



WESTCHESTER TRAILS ASSOC.

Visit us on the web at: www.westhike.org
Join our Yahoo Group: <http://groups.yahoo.com/group/westhike>

SUMMER HIKING SCHEDULE AND NEWSLETTER JUNE, JULY and AUGUST 2018

Hikes ratings are based on terrain (mileage is stated separately in the description). An "easy" hike is one with relatively flat terrain or gentle, rolling hills (for example, Rockefeller Preserve). A "moderate" hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A "strenuous" hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather. Bad weather may lead to poor footing and increase the difficulty of any hike.

Hiking boots and sufficient drinking water (1-2 liters) are required on all hikes. A trail lunch should be carried unless otherwise noted. Hikers with improper footwear, without sufficient water, or who are otherwise unprepared, may be refused by the leader. Well behaved dogs on leashes are welcome on hikes listed as "dog friendly," but please do not bring your dog on hikes that do not have this listing. New hikers are asked to contact leaders in advance of hikes. All hikers should choose a hike within his or her abilities - contact the leader if you have any questions. All who participate in the activities of Westchester Trails Association (WTA) do so at their own risk.

A hike listing with an "NWP" designation means that the group meets in the parking lot of the North White Plains train station at the stated time for a carpool to the trailhead. (Otherwise, please contact the leader for information about the meeting time and place and whether public transportation is available.) To reach the NWP lot, take the Bronx River Parkway to Fisher Lane in North White Plains and follow the train station sign. The parking lot is half a block from the turn, on the right hand side, before the underpass. There is no charge in this lot on Saturdays or Sundays. If coming by train please notify the leader. Walk down the stairs from the train platform to the parking lot on the NYC bound side, then walk north toward the toll booth.

We encourage carpooling to the hike site. This arrangement is entirely voluntary and entails no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

To become a member, please complete the application at the end of this schedule and mail it, together with a check or money order payable to Westchester Trails Assoc., to the address on the application.

**SEE OUR "NEWS AND NOTICES" SECTION (AT THE END OF THE HIKING SCHEDULE)
FOR CLUB EVENTS AND ITEMS OF INTEREST**



Time is Running Out! Reserve by May 31 for Lake Placid!

Save the Dates:

*Sunday, June 10 - Annual Meeting at Westmoreland Sanctuary
Saturday, July 14 - Canoe/Kayak on the Delaware River - RSVP Required*

See "News and Notices" for Details

Saturday, June 2 - **TWO HIKES TODAY:**

Saturday, June 2 - **SBM in Harriman. Part 1: Suffern to Route 106.** 12.7 miles, moderate to strenuous. This is Part 1 in a series of 2 hikes on the Suffern-Bear Mountain Trail, which crosses the length of Harriman State Park. There are multiple ups and downs with plenty of views. For further information or to register, contact Bob Fiscina at fis6973@verizon.net. Rain cancels. Shuttle required. No beginners please. *Joint with ADK Mohican.*

Saturday, June 2 - **Port Chester, Rye and Purchase.** 7 miles, easy. During our "Around the County" series we had to skip one of the places on our list - the Pepsico Sculpture Garden - because it was closed for renovation. The Garden is now open, so it's time to revisit the area. We'll start with an exploration of the trails at the Rye Nature Center, and then shuttle to Lyon Park in Port Chester for the start of our continuous hike. We'll walk through this small local park and head over to the somewhat larger Crawford-Rye Hills Park, wind our way through it, and continue on shaded streets to Pepsico. There we will see sculptures by world famous artists and lovely gardens of specimen trees and flowers. Finally, we'll enter the SUNY Purchase campus across the road to find additional sculptures and an interesting adventure park. Those who wish can also visit the Neuberger Museum of Art (free admission today) at the conclusion of the hike. This hike will be mostly on pavement, so hiking boots are not required. Contact leader to register: Eileen West (914)747-3776 or eileenw1000@gmail.com. Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 17 and 97a).*

Sunday June 3 - **TWO HIKES TODAY:**

Sunday June 3 - **Ciaiola Conservation Area, Patterson, NY (Putnam County).** 5-7 miles, moderate. The length of this hike will depend on the group. There are up and down hills, some moderately steep, which will be done at a reasonable pace. Hike on a variety of trails through woods and to brooks and waterfalls (if enough water is flowing). There are at least two view points along the way. This park was formerly called the Walter G. Merit Park but was renamed in memory of Michael Ciaiola, long time land conservationist and former president of the Putnam Land Trust. Contact hike leader Barry Leibowitz by phone at home (845) 278-2479 or cell phone (914) 774-5321 by no later than 6 p.m. on June 2. Rain cancels. *Joint with ADK Mohican.*

Sunday June 3 - **Cranberry Lake Preserve.** 4-5 miles, easy to moderate. Hike on various trails around the lake. Going up the quarry offers a short but steep climb. Meet at the nature center at 9:45 AM. The preserve is located at 1609 Old Orchard Street in North White Plains, NY 10604; if you need directions or information about the preserve, their number is (914) 428-1005. Leader: Sue Soni, surekhasoni1968@gmail.com (914) 747-2452. *Qualifies for the Westchester 100 (No. 51).*

