CLUB
FOUR THOUSAND FOOTERS



HIKES and STUFF

Attention Leaders and Hikers

When car-pooling, it is recommended that a charge of \$.30 per mile be equally divided among passengers, including the driver, and that everyone shares in the tolls. Trip tales go to c.harting@verizon.net. To enter the leader lottery, send your signup sheets (*new ones please*) to Jeanne Thomson, P.O. Box 219, Somers, NY 10589-0219

Be courteous to the leaders: If you are registering for more than one person, give the leader all the names; and if you have registered and your plans change, let the leader know so he/she knows not to wait for you.

All hikes are Joint with WTA

Saturday, June 1 Hook Mountain

6 miles, moderate terrain. Spectacular views while walking along the top of the Palisades. Starting near Rockland State Park (near the fire house), we will take the aqua-blazed Long Path south and do a counter-clockwise circular to the white Upper Nyack trail and then return along the shore. To register, contact leader Frank Lee at fleessa@yahoo.com.

Sunday, June 2 Croton Circular, Plus Ice Cream



14-15 miles, easy to moderate terrain. Hike from Croton into Ossining and back again by way of the Old Croton Aqueduct, Sunny Ridge Preserve, the Briarcliff Peekskill Trailway north through Teatown, then circle west to the Croton River. Continue through Croton where we'll stop for homemade ice cream at the Blue Pig before returning to our cars. To register, contact leader Eileen West at via email at eileenw1000@gmail.com. Awful weather cancels. This is a New York Ramblers hike. *Qualifies for the Westchester 100 (Nos. 19, 62 and 72).*

Sunday, June 2 Butler Sanctuary, Mt. Kisco, NY

4-5 miles, easy-to-moderate terrain. This is a nice mixture of some steep hills in between rolling hills and flat terrain and varying scenery including ferns, large boulders, several streams, and a hawk watch area. Call the leader, Jean Dolen, to register at (914) 522-4310. *Qualifies for the Westchester 100 (No. 49).*

Saturday, June 8 Southern Harriman Circular

8-9 miles, moderate-to-strenuous terrain. This hike will bring us to two scenic lakes, the Dutch Doctor Shelter and Claudius Smith's Den all while providing panoramic views and over 2100 feet of elevation gain. For further information or to register, contact Bob Fiscina at fis6973@verizon.net. Rain cancels. No beginners please.

Saturday, June 8 Taxter Ridge Park Preserve

3-4 miles, easy to moderate terrain. This leisurely walk with some hills will be on the preserve's reopened and reblazed trails, in lovely woods with tall trees high above. Meet 10 a.m. at the newly built parking lot on Taxter Road. From Route 119, go south on Taxter Road for about half a mile--the parking lot is on the right. If coming from U.S. 9, turn east on Sunnyside Lane. The name of the road changes to Taxter Road when it reaches the fork, stay left (on Taxter) for about a mile. The parking lot will be on your left. We will stop briefly for an early lunch or a snack. Rain cancels, but prediction of rain does not. To register, contact leader Ellie Carren (914) 591-7038. May call up to 11 p.m. if you have any questions. *Qualifies for the Westchester 100 (No. 3).*

Sunday, June 9 WTA Annual Meeting

Sunday, June 9 Clarence Fahnestock State Park, Carmel, NY

Hike on the cross-country ski trails with no snow. 8 miles moderate with rolling hills and beautiful scenery. Call leader, Jean Dolen, at 914-522-4310 to register.

Saturday, June 15 Sapphire Trail and Indian Hill

8-9 miles, moderate terrain. Ever wonder why you never knew of or hiked the Sapphire Trail? Well, here's your chance to fix that hiking deficiency. This lollipop starts at the Harriman railroad station on Route 17, 3/4 of a mile south of the village of (where else?) Harriman. We'll hike to and around Indian Hill in the northern end of Sterling Forest, with some enjoyable views on the Indian Hill loop...after a noteworthy climb. No steep scrambling, but some rocky terrain on the loop to deal with. A non-climbing option is available as well. For people who like to know where they are going in advance, the hike is on the Sterling Forest Map #100, upper right. The hike can be shortened depending on heat and humidity. Rain cancels. To register, contact leader Howard Millman, hwardmillman@aol.com, (914) 439-8031.

