



MOHICAN

Newsletter of the Mohican Chapter of the Adirondack Mountain Club
Serving Westchester, Putnam, and Fairfield Counties ...and Beyond

From the Chair



Save the following dates...

Mohican Chapter “**MEETING**” at Westmoreland Sanctuary in Mount Kisco is planned for **Wednesday, APRIL 5, 2017 7:30 pm**. The room will open at 7:00 p.m. with a potluck supper....Bring a dish to share!

Mohican Chapter “**PICNIC**” at Franklin Roosevelt State Park in Yorktown is planned for **Saturday, SEPTEMBER 16, 2017**---Eat...Fun...Games---Spend the whole afternoon starting at 11:00 a.m. to set up, cook, eat, and play...Covered shelter and bathrooms nearby...More info will be in the next newsletter.

According to the calendar it is winter and our snowshoes were gathering dust for a while. Finally the snow is falling in parts of NY other than in the northern regions. We don't have to travel too far to play in the snow anymore. Some parts of the Adirondacks have received a good bit of snow to start off the season. It was a little slow in the Catskills, but maybe now the downhill areas don't have to make snow anymore. I recently climbed Mt. Tremper in January, and the trail was dirt most of the way until we ran into ice created from the melt-off from the previous two inch snowfall. Even the muddy sections were drying up.

But you can't let a slow start to winter fool you as we have witnessed. A warm 60° one day followed by a blast of snow the next day. Also, we could still have a cold March and April. Keep the equipment ready! Dress warm! Drink plenty of fluids! We plan a lot of activities and have no control over Mother Nature so always be prepared for what she gives us each day.

Or if you are fooled, you can think of the beautiful peonies at Rockefeller Park in early May, the wonderful gardens at Lasdon Park, the cherry blossoms, the tulips, and lilacs, etc. Westchester has many beautiful parks which are well groomed with beautiful flowers and pathways to enjoy for walking or biking. The

county and state gives us these beautiful gifts to enjoy. Come and join us on all our planned activities in these parks and on these trails. *From the Chair Jean Dolen*

**WTA 2017 HIKING WEEK
BACK TO THE BERKSHIRES
Thursday, May 18 - Thursday, May 25
Reserve before April 1st!!**



Don't forget to make your reservations for this year's hiking week in the Berkshires. We'll be exploring many of the trails in western Massachusetts and southern Vermont, with

hiking opportunities ranging from easy strolls in some of the state forests and local preserves, to longer and more challenging climbs over Mt. Greylock and on the Appalachian Trail. Naturally, we expect the weather to be perfect all week. But, just in case it's not, there are plenty of cultural and other activities available in the area, including the Clark and MassMoCA art museums, Hancock Shaker Village, the Norman Rockwell and Bennington Museums, not to mention an array of great restaurants.

We'll be staying at the Williamstown Motel, located at 295 Main Street in Williamstown, MA. The motel offers modestly priced, comfortable accommodations with free Wi-Fi, a complimentary continental breakfast, in-room coffee, and a refrigerator and microwave in each room. Rates for our group (per room, not per person) are: \$64 on weekdays and \$74 on weekends for a room with one queen bed, and \$79 weekdays \$89 weekends for a room with two queen beds. There are a limited number of rooms available at the motel and the rates are only guaranteed through April 1st, so you are **urged to make your reservation as soon as possible.** You can book online at www.williamstownmotel.com and completing the information requested on the booking engine at the top of the home page. List the Promo Code as "WTA", then click the "Check for Rates" button, select the room you want, and provide your information directly on the site. If you'd prefer to

book by phone, the number is 413-458-5202. Be sure to tell them you are part of the Westchester Trails Association group when you call. If the motel is fully booked, there are many other motels in the Williamstown area where you can stay, while joining us for our daily hikes, “happy hour” and dinner forays. Once you make your reservation (whether at the Williamstown Motel or elsewhere), contact Eileen West at eileenw1000@gmail.com to let her know you are coming, so she can keep you “in the loop” about the trip.