Saturday, June 9 - **TWO HIKES TODAY:**

Saturday, June 9 - **Hook Mountain.** 6 miles, moderate. Spectacular views from the top of the Palisades. Starting near Rockland State Park (near the fire house), we will take the aqua-blazed Long Path south and do a counter clockwise circular to the white Upper Nyack Trail, and then along the shore. Contact leader for meeting information. Leader: Frank Lee, fleessa@yahoo.com. *Joint with ADK Mohican.*

Saturday, June 9 - **James Baird State Park.** 4-5 miles, easy to moderate. This state park in Pleasant Valley, NY (Dutchess County) is situated on farmland once owned by James Baird, a contractor and engineer whose company built the Lincoln Memorial. Leader: Jean Dolen, (914) 522-4310. *This is an ADK Mohican hike.*

Sunday, June 10 - Morning and Afternoon Hikes and Annual Meeting. Meet in Mt. Kisco at the Westmoreland parking lot at 9:30 a.m. for a carpool to the Glazier Arboretum in Chappaqua, where we will do a short (2-3 mile) hike before returning to Westmoreland for lunch starting at noon (bring your own, with dessert or other item to share if you wish; the club will provide hot coffee and tea). The annual meeting follows at 12:45, with committee reports, election of officers and other club business (see "News and Notices" for details). Then we head back to Chappaqua for another 2-3 mile hike at Whippoorwill Park. For information contact Eileen West at eileenw1000@gmail.com or (914) 747-3776. *The morning and afternoon hikes qualify for the Westchester 100 (Nos. 4 and 45).*

Saturday, June 16 - TWO HIKES TODAY:

Saturday, June 16 - Bear Mountain. 7 miles, moderate plus. We will take about 1,000 winding steps up this mountain, through rocky sections and some woods, to a beautiful view from the top surrounding Perkins Tower, an historical museum. Return will be by way of the 1777 and SBM trails. There is a parking fee of \$10 per car without an Empire Passport. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike.*

Saturday, June 16 - Fahnestock Park. 7 miles, easy to moderate. This is a pretty hike for an early summer day. In addition to wooded areas, we will walk through open fields. Terrain is mostly flat with a bit of elevation gain at the start and middle of the hike. We will pass by three lakes/ponds. Bring a lunch and one to two liters of water. A hat could be useful. Leader Steve Klepner, spk010@yahoo.com, (845) 297-7066. *Joint with ADK Mohican.*

Sunday, June 17 - TWO HIKES TODAY:

Sunday, June 17 - Taurus with a Twist. 6-7 miles, moderate. We'll begin with an ascent of Mt. Taurus on the Washburn Trail at a compassionate pace, taking breaks as needed. Then we will loop around on the Nelsonville Trail (maybe the Mountain Laurel will still be blooming!), take a scenic section on the Undercliff, and then hike out through Cornish Estates. Excessive rain cancels. Please register with the leader not later than 48 hrs. before the hike. Leader: Judy Hirschman, hirschmanjudith@gmail.com

Sunday, June 17 - Lasdon Park, Katonah, NY. 2-3 miles, easy. Enjoy the flowers in this lovely Westchester County park as we walk the path of war memorials and then through the gardens and a field of beautiful trees, leading us to the historic tree section, and circle a pond with a pagoda. Leader: Jean Dolen, (914) 522-4310. *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 34).*

Saturday, June 23 - TWO HIKES TODAY:

Saturday, June 23 - Minnewaska/Castle Point. 8 miles moderate. Scenic hike to Castle Point via Mossy Glen, Long Path and Blueberry trails. Enjoy views of Catskills, Rainbow Falls and Lake Awosting. Call leader for carpool information or meet at lower parking lot at 9:30. Parking fee \$10.00 without Empire Passport. Leader: Minu Chaudhuri (914-391-5918) or email minu1@optonline.net. *Joint with ADK Mohican.*

Saturday, June 23 - Afternoon-Twilight Beats in the Caribbean. 3 miles, easy to moderate. After a late afternoon jaunt through Lenoir Nature Preserve, the Old Croton Aqueduct and Untermeyer Gardens in Yonkers, revel in the Caribbean beats of "Island Breeze." This steel band kicks off Untermeyer's free summer concert series with calypso, reggae and Latin jazz favorites. (7:30 concert is optional). Bring refreshment for pre-music supper or group can choose to pre-order nearby

restaurant delivery. Leader: Debbie Farrell, debfarpr@gmail.com or (914) 282-9942. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 8).*

Sunday, June 24 - **TWO HIKES TODAY:**

Sunday, June 24 - **Harriman Hike - Exploring Doodletown.** 5-6 miles, moderate. Weather conditions will determine exact route of this hike through Doodletown, but we will enjoy the landmarks and history of this area on cool shady trails. Appropriate footwear, sufficient water and lunch are required. To register contact leader: Sarah Davis sewdavis@gmail.com, (212) 873-4018 h, (917) 501-1322 c. *This is an ADK Mohican hike.*