Saturday, June 15

Hilltop Hanover Farm, Yorktown Heights

3-4 miles, easy terrain. This is a short hike through shady woods, passing a vernal pond and rock cliffs, and ascending to a leafy hilltop. Meet in the trailhead parking area: From the Taconic State Parkway, take the Millwood/Route 100 exit. At the traffic light at Route 100, turn right. Head north for 3.9 miles and then turn left onto Route 118. Take the first right turn onto Hanover St. and proceed 1.4 miles to the trailhead parking area on the right, on the opposite side of the road from Hilltop Hanover Farm. Bring water and a snack. Register with the leader, Sheila Sarkar, shechris6@gmail.com or (914) 498 2464. *Qualifies for the Westchester 100 (No. 6).*

Sunday, June 16

Hudson Highlands Loop

7 miles, moderate terrain. Join the leader for a hike in the Hudson Highlands. The Wilkinson Memorial and Breakneck Bypass trails will be combined for an outing with moderate elevation gain. The pace will be compassionate as we want to stay together and so we don't leave the leader behind. To be clear, we will not be doing the steep Breakneck Ridge ascent. Bring a lunch and two liters of water. To register, contact leader Steve Klepner, spk010@yahoo.com. (845) 297-7066.

Sunday, June 16

Mountain Lakes Camp

6-7 miles, easy to moderate terrain. This is a three-to-four hour hike through a County park on carriage roads and wooded trails with a few short steep hills and some view areas, plus a partially restored camp from the olden days. Bring lunch and water. To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 57).*

Saturday, June 22

Ward Pound Ridge

4-5 miles, easy to moderate terrain. Join the leader as we walk at an easy pace on one of the trails with either brown or red markers in this pleasant area. Hiking boots are strongly suggested. Bring a lunch or snack and at least a quart of water. We will car pool from the nearby shopping center so bring a few single dollar bills to contribute to the entrance fee. Please, no calls after 9 p.m. To register, contact leader Steve Klepner, (845) 297-7066, spk010@yahoo.com. *Qualifies for the Westchester 100 (No. 63).*

Saturday, June 22

Canoe/Kayak - Bantam River, Litchfield, CT



enters and exits

We'll explore the Bantam River in Connecticut. The river enters the lake at the north end providing superb quiet water paddling through an extensive tract of land protective by the White Memorial Foundation. We will put in at the inlet and paddle upstream on this gently twisting river for a few miles to Little Pond; then downstream reaching the north end of the lake; and explore along the shoreline and the outlet. Meet at 10 a.m. at the Bantam Market on the right near the junction of Rt. 202 and Rt. 209. Bring boat, paddle, lifejacket, lunch, and a willingness to explore. To register, call leader Jane Smalley (914) 276-0413 or e-mail ismallpt@aol.com.

Sunday, June 23

To the Timp and Back

6 miles, moderate to strenuous terrain. This hike will start at the Timp-Torne trailhead on Route 9W. There is an initial steep ascent and breathtaking views of the Hudson. Once we reach the Timp (with more expansive vistas), we will return on the Ramapo-Dunderburg Trail to the 1777 Trail and Jones Road back to the Timp-Torne Trail. For information and to register, contact leader Joe Rodriguez at jpr50@optonline.net

Sunday, June 23

Teatown Lake Reservation

5 miles, easy-to-moderate terrain. Come out on this summer day and enjoy a hike at Teatown. The hike combines several trails and includes a stop at scenic waterfall. Bring lunch and water. For time and meeting spot and to register, contact Leader Elspeth Kramer at (347) 262-4802 or email elspethkramer@aol.com *Qualifies for the Westchester 100 (No. 62).*

Saturday June 29

Sterling Forest Fire Tower and More

6-8 miles, moderate to strenuous terrain. The length of this hike will depend on weather conditions, taking us to the fire tower plus other sites depending on how hot the day is. Rain cancels; no beginners please. For meeting time and other information, contact leader Mike Jablonski, mjab5749@gmail.com.