WTA has invited us to their Annual Dinner to be held on Sunday, April 23, at Casa Rina Restaurant, 886 Commerce Street in Thornwood where, for a fixed price of \$30 including tax and tip, you can enjoy a complete dinner and choose from: an appetizer, soup or salad; 11 different meat, fish, chicken and vegetarian entrees; four different desserts; and coffee, tea or soda with the meal. WTA is paying part of the beverage cost to keep the price at an even \$30, and the only items not included are orders from the bar. Visit www.casarinarestaurant.com and click on their “Sunday thru Wednesday” menu. Join us for cocktails starting at 5:00 p.m., and we’ll order dinner around 6:00 p.m. We’ll also be treated to a talk by Donald (“Doc”) Bayne, the president of Friends of Sterling Forest and a former Environmental Educator who will tell us all about the wildlife that inhabits our local forests and how to find their tell-tale signs. Please note that **payment for the dinner must be received by April 17. Make your checks or money orders for \$30 payable to Westchester Trails Association, and mail them to Art Adelman, 17 Miller Circle, Armonk, NY 10504-1357.**

With Our Members



On November 2016, atop Turkey Mountain in Yorktown Heights, Jennifer, Debbie Lisa and Kathy celebrated Lisa Weismiller’s final Westchester 100 hike. Lisa and Debbie are wearing the “100” crowns--Lisa’s consist-

ing of birch bark. Twenty people witnessed Lisa’s finale and celebrated with chocolates, chocolate mint brownies and champagne. **Submitted by Debbie Farrell**

Welcome To Our New Members

New Members – October 2016

Daniel Love, Tom and Anna Martone, Sharon Peura, Joan Ratner, Kathryn Riccobono and Jill Wecht

Rejoined Members

Dr. Philip Cristantiello, Sherry Fraser and Michael and Laura Strober

New Members – November 2016

Jeanette Bennetti and Leslie Zureiqi

New Members – December 2016

Erik and Susan Marvin and Keith Tallbe

This column is dedicated to you, our members, whose lives, events, and achievements on and off the trail are to be recognized and shared.



If there is a special event, vacation or achievement in your life you would like to share, please send in your news to Annette Grau at gajinet@aol.com.

Trip Tales

**Saturday, December 3
Dennytown History Hike**

The ten hikers who joined Mark Jelley on this history hike were rewarded with everything as advertised and more--information about the actual town called Dennytown, the structure seen from the parking lot which looks like it could have been a church but Mark told us it was a chicken coop (very fancy to say the least), several mines, lots and lots of beaver activity, and streams which without the previous two days of downpours were probably dry. Then we needed to cross on logs and wet rocks, several unmarked trails and Sunk Mine Road which many hikers had never hiked. Thank you Mark for a wonderful day.

Submitted by Carol Harting

**Saturday, December 4
Osborn Loop**

This hike started out with a problem right at the meeting place. The intent was to go through Manitoga to get to the Osborn Loop. However, when all hikers arrived at Manitoga, it was closed for "deer management". But undaunted, we just moved down the road and parked at Castle Point and took the red trail up to the Osborn Loop. We decided to do the Loop first and hiked over to the Curry Pond Loop where we had lunch and then continued on the Loop back to Sugarloaf. Some hikers went up to Sugarloaf while others stayed behind and "rested". They didn't see any of the cactus on top, but we think they were just covered with too many leaves. A good day was had by all.

Submitted by Carol Harting

**December 10, 2016
Woodstock, NY**



Our seasonal hike up Overlook Mt. followed by a town visit for holiday shopping went well, at least from the standpoint of contributing to the local economy. As far as the hike went, one might

describe it as a winter shakedown cruise. We weren't quite sure what choices of winter wear and equipment to make. There were a few inches of snow and a bit of ice, but we managed the ascent and descent without much problem. Even though the temperature was low, the sun was out and the reservoir and Hudson views were terrific. Voyagers undeterred by the harsh weather prediction included Janice Miller, Carol Harting, Kathie Laug and Eileen West.

Submitted by leader Jane Restani

**New Year's Day 2017
Greenwich Point Park**



It was a cast of thousands. Okay, maybe a couple of dozen walkers. Swimmers--not so many. Carolyn Hoffman and your leader took the plunge. As Carolyn said, "Not so bad." Is the Sound experiencing climate change? In any case everyone seemed to enjoy the walk along

the Sound and the post-plunge goodies contributed by various hikers. So how about it? Start next year with a not-so-bad invigorating Sound plunge.

Submitted by leader Jane Restani

**Martin Luther King Jr Weekend at the ADK Loj
January 13-16**



6 ADK Mohicans headed up to Lake Placid and the ADK Loj at Heart Lake for the long MLK weekend. We were hoping for lots of snow but because of rain the day before we arrived, we were greeted with ice and LOTS of it! Jane Restani and Janice Miller went up a day early and did a "warm up" hike up Colvin for Jane and Colvin and Blake for Janice.