Sunday, June 24 - **Harts Brook Park and Preserve.** 3 miles, easy. Stately woodlands, flowing streams, open fields, flowering trees, a secluded pond - summer bliss. Meet the leader at 10:00 a.m. at the preserve's parking area. The preserve is located at 156 Ridge Road in Hartsdale. You can also find GPS and map directions on the New York New Jersey Trail Conference website at: <https://www.nynjtc.org/park/harts-brook-park>. Rain cancels. Leader: Toby Garfinkel (914) 337-6612. *Qualifies for the Westchester 100 (No. 5).*

Saturday, June 30 - **TWO HIKES TODAY:**

Saturday, June 30 - **Rhododendron in Harriman?** 7 miles, moderate. Each summer the leader searches for rhododendron in bloom, but she's not always successful. This time she'll press her luck even further by visiting what may be the only area of rhododendron in Harriman. Ah, but will it be blooming? Find out on this circular hike from Lake Skannatati which includes ridge walks, views, and a short game of "find the bottle cap". Contact leader to register: Eileen West (914)747-3776 or eileenw1000@gmail.com. Rain cancels. *Joint with ADK Mohican.*

Saturday, June 30 - **Taxter Ridge Park Preserve.** 3-4 miles, easy to moderate. This is a newly reopened and blazed Town of Greenburgh preserve. The hike begins and ends in the parking lot on Taxter Road, which can be approached either from U.S. Route 9 (turn east on Sunnyside Lane, which becomes Taxter Road) or from Route 119 (turn south on Taxter Road). Look for the brown signs with white lettering saying "Town of Greenburgh Preserve" just before the parking area from either direction. Meet at 10:00 a.m. in the parking lot. Bring lunch and we will eat in a nicely shaded, scenic spot in the woods. The tall trees give good shade on a hot day. Leader: Ellie Carren (914) 591-7038. *Qualifies for the Westchester 100 (No. 3).*

Sunday, July 1 - **TWO HIKES TODAY:**

Sunday, July 1 - **Castle Rock to Garrison School Forest.** 6-7 miles, moderate. This is a pleasant warm weather hike with spectacular views across the Hudson to West Point. Shaded paths, streams. Two (2) EZ climbs. Lots of history, mostly real but the leader will fill in the gaps with dubious facts. Most of the time we'll be on well-marked trails but... Meet at the Garrison School Forest parking area on Snake Hill Road (about 1/2 mile East of Route 9D, one mile West of Route 9). The parking area is on the south side of Snake Hill and is marked. From there we'll shuttle to Castle Rock Unique Area. Leader: Howard Millman, hwardmillman@aol.com, (914) 439-8031. *Joint with ADK Mohican.*

Sunday, July 1 - **Teatown.** (NWP) 3 miles, easy to moderate. A shady walk on a summer's morning. Lake, woodlands, wetlands on Lakeside, Briarcliff-Peekskill, and Teatown-Kitchawan trails. Meet the leader at 9:30 a.m. in NWP, or at 10 a.m. in the Teatown lot across the street from the Nature Center. Carpooling is encouraged due to \$5 parking fee at Teatown on the weekend. Leader:

Carolyn Hoffman, earthwormch@aol.com, home (914) 948-0608, cell on day of hike only (914)420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 62).*



Wednesday, July 4 - **Catfish Loop in Fahnestock.** 5 miles, moderate. This will be a circular hike with gentle ups and downs on the Catfish Loop in Fahnestock State Park, starting (and ending) on Dennytown Road. The parking area is 1.2 miles down Dennytown Road coming from Route 301. We will meet at 9:30. To register e-mail Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican.*

Saturday, July 7 - **TWO HIKES AND A CANOE/KAYAK TODAY:**

Saturday, July 7 - **Breakneck from the Back.** 7-8 miles, moderate to strenuous. This circular hike, which can be shortened if it's really hot, takes in the Washburn, Breakneck, Notch and Cornish trails. We will start at the trailhead for the Washburn and Cornish Trails, just north of Cold Spring. Leader: Mike Kaplan, kaplanm2001@yahoo.com. No first time hikers please. Rain cancels. *Joint with ADK Mohican.*

Saturday, July 7 - **Rockefeller Park - Main Entrance.** 5-6 miles, easy to moderate. This is a three to four hour hike on carriage roads and rolling hills which may be longer if we eat at the Blue Stone Café. Bring lunch or buy lunch. There are picnic tables indoors and outdoors. There is a \$6 per car parking fee unless you have an Empire Passport. Leader: Jean Dolen, (914) 522-4310. *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 59).*

Saturday, July 7 - **Canoe / Kayak: Bashakill.** This is the largest freshwater wetland in southeastern New York which protects acres of habitat for all kinds of wildlife. On this trip we will set up a shuttle as far south as possible for a one way downstream paddle through the entire wetlands. If we are lucky we may see eaglets learning to fly. There may be space in leader's canoe. Bring your own boat, lunch, and a sense of adventure. Call to register. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, July 8 - **TWO HIKES TODAY:**

Sunday, July 8 - **To the Timp and Back from the Hudson River.** 4-5 miles, moderate. We will start at the trailhead of the Timp-Torne Trail on Rt. 9W. There is an initial steep ascent and breathtaking views of the Hudson. Once we reach the Timp (with more breathtaking vistas) we will return on the Ramapo-Dundunderburg Trail to the 1777 Trail and Jones Road back to the Timp-Torne Trail. Leader: Joe Rodriguez. Please email jpr50@optonline.net for information or to register.