Saturday, June 29
Butler Sanctuary in Bedford/Mt. Kisco

3-4 miles, easy-to-moderate terrain. This is a lovely hike, perfect for those who want to graduate from easy to moderate hikes. One trail is fairly level and the other trail we take is moderate as there is some elevation. Good hiking boots are suggested; bring water and a snack. To register, contact Carol Harting at c.harting@verizon.net. *Qualifies for the Westchester 100 (No. 49).*

Sunday, June 30
Rockwood to Rockefeller

7 miles, easy-to-moderate terrain. This hike will be approximately four hours through rolling hills and on flat carriage roads with views of the Hudson River and Hook Mountain in Nyack. Bring lunch, water, snacks. To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (Nos. 38 and 59).*



Thursday, July 4
Osborn Loop

7 miles, moderate terrain. We will start from the parking lot for Manitoga (off Route 9D in Garrison) and hike through Manitoga and along the Osborn Loop up to the wonderful lunch spot on Sugarloaf South overlooking the Hudson. This will be about four hours plus lunch. Good hiking boots are suggested; bring water and lunch. Email Carol Harting to register at c.harting@verizon.net.

Saturday, July 6
Pingyp (Harriman Circuit Hike #21)



7.1 miles, strenuous terrain. This hike is not for the faint-hearted! Although the elevation gain is "only" 1495 feet, it includes steep climbs up craggy, pitch pine-dotted ledges and a crevice and is considered the most challenging hike in Harriman State Park. Of course you will be rewarded for all your hard

work with spectacular views. For meeting time and place, contact leader Kathie Laug, (203) 348-3993(H), (203) 722-5490(C), kfriedmanlaug@optonline.net.

Saturday, July 6
NYC Walk



11 miles, easy terrain. From the Harlem 125th St Metro North Station, we will walk to the George Washington Bridge to see the

"Little Red Lighthouse under the Great Gray Bridge" (this is the name of a book for children) where we will have a bring-your-own-picnic-lunch and leader will bring the cookies. From the bridge, we will walk south on Convent Avenue, historic, charming and beautiful. We will see the house in the movie "The Royal Tenebaums", stop at Hamilton Grange and walk through the City College of New York campus. There will be options to shorten the walk. For questions and to register, contact leader Linda Wildman, at lindawildman88@verizon.net or text/call (914) 316-5674.

Saturday, July 6
Pound Ridge Ice Cream Hike

7-8 miles, easy-to-moderate terrain. Explore the trails within the Armstrong and Richards Preserves, then head over to Ward Pound Ridge where we'll check out the Leatherman's Cave and the sights along the Rocks Trail before stopping near the end of the hike for one of the unique flavors offered at Bluebird Homemade Ice Cream. Short shuttle required. To register, contact leader Eileen West via email at eileenw1000@gmail.com. Rain cancels. *Qualifies for the Westchester 100 (Nos. 63 and 95a).*

Sunday, July 7
Cornell Mine-Doodletown Circular (NWP)

5-6 miles, moderate terrain. We will start this hike with a steady climb up the Cornell Mine trail in Harriman State Park, then have lunch at the Bald Mountain viewpoint before descending on the 1777 and other trails in an exploration of Doodletown. For meeting time and information, contact leader Alice Benash, ajrb3@verizon.net or (914) 723-8722. Rain cancels.

Sunday, July 7

Mianus River Gorge, Bedford NY

5 miles, easy-to-moderate terrain. We hope to explore the new Cliff Trail on this morning hike, which will be done at a moderate pace. Bring water and, if you wish, a snack. Register with leader Jane Restani at irabjanea@aol.com by 5 p.m. on Saturday. *Qualifies for the Westchester 100 (No. 56).*

Saturday, July 13

Let's Explore the Lemon Squeezer



9 miles, moderate terrain. We will take in parts of the Long Path, Appalachian Trail, and the Arden-Surebridge trail in this extended Lemon Squeezer hike in

Harriman State Park. In case of extreme heat, the hike may be shortened. Please contact the leader, Judy Hirschman, at hirschmanjudith@gmail.com no later than 48 hours prior to confirm and get location/time. Heavy rain cancels.