Saturday, Carol Harting ventured to Van Hoevenberg Olympic Center for x-country skiing and found very little base and icy conditions. Saturday, Janice, Jane, Kathie Laug, Carole Ehleben and Lisa Weismiller headed to Scarface Mountain, which is one of the mountains in the "Saranac 6 Challenge". The trail was a sheet of ice with several steep and slippery ledges that we were able to bushwhack around. Sunday, we hiked Ampersand Mountain with the same conditions. After two days of slippery conditions, Janice treated us all to a ride on the recently constructed Adirondack Carousel in Saranac Lake. Each figure is an Adirondack animal that has been hand carved by a selected group of artisans. It was a lovely setting and great company for our weekend away.

Submitted by Lisa Weismiller

**Saturday, February 11
Snowshoeing in Pound Ridge Reservation**

Finally, we had enough snow to do a snowshoe hike and Manfred, Sally, Jane, Debbie and Lisa joined the leader, Carol, for this hike. It took some time to actually get on the trail as we all had to either remember how to put the snowshoes on or make repairs to straps, etc. The snow conditions were great, the weather was perfect and we even bushwhacked in some instances. We met a snowman on the trail, and we added the hat and sunglasses. We were out for about four hours which, on snowshoes, gives one plenty of exercise.

Submitted by Carol Harting



HIKES and STUFF

Attention Leaders and Hikers

When car-pooling, it is recommended that a charge of \$.30 per mile be equally divided among passengers, including the driver, and that everyone shares in the tolls. Trip tales go to c.harting@verizon.net. To enter the **leader lottery**, send your signup sheets (**new ones please**) to Jeanne Thomson, P.O. Box 219, Somers, NY 10589-0219

Saturday, March 4

Mountain Lakes Camp, North Salem Hawley Road off Route 121

6 miles, easy to moderate. This is a three-to-four hour hike through a County park with a partially restored camp from the olden days. Yurts and log cabins, bonfire pit, bathrooms, dining hall, etc. Trails are beautifully marked through the camp with some view areas. Bring lunch and water. To register, contact leader Dolen, 914-522-4310. *Qualifies for the Westchester 100 (No. 57).*

Sunday, March 5

New Rochelle to Larchmont, the Long Way (Joint with WTA)

12-13 miles, easy. From the New Rochelle train station, hike along or near the sound by way of Five Islands Park, Premium Marsh Conservation Area, Manor Park, Flint Park, Hommocks Conservation Area and Harbor Island Park using roads and streets to connect these areas. Return to the Larchmont train station via the full length of the Leatherstocking Trail with a detour through the Sheldrake River Conservation Area. Drivers: park in the Radisson Hotel lot (2 River Street) in New Rochelle at 9:15 a.m. and meet those arriving by train at the northeast corner of Huguenot and Cedar Streets (if coming by train, please contact the leader for information). To register, contact leader Eileen West, eileenw1000@gmail.com. Awful weather cancels. **This hike is also on the New York Ramblers schedule.** *Qualifies for the Westchester 100 (Nos. 68, 89, 90 and 100b).*

Sunday, March 5

Hudson Highlands Gateway Park (Joint with WTA)

This is a pleasant 4-5 mile moderate hike with gentle ups and downs. Take Bear Mountain Parkway north to Highland Avenue to Sprout Brook Road and the parking lot is on the right designated by a sign for the

Gateway Park. To register, email Carol Harting at c.harting@verizon.net. Traction devices may be needed. *Qualifies for the Westchester 100 (No. 31).*

Saturday, March 11

Rainbow Taurus (Joint with WTA)

6-7 miles, moderate to strenuous. From the Fishkill Road trailhead, trek along a multi-colored assortment of trails--red, white, blue, green and yellow--with a possible segue to the Haldane Loop Trail. Great views of the Hudson, Breakneck, Cold spring, West Point, etc. To register, contact leader Debbie Farrell, debfarpr@gmail.com, 914-282-9942.

Saturday, March 11

Rockwood to Rockefeller

6 miles, easy to moderate. This hike will be approximately four hours through rolling hills and carriage roads with views of the Hudson River. Bring lunch, water, snacks. To register, contact leader Jean Dolen, 914-522-4310. *Qualifies for the Westchester 100 (Nos. 38 and 59).*

Sunday, March 12

Around the County - Lewisboro to North Salem Part 4: North Salem (Joint with WTA)

6-7 miles, easy to moderate. This is the last in our "Around the County" series for the 2016-17 season. We'll begin the day with a circuit hike in Franklin Fels Preserve, then take a short drive to the start of our thru-hike. First, we'll explore the Hayfield on Keeler trail, take a detour to view North Salem's mysterious