Sunday, July 8 - **Van Cortlandt Park.** 4-5 miles, easy to moderate. We will walk along several trails, including John Muir, John Kieran, Cass Gallagher, the Old Croton Aqueduct and the Putnam Trail. Forests are diverse here, and we will see many birds, weather permitting. Leader: Diana Catz (718) 549-1735; dscatz@gmail.com. Meet 10 AM at the Van Cortlandt Stables parking lot: Broadway and Mosholu Avenue (please contact the leader for directions and to confirm attendance).

Saturday, July 14 - **A HIKE AND A CANOE/KAYAK TODAY:**

Saturday, July 14 - **Catskills, North Lake.** 9 miles, moderate. This historic hike along the Escarpment Trail cliffs offers some of the best scenery in the Hudson Valley. We hike to various popular lookouts and pass the former Catskill Mountain House before continuing to North Point. Meet the leader at the Schutt Road parking area just before the entrance to the North Lake Campground gatehouse. Leader will attempt to arrange carpools for those who need them. Contact the leader for

meeting time and information. Rain cancels. Leader: Marvin Pasternak, marvp7025@gmail.com or (917) 733-2259.

Saturday, July 14 - **Run the Mild Rapids on the Delaware River.** Advance registration required - see "News and Notices" for details.

Sunday, July 15 - **TWO HIKES TODAY:**

Sunday, July 15 - **Cornell Mine-Doodletown Circular.** (NWP). 5-6 miles, moderate. We will start this hike with a steady climb up the Cornell Mine trail in Harriman State Park, then have lunch at the Bald Mountain viewpoint before descending on the 1777 and other trails in an exploration of Doodletown. Contact the leader for meeting time and information: Alice Benash, ajrb3@verizon.net or (914) 723-8722. Rain cancels.

Sunday, July 15 - **Ward Pound Ridge Reservation.** 5-6 miles, easy. This is a pleasant morning "walk in the woods" on gentle terrain on the Reservation's red ski trails. Bring lunch or a snack and plenty of water. To register, contact Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

Saturday, July 21 - **TWO HIKES TODAY:**

Saturday, July 21 - **Breakneck Mountain in Harriman State Park (Circuit Hike #11).** 8 miles, moderate. This hike, in the relatively quiet southeastern section of the park, features deep woods, open rock slabs, interesting rock formations, and views. Contact leader for meeting time and place: Kathie Laug (203) 348-3993(H), (203) 722-5490(C), kfriedmanlaug@optonline.net. *Joint with ADK Mohican.*

Saturday, July 21 - **Bronx River Pathway.** (NWP) 4-6 miles, easy. We will meet at 10 a.m. at the North White Plains train station and walk south along the Bronx River Pathway through White Plains to Hartsdale and return. Extreme heat or humidity may shorten the length of the hike (group decision). For further information contact leader Patti Kass at (914) 946-6414 or puddicats@gmail.com. Phone on day of hike only: (914) 525-6853. Heavy rain cancels.

Sunday, July 22 - **TWO HIKES TODAY:**

Sunday, July 22 - **Three Lakes/AT Loop.** 6 miles, moderate. Enjoy a circular hike through the woods of Fahnestock State Park with some ups and downs on the Appalachian and Three Lakes Trails. Meet the leader at 9:30 AM at the large Canopus Lake parking area on Route 301. Leader: Minu Chaudhuri (914) 391-5918, minu1@optonline.net. *Joint with ADK Mohican.*

Sunday, July 22 - **Briarcliff Peekskill Trailway Part 3: Watch Hill Road through Blue Mountain Reservation, and Optional Extension.** 3-4 miles, easy to moderate. This shuttle hike features woods and streams, with an option at the end of the hike to do more for those who choose to. Contact leader for time and meeting place. Leader: Carolyn Hoffman, earthwormch@aol.com, home (914) 948-0608, cell on day of hike only (914) 420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 48)*

Saturday July 28 - **SBM in Harriman. Part 2: Route 106 to Bear Mountain.** 10.1 miles, moderate to strenuous. Today we will complete Suffern-Bear Mountain Trail, climbing Pingyp, West and Bear Mountains. For further information or to register, contact Bob Fiscina at fis6973@verizon.net. Rain cancels. Shuttle required. No beginners please. *Joint with ADK Mohican.*

Sunday, July 29 - **TWO HIKES TODAY:**

Sunday, July 29 - **Harriman Circuit Hike #19: Hogencamp Mountain.** 6.5 miles, moderate. This hike, with 1200 ft. of elevation gain, features views, mines and a lake. Extreme heat cancels. We meet at Lake Skannatati on 7 Lakes Drive. Register with leader Jane Restani by 5 PM Saturday at irabjanea@aol.com. *Joint with ADK Mohican.*