Saturday, July 13

Ice Cream Hike on the Bronx River Trailway

4 miles, easy terrain. We will walk on scenic paths along the Bronx River from the Crestwood train station down to Bronxville, pause to refresh at a local Häagen-Dazs, and then return to Crestwood. To register, contact leader Toby Garfinkel at (914) 337-6612. Meet the leader at 10 a.m. on the west side of the Crestwood station, which is just off Exit 8 of the Bronx River Parkway. Rain cancels.

Saturday, July 13

Canoe/Kayak - Basher Kill

This is the largest freshwater wetland in southeastern New York which protects acres of habitat for all kinds of wildlife. We will keep an eye out for the eagle's nest high in an evergreen tree near shore. The leader will set up a shuttle for a one-way paddle through the entire wetlands. There are no rentals nearby. Bring lifejacket, binoculars, lunch, and a sense of adventure. We will meet at 10 a.m. at the first put in above Haven Road. To register, call leader Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com.

Saturday, July 13

**Run the Mild Rapids on the Delaware River
RSVP required (see details on page 2)**

Sunday, July 14

Bear Mountain

7 miles, moderate plus terrain. We will take about 1000 winding steps up to the summit on the Appalachian Trail, with a return through woods and rocky sections on the 1777 and Suffern Bear Mt. Trails. A beautiful view from the top surrounding Perkins Tower, an historical museum. There is a parking fee of \$10/car without an Empire Passport. Call the leader, Jean Dolen, to register at (914) 522-4310.

Sunday, July 14

Black Rock Forest Hike and Swim

5 miles, moderate terrain. We'll hike around Black Rock Forest, then head to Sutherland Pond for a swim. May also see waterfall and "Jupiter's boulder." Blueberries may abound. For time and place and to register, contact leader Carolyn Hoffman, carohof2@gmail.com, home (914) 948-0608, cell (914) 420-5778. Short shuttle involved.

Saturday, July 20

Shady Side of the Hook

6 miles, moderate terrain with an easy return on the Shore Path. We will take the Long Path north from Landing Road to take advantage of shade for our summer hike, both on the ridge and our return on the shore path. To register, contact leader Catharine Raffaele via email at raffaele.catharine@yahoo.com.

Saturday, July 20

Bennett's Pond State Park, Ridgefield CT



4-5 miles, easy-to-moderate terrain. Enjoy a two-three hour walk through meadows, along a lake with beaver dams and water fowl, then onto a woods trail. Sturdy

shoes and water are recommended. 10 a.m. start. To register, contact leader Rosanne Schepis, at rschep@yahoo.com or (203) 417-5552.

Sunday, July 21

Sterling Mountain to the Bellvale Creamery



7-8 miles, moderate terrain. Celebrate National Ice Cream Day on this linear hike featuring views from Sterling and Bellvale Mountains, lunch at Fitzgerald Falls, a fun scramble or two over Cat Rocks, and a reward at the end of the

hike with a great view and some of the best ice cream in the area. Short shuttle required. To register, contact leader Eileen West via email at eileenw1000@gmail.com. Rain cancels.

Sunday, July 21

Teatown Lake Reservation

4-6 miles, easy-to-moderate terrain. We will hike on various wooded trails including the Hidden Valley trail. Depending on the weather and the group, there is the possibility of one steep hill on the Overlook Trail. To register, contact the leader Sue Soni, surekhasoni1968@gmail.com, (914) 747-2452. Meet the leader at 10 a.m. at the Nature Center. For directions, check the preserve's website at www.teatown.org or call them at (914) 762-2912. There is a \$5 parking fee, so carpooling is encouraged. *Qualifies for the Westchester 100 (No. 62).*

Saturday, July 27

Timp-Torne Trail

11 miles, moderate to strenuous. This trail, which connects Harriman and Bear Mountain State Parks, runs from Route 9W up Dunderberg Mountain all the way north to Fort Montgomery while offering panoramic vistas of the Hudson. For further information or to register, contact Bob Fiscina at fis6973@verizon.net. Rain cancels. No beginners please.