Balanced Rock (a 60-ton boulder atop five much smaller rocks), and continue on to Baxter Preserve. After exploring the trails in Baxter, we'll head north again, to and through the Bloomerside

Preserve, where our hike will end just south of the North Salem/Putnam County line. Shuttle required. For meeting time and place, contact leader Eileen West at eileenw1000@gmail.com. Rain or heavy snow cancels. *Qualifies for the Westchester 100 (Nos. 3 and 46).*



Saturday, March 18

Windham High Peak, Catskills (Joint with WTA)



6.5 miles, moderate. This hike has approximately 1800 feet of elevation gain. If there is snow, it is a good beginner's snowshoe. If there is an overwhelming outcry for a "required" winter peak, the leader will consider a change. To register, email leader Jane Restani by 5 p.m. on Friday evening at irabjanea@aol.com.

Saturday, March 18

Silver Lake Preserve (Joint with WTA)



3-4 miles, easy to moderate. This will be a hike of about 3 hours or less with lunch. The Battle of White Plains in 1776 took place in this Preserve on Merritt Hill where we will see the monument erected in the parking lot. It is also the site of Westchester's first free black community. To register, contact leader Jane Smalley, (914) 276-0413 or e-mail jsmallpt@aol.com. *Qualifies for the Westchester 100 (No. 40).*

Sunday, March 19

Anthony's Nose via Camp Smith Trail (Joint with WTA)

7 miles, strenuous. This hike has lots of ups and downs. Starting from the Toll House, we ascend the Camp Smith Trail to Anthony's Nose. Nice views of the Hudson River. Return is via the same route. (It looks different going in the opposite direction.) To register, contact leader Steve Klepner, spk010@yahoo.com, (home) 914-617-9193, (cell) 845-297-7066. *Qualifies for the Westchester 100 (No. 50).*

Sunday, March 19

Pound Ridge Reservation (Joint with WTA)

4-5 miles, easy to moderate. We will be starting this hike on trails in the Lewisboro Town Park before entering the Reservation. This will be an easy 2-3 hour hike on very pleasant trails. No lunch is needed, but we will have a snack break at the Meadow. To register,

email Carol Harting at c.harting@verizon.net. Qualifies for the Westchester 100 (No. 63).

Saturday, March 25

The Catfish Loop and More



7-8 miles, moderate. This is a figure-eight hike incorporating the Catfish Loop at Fahnestock State Park in the morning and a loop around John Allen Pond in the afternoon, with plenty of rolling hills and water views to enjoy. Contact one of the leaders for information about meeting time and place. Co-leaders: Alice Benash, ajrb3@verizon.net or 914-723-8722; and Lillian Wolfe-Brown, sunset922@aol.com or 914-668-3184. Rain cancels. This is a WTA hike.

Sunday, March 26

Hook Mountain (Joint with WTA)

6 miles, moderate. Panoramic views from the ridge, with an easy return on the Shore Path. To register, contact leader Catharine Raffaele at raffaele.catharine@yahoo.com.

Sunday, March 26

Cranberry Lake, Old Orchard Street Off Route 22 in North White Plains

This hike is approximately 3-4 miles (2-3 hours) on moderate trails with dirt, rocks, roots, quarry, etc. Quarry climb is optional. To register, contact Jean Dolen at 914-522-4310.

Saturday, April 1

Parker Cabin Mountain, Harriman State Park Circuit Hike #10

A moderately strenuous hike that is only 5 miles in length but ascends 5 summits (Car Pond Mountain North and South, Parker Cabin Mountain, Tom Jones Mountain, and Black Rock Mountain.) There will be excellent views of the surrounding park and Sterling Forest. For meeting time and place, contact leader Kathie Laug by phone at 203-348-3993 or email kfriedmanlaug@optonline.net

Saturday, April 1

**Buttermilk Falls County Park, Rockland County
(Joint with WTA)**



Carpooling from North White Plains train station at 9:30 a.m. 3-5 miles, easy to moderate. Spring means waterfalls! This hike, only 20 minutes from North White Plains, also includes panoramic views.

To register, contact leader Carolyn Hoffman at earthwormch@aol.com, home 914-948-0608, cell on day of hike only 914-420-5778.

Sunday, April 2

**Breakneck Ridge and Sugarloaf Mountain
(Joint with WTA)**



6 miles, strenuous. We'll go up the face of Breakneck to the ridge, descend on the Bypass, then go up again to the Sugarloaf Mountain summit. Be prepared for a lot of rock scrambling on this

hike, rewarded by almost constant views. Meet the leader at 9:15 a.m. in the Route 9D parking area on the left, just north of the tunnel. For further information or to register, contact Steve Singlak by email at srshudson@verizon.net or cell (845) 641-4132. No beginners please. Rain cancels.