Sunday, July 29 - **Lake Taghkanic Hike and Swim.** 5 miles, easy to moderate. We'll do a loop around the lake, then enjoy a swim in this Columbia County park in Ancram, NY. There is a bath house for changing, and snacks are available. Expect a parking fee of \$8 per car without an Empire Passport. Exit at the large green sign for the park exit off the Taconic State Parkway, past the Columbia County sign. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike.*

Saturday, August 4 - **TWO HIKES AND A CANOE/KAYAK TODAY:**

Saturday, August 4 - **Minnewaska Hike and Swim.** 8 miles, easy to moderate. This is a scenic hike on carriage roads with spectacular views, plus lunch and a cooling swim at Lake Awosting (a dressing area is available). Bring water shoes if you have them for the rocks. There is a \$10 per car parking fee unless you have an Empire Passport, so carpooling is encouraged. From the Thruway (I-87) take exit 18 and head west on Rt. 299. Turn right at Rt. 44 - it is 4-5 miles to the park entrance. Park in the upper lot. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike.*

Saturday, August 4 - **Bear Mt. Bridge and Environs.** 5-6 miles, easy. Join the leader on a hike suitable for August weather. We will park on the east side of the Bear Mountain Bridge, walk across and do some combination of the ferry dock (south of the bridge) and Fort Montgomery (north of the bridge). The latter also takes us across a small suspension bridge. Bring a lunch, sunblock and one to two liters of water. A broad brimmed hat would be useful. Leader Steve Klepner, spk010@yahoo.com, (845) 297-7066. *Joint with ADK Mohican.*

Saturday August 4 - **Canoe / Kayak: Bantam River, Litchfield, CT.** The Bantam River in Connecticut enters and exits the lake at the north end providing superb quiet water paddling through an extensive tract of land protected by the White Memorial Foundation. On this trip we will explore both the inlet and the outlet; narrow twisty streams with a gentle current including a short paddle on the north end of the lake along the shoreline. Meet at 10:00 at the Bantam Market on the right near the junction of Rt. 202 and Rt. 209. Bring lunch, your own boat, and a willingness to explore. There are no rentals nearby. Call to register. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, August 5 - **TWO HIKES TODAY:**

Sunday, August 5 - **Black Rock Forest Hike and Swim.** 5 miles, moderate. We will hike on various trails and swim at Sutherland Pond. May also see a waterfall and "Jupiter's boulder." Contact leader for time and place. Short shuttle involved. Leader: Carolyn Hoffman, earthwormch@aol.com, home (914) 948-0608, cell on day of hike only (914) 420-5778. *Joint with ADK Mohican.*

Sunday, August 5 - **Marshlands Conservancy.** 3-4 miles, easy. Enjoy a two hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 AM at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course.

Leader: Leslie Millman. Contact leader by e-mail at oooleslie@aol.com. Cell number is for day of hike changes only: (914) 552-7720. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 9).*

Saturday, August 11 - Hook Mountain. 6 miles, moderate. We will climb the ridge at a pace adjusted to the weather and take time to enjoy the spectacular views. Easy return on the Shore Path. Contact leader to register: Catharine Raffaele, (914) 260-0343 or raffaele.catharine@yahoo.com. *Joint with ADK Mohican.*

Sunday, August 12 - TWO HIKES TODAY:

Sunday, August 12 - Harriman Hike. 5-6 miles, moderate. We will hike on various trails in the area of Breakneck Pond and the Third Reservoir in the middle of Harriman. We may find blueberries and shadberries. Appropriate footwear, sufficient water and lunch are required. To register contact: Sarah Davis sewdavis@gmail.com, (212) 873-4018 h, (917) 501-1322 c. *This is an ADK Mohican hike.*

Sunday, August 12 - Arthur Butler Sanctuary, Mt. Kisco, NY. 4-5 miles, easy to moderate. This is a nice mixture of some steep hills in between rolling hills and flat terrain and varying scenery including ferns, large boulders, several streams, and a hawk watch area. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 49).*

Saturday August 18 - TWO HIKES TODAY:

Saturday August 18 - Tuxedo-Mt. Ivy Trail. 9-10 miles, moderate to strenuous. Hike the T-MI end to end, crossing the southern portion of Harriman State Park. For further information or to register, contact Bob Fiscina at fis6973@verizon.net. Rain cancels. Shuttle required. No beginners please. *Joint with ADK Mohican.*

Saturday August 18 - Island Pond Circular. 5 miles, easy to moderate. We will park at the Elk Pen and start with the steep climb up the ASB. Pace will be adjusted to weather conditions. Return on the A.T. Leader: Catharine Raffaele (914) 260-0343 or raffaele.catharine@yahoo.com. *Joint with ADK Mohican.*

Sunday, August 19 - TWO HIKES TODAY:

Sunday, August 19 - Long Pond Ironworks State Park. 7-8 miles, moderate. This hike, just over the New York border in northern New Jersey, starts and ends with climbs to sweeping views of the Monksville Reservoir, named for the town that was intentionally flooded by modern engineers to supply water to the area (the town's remains are still located below the surface and can be seen during periods of drought). In between, we'll walk near the reservoir, around the Long Pond Ironworks (an abandoned village where iron miners and their families lived until the late 1800's), and pass other evidence of 18th and 19th century mining operations. Short shuttle required. Contact leader to register: Eileen West (914)747-3776 or eileenw1000@gmail.com. Rain cancels. *Joint with ADK Mohican.*