Saturday, July 27

Manitou Preserve

4 miles, easy-to-moderate terrain. They have done a great deal of work in this preserve off Route 9D in Garrison--redesigning and blazing trails, addition of a stone stream crossing, and construction of a riverfront cantilevered bridge on the river trail. This hike is perfect for a summer day, and 40% of the route is right along the Hudson River. It is

considered a relatively easy hike but the trails are "rugged" meaning that they are narrow and rocky, but we will take our time. Good hiking boots and hiking poles are suggested. Bring sufficient water and a snack/lunch. To register, contact Carol Harting at c.harting@verizon.net.

Sunday, July 28

Silver Lake Preserve, West Harrison, NY



4-5 miles, easy-to-moderate terrain. The route of this three-hour hike is through the woods with some fallen trees to navigate, and along a lovely lake. To register, contact leader

Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 40).*

Saturday, August 3

Silvermine Lake, Black Mountain and the A.T.

7 miles, moderate terrain. We will do a circular from the Silvermine parking lot with an option at the end of the hike to ascend the old ski run, if folks want. Rain cancels. To register, contact leader Mike Kaplan, kaplanm2001@yahoo.com

Saturday, August 3

Muscoot Farm, Somers

4-5 miles, easy-to-moderate terrain. We'll hike on several trails, through woods and across rolling farmland, stopping for lunch/snack in the gazebo if it is not too hot. Meet in the main parking lot for Muscoot Farm. From I-684, take exit 6 (Route 35) and head west. At route 100, turn left and go 1.5 miles to the farm. Register with the leader, Sheila Sarkar, shechris6@gmail.com or (914) 498 2464. *Qualifies for the Westchester 100 (No. 58).*

Saturday, August 3

Canoe/Kayak - Chodikey Lake, Highland, NY

About 5 or 6 miles of lake and stream paddling. We will explore the meandering streams at both ends of the lake. They provide wildlife habitat with extensive wooded swamps plus stands of cattails and other marsh vegetation. We may encounter several beaver dams on the south stream. Directions: New York State Thruway to Exit 18, New Paltz. We'll meet at 10 a.m. at the Mall. Turn left onto 299, and then a right into the mall. To register, call leader Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com.

Sunday, August 4
Minnewaska Hike and Swim



8 miles, easy-to-moderate terrain. This is a scenic hike on carriage roads with spectacular views, plus lunch and a cooling swim at

Lake Awosting (a dressing area is available). There is a \$10/car parking fee unless you have an Empire Passport so carpooling is encouraged. From the Thruway (I-87), head west on Rt. 299. Turn right at Rt. 44--it is 4-5 miles to the park entrance. Park in the upper lot. Call the leader, Jean Dolen, to register at (914) 522-4310.

Sunday, August 4
Marshlands Conservancy

3-4 miles, easy terrain. Enjoy a two-hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 a.m. at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. To register, contact leader Leslie Millman by e-mail at oooleslie@aol.com. Cell number is for day of hike changes only: (914) 552-7720. *Qualifies for the Westchester 100 (No. 9).*

Saturday, August 10
Blue Mountain Ice Cream Hike

7-8 miles, moderate terrain in Blue Mountain, easy after that. Discover some of the lesser-used trails in Peekskill's Blue Mountain Reservation, have lunch at the mountain's summit, and then head to the waterfront for ice cream at The Hudson Creamery (a 2018 "Best of Westchester" winner). Afterwards, we'll check out the art at Riverfront Green Park and continue south along the Riverwalk to Fleishman's Pier where the hike will end. Short shuttle required. To register, contact leader Eileen West via email at eileenw1000@gmail.com. Rain cancels. *Qualifies for the Westchester 100 (No. 48).*

Sunday, August 11
Mt. Taurus, Cold Spring

8.5 miles, moderate-to-strenuous terrain. This moderately paced hike with significant elevation will leave from Nelsonville and will likely climb Taurus from two sides. Register with leader Jane Restani at irabjanea@aol.com by 5 p.m. on Saturday.