Sunday, April 2

Westchester Wilderness Trail



6-7 miles, moderate. Another popular destination in Pound Ridge is this wonderful collection of "backyards" whose famous

owners have given permission for their land to be used for miles of lovely wooded trails. Come join us and enjoy a 3-4 hour outing with options for a shorter hike if you are pressed for time. To register, contact Carole Ehleben at (914) 205-3207 or ehleben@optonline.net. *Qualifies for the Westchester 100 (No. 64).*

Saturday, April 8

Schunemunk Circular (Joint with WTA)

6-7 miles, moderate to strenuous. The Schunemunk conglomerate ridge is known for its interesting geology and varied terrain. Morning ascent via the Sweet Clover, lunch at the Megaliths and return on the Jessup trail. To register, contact leader Catharine Raffaele at raffaele.catharine@yahoo.com.

Saturday, April 8

Croton Trifecta (Joint with WTA)



4-5 miles, easy to moderate. Begin by strolling Lytle Arboretum, then taking the

Croton Village Trail to explore some Brinton Brook Sanctuary trails. Our return path will complete our Lytle circuit. To register, contact leader Debbie Farrell, debfarpr@gmail.com, (914) 282-9942. Qualifies for the Westchester 100 (No. 22).

Sunday, April 9

**Serenity at Black Rock in the Spring
(Joint with WTA)**

6 miles, moderate. Love is in the early spring air in this new variation of the hike along recently opened trails. Start in Cornwall and wind two miles through pristine woodlands and ridges to connect with the Sackett and likely the Stillman Trails near Mine Hill. The first part of the hike is a continual, mostly moderate (notice the word "mostly") climb on smooth trails through lightly wooded forests. Very civilized, perfect for an April day. No scrambles, no exposures, no zombies. We'll see some sweeping vistas including a viewpoint that's rarely visited and enjoy an extra-long (15 minute!) lunch there. Meet at 10 a.m. in the parking lot at the Hudson Highlands Nature Museum's Outdoor Discovery Center, 120 Muser Drive in Cornwall (zip: 12518) off Angola Road, about 1/4 mile west of Route 9W. Please remember to bring snacks for the leader. To register, contact leader, Howard Millman, hwardmillman@aol.com, (914) 439-8031.

Saturday, April 15
The Eastern Side of Black Rock



7-8 miles, moderately strenuous. Enjoy sweeping views from the Hill of Pines, Rattlesnake Hill and, of course, Black Rock Mountain, on this circular hike in Black Rock

Forest. To register, contact co-leaders: Lillian Wolfe Brown, sunset922@aol.com or (914) 668-3184 and Alice Benash, ajrb3@verizon.net or (914) 723-8722. Rain cancels. This is a WTA hike.

Saturday, April 15
Canoe/Kayak - Harriman State Park (Joint with WTA)



We will open the season by exploring Lake Kanawake and all three of its connecting lakes in Harriman State Park along Seven Lakes

Drive. The yearly fee is \$30 registration per boat, good through November 30. It includes several of the lakes in the park plus Rockland Lake. Bring canoe, paddle, lifejacket, and lunch. May be space in leader's canoe. We'll meet at Tiorati Circle at 10:00 a.m. To register, contact leader Jane Smalley, (914) 276-0413 or e-mail jsmallpt@aol.com.

Sunday, April 16 EASTER
Bald Mountain, the Timp and Doodletown Harriman Park Circuit Hike No. 24



6 miles, moderate to strenuous. This hike, which ascends to the summits of Bald and Timp mountains, involves over 1800 ft.

elevation gain. Parking is on Route 9W south of the Bear Mt. recreation area. Register with leader Jane Restani by email at irabjanea@aol.com by 5 p.m. Saturday evening.

Saturday, April 22
Route 9D to Bear Mountain (Joint with WTA)

5-6 miles, moderate to strenuous. This hike is mostly moderate except as noted. We start from Rt. 9D, cross

the Bear Mountain Bridge (nice river views), go through the zoo (if open) and then down to the river. Circling around Hessian Lake, we then ascend Bear Mountain on the Major Welch trail. This section can be considered strenuous but will be done at a moderate pace. Descent is via the AT. To register, contact leader Steve Klepner, spk010@yahoo.com, (home) 914-617-9193, (cell) 845-297-7066.