Sunday, August 19 - Silver Lake Preserve, West Harrison, NY. 4-5 miles, easy to moderate. The route of this 3 hour hike is through woods on varied terrain with some fallen trees to navigate, and along a lovely lake. Leader: Jean Dolen, (914) 522-4310. *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 40).*

Saturday, August 25 - **TWO HIKES TODAY:**

Saturday, August 25 - **Popolopen Torne and Gorge (Circuit Hike #26)**. 5.5 miles, moderate with rock scrambling up the Torne. The hike, with 1675 feet of elevation gain, begins and ends at Fort Montgomery which contains remains of fortifications from the Revolutionary War. We will hike along the deep shady gorge with its rushing rapids before the challenging climb up exposed rock faces to the top of the Torne and circle Brooks Lake on the way back. Contact leader for meeting time and place: Kathie Laug (203) 348-3993(H), (203) 722-5490(C), kfriedmanlaug@optonline.net. *Joint with ADK Mohican.*

Saturday, August 25 - **Cliffdale-Teatown Trail and Teatown Lake**. 4 miles, easy to moderate. Bring a snack and some refreshing water and come enjoy this lovely summer hike at the Teatown Lake Reservation. This will be a relaxing hike from the Visitor's center to the Cliffdale Education Center, using part of the Teatown Lake and other trails. If weather permits we'll have a snack on the benches at Cliffdale, and then return to the Visitor's center on the other side of the lake. Contact the leader for meeting time, place and carpooling information. Teatown now charges a \$5.00 per car fee for non-member parking. Leader: Elspeth Kramer, elspethkramer@aol.com, (347) 262-4802. *Qualifies for the Westchester 100 (No. 62).*

Sunday, August 26 - **TWO HIKES TODAY:**

Sunday, August 26 - **Sterling Forest Fire Tower + More**. 6-8 miles, moderate to strenuous. The length of this hike will depend on weather conditions, and will take us to the fire tower plus other sites depending on how hot the day is. Rain cancels; contact leader for meeting time and other information. Leader: Mike Jablonski, mjab5749@gmail.com.

Sunday, August 26 - **Irvington Woods Preserve**. 3-4 miles, easy to moderate. An easy paced hike on various trails in a lovely wooded, 430 acre nature preserve. Meet the leader at 10 AM at the O'Hara Nature Center, 170 Mountain Road Irvington. Directions: From Route 9 turn east (away from the river) on Sunnyside Lane, then bear right onto Mountain Road. The parking lot is a short distance up the hill. Lunch optional in the garden next to the center after the hike. Leader: Asha Chauhan, A1chauhan@gmail.com, (212) 730-2351. *Qualifies for the Westchester 100 (No 54).*

News and Notices



Hiking Week+ in the Adirondacks
Reserve by May 31 for Wildwood on the Lake!



Don't forget to make your reservations for our Hiking Week+ in the Adirondacks! Our hiking adventure is divided into two parts and gives those who want to climb Mt. Marcy (the highest peak in New York state, at 5344') the chance to do so, while providing an opportunity for hikers (and non-hikers) of all abilities to stay at Wildwood on the Lake and enjoy the Lake Placid area.

Our stay at Wildwood on the Lake begins on Monday September 10 and can be for up to 7 nights (departing on Monday, September 17). We have been given a break on the rates but because of the area's popularity **reservations must be made by May 31**, so the sooner you reserve, the better. All rooms have free wifi, a refrigerator, microwave and coffeemaker, and a balcony or patio facing Lake Placid. There is an indoor and outdoor pool; a hot tub and a sauna; a large lakefront area with free use of paddleboats, rowboats and canoes; a nightly bonfire (weather permitting); and plenty of

lakeside chairs and tables for our happy hour. For those staying the full 7 nights, our rate is \$575 plus tax for a standard room with 2 queens or 1 king bed; other rooms are available with more amenities at a higher price; shorter stays for the standard rooms cost \$88, \$98 or \$108 per night depending on the number of nights and whether the stay includes a Friday or Saturday. For more information, see Wildwood's website: <http://www.wildwoodmotel.com/index.html>. To reserve, contact Wildwood by email at wildwoodlp@aol.com or call (518) 523-2624.

The optional Mt. Marcy part of the trip precedes Wildwood, and is for 3 nights (Friday September 7 - Sunday September 9) at the Johns Brook Lodge, an ADK backcountry facility. You can do the 3.5 mile hike to the lodge on Friday afternoon, climb Marcy on Saturday or Sunday (depending on the weather) and do another hike on the off-day, then hike out on Monday to join the people arriving in Lake Placid. Rates are \$40 per night per person on Friday and Saturday for a stay in the 10-person bunkroom and \$35 on Sunday night (add \$5 per night if you want to stay in a 4-person bunk room). There is a 10% discount for ADK members. Reservations must be made by June 30 and can only be made over the phone - please call (518) 523-3480 and speak with Rachel. For more information about the lodge, visit: <https://www.adk.org/stay/johns-brook-lodge/>.