Sunday, August 11
Cranberry Lake Preserve



3-4 miles, easy-to-moderate terrain. This is a two-to-three hour hike through a North White Plains preserve in an area of quarry

used to build the Kensico Dam a century ago. Trails, some of which may be rocky, go past various ponds, woods, rock formations, bridges and the foundation of an old quarry building (the quarry climb is optional). To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 51).*

Saturday, August 17
Northern Harriman, Lake Skannatati Circular

8 miles, moderate terrain. The hike begins at the Lake Skannatati parking area off of Seven Lakes Drive. We use the Long Path and Dunning trails enroute to Island Pond for a scenic lunch before returning on the R-D and A-SB. To register, contact leader Marvin Pasternak, marvp7025@gmail.com, (917) 733-2259. Meet in the Lake Skannatati parking lot at 10 a.m. Rain cancels.

Saturday, August 17
"Dog Days of Summer" at Baxter Preserve

3-4 miles, easy terrain. Let's do a short, easy hike in this North Salem preserve on this August day. Contact the leader, Barry Leibowitz, during the week before the hike to register at cell (914) 774-5321 or home (845) 278-2479 to find out the exact location and meeting time. Rain cancels. *Qualifies for the Westchester 100 (No. 46).*

Sunday, August 18
Island Pond

5-6 miles, moderate terrain. This will be a circular hike with climbs and a stop at Island Pond in Harriman State Park. Pace will be adjusted to weather conditions. To register, contact leader Catharine Raffaele via email at raffaele.catharine@yahoo.com.

Sunday, August 18
**Bronx River Pathway Ice Cream Hike
NWP to Kensico Dam Plaza and Back**



6 miles, easy terrain. Our ice cream stop on a hot summer day will be at the Village Creamery in Valhalla, which I find

to be the best ice cream in Westchester. Option for going up to the top of the dam if we want to have a great view and warm up before ice cream. To register, contact leader Carolyn Hoffman, carhof123@aol.com, home (914) 948- 0608, cell (914) 420-5778. Meet at NWP at 10 a.m.

Saturday, August 24
Three Lakes/AT Loop

6-7 miles, moderate terrain. Enjoy a circular hike through the woods of Fahenstock State Park with some ups and downs on the Appalachian and Three Lakes Trails. To register, contact leader Minu Chaudhuri, minuch50@gmail.com or (914) 391-5918. Meet the leader at 9:30 a.m. at the large Canopus Lake roadside parking area on Route 301.

Saturday, August 24
Harts Brook Preserve

2-3 miles, easy terrain. Come for a pretty morning hike in Hartsdale in this preserve with a pond, greenhouse, specimen trees and shady woods. To register, contact leader Toby Garfinkel, (914) 337-6612. Meet the leader at 10 a.m. in the main parking lot, 156 Ridge Road, Hartsdale. From the Sprain Brook Parkway, take the Route 100B exit and head east. Turn right at West Hartsdale Avenue (Route 100A), continue for about 3 miles to Ridge Road, turn right again, and follow Ridge Road for 0.3 miles to the entrance on the left. Rain cancels. *Qualifies for the Westchester 100 (No. 5).*

Sunday, August 25
Hubbard Perkins Round Hill in Fahnestock



7.5 miles, moderate terrain. This delightful hike starts at the "Hubbard Lodge", one-third mile north of the

intersection of Routes 9 and 301 in Cold Spring. We will do a circular hike on School Mt. Road, to the East Mt. Loop, to the Perkins Trail, then take the Fahnestock trail back to the cars. Good hiking boots are suggested as well as water and lunch. Contact Carol Harting at c.harting@verizon.net for meeting time and place.

Sunday, August 25
Van Cortlandt Park

6 miles, easy-to-moderate terrain. We will walk along several trails, including John Muir, John Kieran, Cass Gallagher and the Old Croton Aqueduct. Forests are diverse here, and we will see many birds, weather permitting. For directions and to confirm attendance, please contact the leader Diana Catz (718) 549-1735; dscatz@gmail.com. Meet leader at 10 a.m. at the Van Cortlandt Stables parking lot: Broadway and Mosholu Avenue.

Saturday, August 31
Woods and Water

5 miles, easy-to-moderate terrain. We'll hike past intriguing Native American and archeological sites on this hike along the Riverwalk, Georges Island and Montrose Point State Forest in Montrose. To register, contact leader Debbie Farrell debfarpr@gmail.com, (914) 282-9942. *Qualifies for the Westchester 100 (No. 26).*