Saturday, April 22
Butler Sanctuary in Bedford/Mt. Kisco Area (Joint with WTA)

3-4 miles, easy to moderate. This is a lovely 3-4 mile hike perfect for those hikers who want to graduate from easy hikes to moderate hikes. One trail is fairly level and the other trail we take is moderate as there is some elevation. To register, contact Carol Harting at c.harting@verizon.net. *Qualifies for the Westchester 100 (No. 49).*

Sunday, April 23
Three Lakes/AT Loop (Joint with WTA)



6-7 miles, moderate. This circular hike in Fahnestock Memorial Park passes two lakes and features multiple ups and downs

through wooded areas. Meet leader at North White Plains at 9:00 a.m. or at the large Canopus Lake parking lot on Route 301 at 9:45 a.m. To register, contact the leader Elena Burova, by phone (914) 837-4235 or e-mail at elena.burova@gmail.com before the hike if you need details.

Sunday, April 23
Edith Read Sanctuary, Rye, NY

2-3 miles, easy. Wooded trails, a marsh, a lake, a rocky beach, and a bamboo forest. The planned hike is 2-3 hours, but we can add more walking on the boardwalk for another hour or two. There is a parking fee of \$10 per car. To register contact leader Jean Dolen, (914) 522-4310. *Note: Qualifies for the Westchester 100 (No. 16).*



Saturday, April 29
**Sugarloaf, Breakneck and Mt. Taurus
(Joint with WTA)**

9-10 miles, moderate to strenuous. Starting from Route 9D, we ascend Sugarloaf Mountain, continue to the Breakneck Ridge Trail, pass Sunset Point and on to Mt. Taurus before descending to 9D. For further information or to register, contact the leader Bob Fiscina at [fis6973@verizon.net](mailto:bfis6973@verizon.net). A shuttle is required. Rain cancels. No beginners please.

Saturday, April 29
**Rockefeller – Main Gate off Route 117 in
Sleepy Hollow**

Easy-to-moderate hike on carriage roads with rolling hills. Approximately 5-6 miles (3-4 hours)--longer if we eat at Blue Stone Cafe). Fee (\$6/car) without Empire Passport. To register, call Jean Dolen at 914-522-4310.

Saturday, April 29
Hike and Geocache Hunt (Joint with WTA)



If you have experience finding geocaches or would like to see what it's all about, join us for a hike and geocache hunt. The location is to be determined but possible locations are: Teatown, Saxon Woods, Bennett Pond, and Butler Sanctuary. If interested, please call the leader as soon as possible with your thoughts on location. Leader:

Barry Leibowitz (h) 845-278-2479, (c) 914-774-521. Rain cancels.

Sunday, April 30
Hudson Highlands (Joint with WTA)

7 miles, moderate. One way hike from Garrison to Anthony's Nose via Sugarloaf South, Osborn Loop and along the AT to the spectacular view from Anthony's Nose. Meet at the Castle Rock Parking Area at 9:30 a.m. To register, contact leader Minu Chaudhuri (914) 391-5918, minu1@optonline.net.

Sunday, April 30
Irvington Woods Preserve

3-4 miles, easy to moderate. An easy paced hike on various trails in a lovely wooded, 43 acre nature preserve. Meet the leader at 10 a.m. at the O'Hara Nature Center, 170 Mountain Road in Irvington. Directions: From Rt. 9, turn east on Sunnyside Lane, then make a right onto Mountain Road. The parking lot is a short distance up the hill. Lunch optional in the garden next to the center after the hike. Rain cancels. To register, contact leader Asha Chauhan, (212) 730-2351, a1chauhan@gmail.com. *Qualifies for the Westchester 100 (No 54)*. This is a WTA hike.

Saturday, May 6
West Mountain, Pawling, NY

7.4 miles, moderate. This hike uses the Appalachian Trail, starting out through a marsh area with a wooden pathway, continuing through the woods and farmland to a huge oak tree, and then ascending West Mountain to a viewpoint at 3.7 miles, where we will have lunch and then return the way we came. Parking is at the Appalachian Trail train station, just to the west of Route 22; if crowded, there is a large lot a bit further north, past the Native Landscapes Nursery. To register, call the leader, Jean Dolen at (914) 522-4310.

Saturday, May 6
Marshlands Conservancy (Joint with WTA)

3-4 miles, easy. Enjoy a two-hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 a.m. at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. To register, contact leader Leslie Millman by e-mail at oooleslie@aol.com. Cell number is for day of hike changes only: (914) 552-7720. *Qualifies for the Westchester 100 (No. 9)*.