When making reservations at either or both locations, please tell them that you're part of the Westchester Trails Association group. Then contact Eileen West at (914) 747-3776 or eileenw1000@gmail.com to let her know you are coming or for questions.

* * * * *

Annual Meeting - Sunday, June 10. WTA's Annual Meeting will be held on Sunday, June 10 at the Westmoreland Sanctuary in Mt. Kisco starting at 12:45 p.m. On the agenda are committee reports, election of officers and other club business. The following slate will be presented for your consideration by the Nominating Committee:

Officers: President: Debbie Farrell; Vice President: Minu Chaudhuri; Secretary: Catharine Raffaele; Treasurer: Mike Doehring.

Board Members nominated for two year terms are: Art Adelman, Alice Benash and Nancy Vincent. Board members Diana Catz, Steve Klepner and Joe Rodriguez, who have one year remaining on their terms, will continue on the board. Nominations for all open positions will also be taken from the floor.

We would like to thank our outgoing board member Carolyn Hoffman for her past service on the board and her continuing service to the club in multiple capacities. Thank you also to our Nominating Committee: Sue Soni (Chair), Asha Chauhan, Toby Garfinkel, Vivian Odorizzi, Sheila Sarkar and Lillian Wolfe-Brown.

If you cannot attend the Annual Meeting, please fill out a proxy and give it to someone who will be at the meeting so that we have a quorum. The proxy can be on a plain piece of paper, in the following format:

PROXY
I (<u>print your name</u>) designate (<u>print name of proxy</u>) to be my Proxy at WTA's June 10, 2018 annual meeting, with full authority to act and vote on my behalf in the same manner as if I were present at the meeting.
Dated: _____ (sign your name) _____



Annual Dinner Plus a Birthday. 31 people enjoyed good food and good company at WTA's annual dinner on April 22, listened to a terrific presentation by Susan Antenen, Manager of the Rockefeller Preserve, and got a chance to wish Ellie Carren a happy 96th birthday. Ellie is shown here with her birthday cheesecake slice and a big smile. Happy birthday Ellie, and many many more!

Web Help Wanted

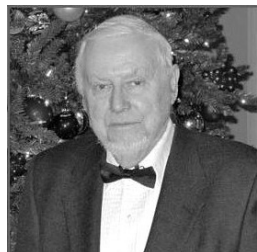
Our website (<http://www.westhike.org>) has been up and running for quite a while now but we're looking for a fresh perspective. If you're familiar with self managed websites and would like to be involved with ours, contact Eileen West at (914) 747-3776 or eileenw1000@gmail.com for information.

Run the Mild Rapids on the Delaware River

Art Adelman and his wife Sandy spend at least one summer's day each year kayaking on the Delaware River, starting and ending at Kittatinny Canoes in Barryville, NY in the Catskills, putting in at the Ten Mile River launch site. This year, as the previous two years when many other WTA members participated, they invite you to join them for a paddling adventure. Time on the river will be about 3-4 hours of easy paddling eight miles; a mix of flat water and mild rapids depending on water level and paddling effort (including stops for lunch along the river and swims). There will also be time for sighting of eagles, a visit to a Pennsylvania town park on the river where author Zane Grey's house is open to visitors and where the National Park Service provides interesting outdoor exhibits and refreshments and a visit to the Roebling Bridge, built by the same person who built the Brooklyn Bridge. The trip will start and conclude at Kittatinny in Barryville, where you can change into fresh clothes once off the river. Afterward, you can join Art and Sandy for an optional dinner and drinks at Lackawaxen House on the deck overlooking the river. Price to rent a kayak (single or double) or canoe (two people in each canoe) from Kittatinny Canoes is \$45 per person as of this writing. This is a unique opportunity for those who do not own their own boats. The date is weather dependent and is tentatively scheduled for Saturday, July 14. If interested, please send now your full contact information (name, email address and home and cell numbers) as well as your preference of double or single kayak or two-person canoe (two-person tandem kayak recommended) and any questions to trip leader Art Adelman at aadelman@optonline.net who will provide further details. Also, if you would like to receive a copy of the 2017 "After Action Report" include that in your email. *Joint with ADK Mohican.*

In Memoriam: Stewart Manville

We are truly sorry to report that WTA life member Stewart Manville passed away on March 16. He was 91 years of age.



Stewart at a recent holiday event

Stewart's affiliation with WTA goes back to his childhood, when he hiked with his parents who were members of the club. He joined as an adult in 1959 and remained active ever since, serving as president, board member, hike leader, schedule organizer, and all around volunteer. He started the tradition of our Early Years Eve walk and sunset toast at Rockwood, and until recently he hosted trips to Constitution Island, sharing his vast knowledge of history.



On the trail, circa 1970

Stewart hiked the Long Trail in Vermont and the entire Appalachian Trail. He preferred to literally hike down the trail - whenever a road led to the summit, he would drive to the top and then hike down. He did these hikes in sections, sometimes with another person, sometimes not. He was alone on the A.T. when he broke his ankle, and made it out the mile to the trailhead by scooting on his seat.

From 1962 until shortly before his death Stewart was the curator of the Grainger House on Cromwell Place in White Plains, where the pianist and composer Percy Grainger previously lived. Stewart married Grainger's widow Ella, and after she died he continued as the archivist for all things Grainger, assembling a catalog of his works, editing home recordings into a series of tapes, helping musicians locate performing material, and arranging private tours of the Grainger home. For many years he hosted meetings of the WTA board at the Grainger House.

Stewart had many interests. He was a member of the Sons of the American Revolution; sang opera in Germany; was a wine connoisseur and frequently hosted tastings from "Stewart's Wine Cellar." He was fascinated by train travel and would take the most circuitous route possible when traveling by train, getting from Point A to Point B by way of Point Z (many of his hikes were like that too). He was an historian, especially of White Plains history, and was a member of the National Trust for Historic Preservation and the Westchester County Historical Society, where he arranged for the archiving of club information going back to WTA's formation.

Most of all Stewart enjoyed being mischievous. People at his memorial service reminisced about his practical jokes and his sassy retorts. On club hikes he was inevitably drawn to areas behind the "no trespassing" signs. He had a twinkle in his eye and a unique perspective on almost every topic, and he will be sorely missed.

Weekday Morning Hikes at Van Cortlandt Park. Diana Catz leads short hikes at Van Cortlandt Park on most weekday mornings. The group meets at the stables parking lot (Broadway and Mosholu Avenue) at 10 a.m. and hikes for 1-2 hours, depending on the participants. For information and to register, please email Diana at dscatz@gmail.com.

Thursday Morning Hikes. If you're interested in exploring our local trails during the week, check out the Thursday group, an unofficial gathering of hikers (including many WTA members) who meet every Thursday morning. The hikes usually start at 10:00 a.m. and last about two hours, ending before

lunch. For information or to get added to the group's e-mail list, contact Sandy Maguire at sandy.tsm@verizon.net.

Two requests from our leaders about advance registration: First, if you're registering for more than one person, please give the leader that information so it's clear how many people are coming with you and the hiking ability of each. And second, if it turns out that you can't go on a hike you've already registered for, please inform the leader as soon as possible so he or she knows not to wait for you. Thank you - we appreciate your cooperation!

It's Worth Quoting. "An early morning walk is a blessing for the whole day." *Henry David Thoreau*

Net Notices: Sign up for WTA's Yahoo Group emails (<https://groups.yahoo.com/neo/groups/westhike>) to receive reminders of upcoming hikes, last-minute postings and communications from other WTA members. Visit our website at www.westhike.org and our Facebook page at <https://www.facebook.com/westhike>. Join in the discussion, post photos and descriptions of your WTA hiking adventures on Facebook, or send your photos to Catharine Raffaele at Raffaele.Catharine@yahoo.com for posting. All our friends are welcome!

WTA Officers and Board Members:

President: Debbie Farrell
Vice President: Minu Chaudhuri
Secretary: Catharine Raffaele
Treasurer: Mike Doehring

Board Members: Art Adelman, Alice Benash, Diana Catz, Carolyn Hoffman, Steve Klepner and Joe Rodriguez.

Hike Coordinator/Schedule Editor:
Eileen West

An E-mail Option for Your Schedules. If you prefer to receive your schedule by e-mail instead of regular mail, please contact Catharine Raffaele at Raffaele.Catharine@yahoo.com to get added to our e-mail list.

WTA Welcomes its New Members: Susan Andrews, Kim Asch, Michel Cornec, Joanne Davies, Elsa Delille, Karen Grottalio, Sheila Klatzky, Nalini Juthani, Virendra Juthani, Jim McEvoy, Adeline Natiello, Joan Nissen, Pat Richards, Eileen Sharaga, Alexandra Tory.

And Welcome Back: Lisa Marciano and Laura Newman.

Have a most enjoyable summer. See you on the trail!



WESTCHESTER TRAILS ASSOC.
P.O. Box 736
White Plains, New York 10602

MEMBERSHIP APPLICATION - PLEASE SHARE THIS WITH FRIENDS AND ACQUAINTANCES WHO MIGHT HAVE AN INTEREST IN BECOMING A MEMBER

Applicants must be at least 18 years old. Dues are \$12 per member; couples with the same address can either pay \$22 for one set of mailings or \$24 for two sets of mailings. Membership ends December 31 of each year. New applicants joining between October 1 and December 31 will get the last quarter free and have their dues applied to the following year. Make checks or money orders payable to Westchester Trails Association and send with this form to Westchester Trails Association, P.O. Box 736, White Plains, NY 10602. If you would prefer to pay your dues with PayPal, please use the online application on our website's "Join/Contact" page.

Please print the following information: **Name(s):** _____

Address: _____

Primary Phone # () _____ **e-mail:** _____

If you would prefer to receive your schedules via e-mail instead of regular mail, please check here _____

If you do not want your address, phone/e-mail published in WTA membership lists, indicate here _____

How did you hear about WTA? _____

List membership in other hiking/conservation organizations: _____

Check the areas that interest you: Hike leading _____ Trail maintenance _____ Clerical work _____

Membership _____ Planning/helping with social events _____ Other (describe) _____

Signature of Applicant(s) _____ Date: _____

_____ Date: _____