Sunday, May 7
**West Mountain, Harriman Park Circuit Hike No. 23
(Joint with WTA)**

6.5 miles, moderate. This hike, with lots of views and an elevation gain of over 1800', leaves from the north end of the Anthony Wayne parking lot off the Palisades Parkway. To register, email the leader Jane Restani at irabjanea@aol.com by 5 p.m. the evening before the hike.



Sunday, May 7
Manitou Preserve

There are several trails in this preserve, some of which are on paths through a hemlock forest with cairns guiding the way, and others that run parallel to the river with lovely Hudson views, and we will explore most of them on this 2-3 hour hike. To register, contact Carol Harting at c.harting@verizon.net.

fis6973@verizon.net. A shuttle is required. Rain cancels. No beginners please.

Sunday, May 14
West to West (with West) on the A.T.
West Mt. to Route 9D (Joint with WTA)

7.8 miles, moderate to strenuous. This is the first in a series of 6 hikes which will take us from West Mountain in Harriman State Park to West Mountain in Pawling, NY, a distance of just under 50 miles, all while enjoying a very scenic part of our local Appalachian Trail. Today's hike begins at the south end of the Anthony Wayne parking area. We'll take Beechy Bottom Road to access the A.T. and almost immediately ascend Harriman's West Mt. Continuing past multiple viewpoints, we descend to cross Seven Lakes Drive and then go up and over the Bear Mt. summit, stopping at Perkins Tower and an expansive outlook to enjoy the views before tackling the 800 or so steps that lead down to the Inn. The rest of the hike is easy and relaxing, as we walk through the zoo and over the Bear Mt. Bridge to end on Route 9D. Shuttle required; contact leader for meeting time and place. Rain cancels. To register, contact leader Eileen West at eileenw1000@gmail.com.

Saturday, May 13
Boston Mine and Stahahe High Peak, Harriman State Park Circuit Hike #12



This 7.5 mile hike is rated strenuous by the Circuit Hikes in Harriman book. It includes Bald Rocks at 1,382 feet, the highest elevation in Harriman, Ship Rock, one of the larger and more

interesting mines in the park a secluded pond, and a side trip on an unmarked trail to a summit with open rock ledges. For meeting time and place, contact leader Kathie Laug at 203-348-3993 or email kfriedmanlaug@optonline.net.

Sunday, May 14
Lasdon Park, Somers

2-3 miles, easy. Enjoy the spring flowers in this lovely Westchester County park as we walk the path of war memorials and then through the gardens and a field of beautiful trees, leading us to the historic tree section, and circle a pond with a pagoda. To register, call leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 34).*

Saturday, May 13
Canoe/Kayak - Mohansic Lake and Crom Pond (Joint with WTA)



This will be a new lake and pond to explore located in FDR State Park, Yorktown. After exploring the lake, we will look for the tiny connector into Crom Pond, truly a wilderness retreat.

Bring own canoe or kayak, lifejacket, and lunch. There is a \$10 charge for boat access. There may be space in leader's canoe. For information and to register, call Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com.

Saturday, May 20
Bear Mountain



5 miles, moderate plus. We will take winding steps (800 or more) to the midway point, then a trail with minor scrambling to the top. A beautiful view from the top surrounding Perkins

Tower, a historical museum. There is a parking fee of \$10 per car without an Empire Passport. To register, call the leader Jean Dolen at (914) 522-4310.

Saturday, May 13
Hudson Highlands (Joint with WTA)

9-10 miles, moderate to strenuous. Starting at Pocket Road, we will climb Lambs Hill, go along Fishkill Ridge and over Bald Hill, then out along Scofield Ridge before descending to 9D. For further information or to register, contact the leader Bob Fiscina at



Saturday, May 20

Mianus River Gorge Preserve (Joint with WTA)

4.5 miles, easy to moderate. The Mianus River Gorge Preserve is nearly 800 acres of old-growth forests, rare hemlock forests, woodlands, stone walls, abundant wildlife and the Mianus River - a water supply for over 150,000 people in Westchester and Fairfield counties. Some of the highlights of the hike include the seasonal Havemeyer Falls and the Hobby Hill Quarry. Directions: Route 684 to Exit 4 (NY 172), Route 172 East toward Bedford Village, left on Route 22 North. At the village green (church on right), take the right fork. Follow NY 172 out of the village, right turn on Long Ridge (Mobil gas station on right) for less than 1/2 mile to Miller's Mill Road, right on Miller's Mill Road, go down the hill and across the bridge, left on Mianus Road (dirt road) 1/2 mile to parking lot (marked) on the left. To register, contact leader Art Adelman at aadelman@optonline.net or (914) 765-0542 for meeting time. Rain cancels. *Qualifies for the Westchester 100 (No. 56).*

Sunday, May 21

Rockland Lake and Hook Mountain

6 miles moderate. Hike begins on the Long Path near the entrance to Rockland Lake State Park. Sites along the way include an old cemetery, views of the Hudson River, and railroad tunnels through the mountain. We return on the bike path passing abandoned buildings and quarries. Call leader for meeting time and place. To register, contact leader Marvin Pasternak, hikermarv@aol.com, (718) 261-7199. Rain cancels. This is a WTA hike.

Saturday, May 27

Fahnestock State Park (Joint with WTA)

5-6 miles, moderate. Figure 8 on Three Lakes Trail, AT, and Sunk Mine Road. Varied terrain: on a ridge, past marshes, iron mines, lily pad pond, lunch at waterfall or at pond. Meet the leader at North White Plains at 9:30 a.m., or at the parking area along Canopus Lake on Route 301 just west of the boat rental in Fahnestock State Park at 10:20 a.m. To register, contact leader Carolyn Hoffman, earthwormch@aol.com, home (914) 948- 0608, cell on day of hike only (914) 420-5778.

Sunday, May 28

Wilkinson/Casino Trails (Joint with WTA)

8-9 miles, moderate to strenuous. This linear hike begins at the Wilkinson trailhead on Rt. 9D, continues up to the Sugarloaf and Sunset Point summits and on to the fire tower on South Beacon Mt., finally descending via the Casino Trail to the parking area at the base of the Mount Beacon Incline Railway on 9D. If you use a GPS, you can enter 640 Wolcott Ave, Beacon, NY 12508 (Bob's Corner Store address) right across from the parking area where we'll meet at 9:15 a.m. and shuttle from there to the beginning of the hike. For further information or to register, contact Steve Singlak by email at srshudson@verizon.net or cell (845) 641-4132. No beginners please. Rain cancels.

Sunday, May 28

Blue and Spitzenberg Mts. (Blue Mt. Reservation) (Joint with WTA)

5-6 miles, easy to moderate. From Depew Park in Peekskill, we will hike over the peak of Blue Mountain, then up the Spitzenberg climb, and then return to Depew Park on different trails with lake views. Meet at NWP at 9:00 a.m. To register, contact leader Frank Lee, fleessa@yahoo.com. *Qualifies for the Westchester 100 (No. 48).*

Monday, May 29 (Memorial Day)

Leatherman's Loop in Pound Ridge Reservation (Joint with WTA)



5 miles, easy to moderate. We will visit the legendary Leatherman's Cave where it is said he spent some time on his 365-mile loop walking thru Connecticut and Putnam and

Westchester Counties. Bring lunch and plenty of water. To register, email Carol Harting at c.harting@verizon.net. *Qualifies for the Westchester 100 (No. 63).*

"I go to Nature to be soothed and healed, and to have my senses put together." –John Burroughs

WINTER FUN WITH THE MOHICANS



February 11 Ward Pound Ridge -- Finally a snowshoe hike after a rather mild winter.



On top of Ampersand (another peak of the "Saranac 6" in the Adirondacks.

Top left to right:
Lisa Weismiller, Kathie Laug, Janice Miller and Jane Restani



The group on top of Scarface (one of the "Saranac 6" in the Adirondacks)

Top left to right: Carol Ehleben, Janice Miller;
Front left to right: Lisa Weismiller, Kathie Laug and Jane Restani



Photos courtesy of Lisa Weismiller

MEMBERSHIP APPLICATION

To join:

Send this form with payment to:

Adirondack Mountain Club
814 Goggins Road
Lake George, NY 12845-4117
Or call 800-395-8080

- Family Life \$1950
- Individual Life \$1300
- Adult \$ 50
- Family \$ 60
- Senior (65+) \$ 40
- Senior Family (65+) \$ 50
- Student (full time 18+) \$ 40

School _____

ADK is a non-profit, tax-exempt organization. Membership fees are tax deductible, as allowed by law. Please allow 6-8 weeks for receipt of first issue of Adirondack.

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Home Phone: (_____) _____

I want to be a Mohican Member

List spouse and children under 18 and birth dates:

Spouse: _____

Child: _____ Birth Date: _____

Child: _____ Birth Date: _____

Bill my: Visa Mastercard Discover

Expiration Date: _____ Account #: _____

Signature (required for charge)



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