



WESTCHESTER TRAILS ASSOC.

Join our Yahoo Group: <http://groups.yahoo.com/group/westhike>

SUMMER HIKING SCHEDULE JUNE, JULY and AUGUST, 2017

Hikes ratings are based on terrain (mileage is stated separately in the description). An "easy" hike is one with relatively flat terrain or gentle, rolling hills (for example, Rockefeller Preserve). A "moderate" hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A "strenuous" hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather. Bad weather may lead to poor footing and increase the difficulty of any hike.

Hiking boots and drinking water are required on all hikes. A trail lunch should be carried unless otherwise indicated. Hikers with improper footwear, without sufficient water, or who are otherwise unprepared, may be refused by the leader. Well behaved dogs on leashes are welcome on hikes listed as "dog friendly," but please do not bring your dog on hikes that do not have this listing. New hikers are asked to contact leaders in advance of hikes. All hikers should choose a hike within his or her abilities - contact the leader if you have any questions. All who participate in the activities of Westchester Trails Association (WTA) do so at their own risk.

A hike listing with an "NWP" designation means that the group meets in the parking lot of the North White Plains train station at the stated time for a carpool to the trailhead. (Otherwise, please contact the leader for information about the meeting time and place and whether public transportation is available.) To reach the NWP lot, take the Bronx River Parkway to Fisher Lane in North White Plains and follow the train station sign. The parking lot is half a block from the turn, on the right hand side, before the underpass. There is no charge in this lot on Saturdays or Sundays. If coming by train please notify the leader. Walk down the stairs from the train platform to the parking lot on the NYC bound side, then walk north toward the toll booth.

We encourage carpooling to the hike site. This arrangement is entirely voluntary and entails no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

A schedule of WTA activities is printed 4 times a year. If a leader's contact information is not listed below, please e-mail Eileen West at eileenw1000@gmail.com for details.

To become a member, please print out and complete the application on our website. Make checks or money orders payable to Westchester Trails Assoc., and mail to the address on the application.

Saturday, June 3 - **Anthony's Nose**. 6-7 miles, strenuous. The Camp Smith Trail is said to be the most rugged trail in Westchester County. You will be rewarded for your efforts with many panoramic views along this scenic route. Lunch will be at Anthony's Nose and then we will head back to the starting point. Co-leaders: Lillian Wolfe-Brown, sunset922@aol.com or (914) 668-3184, and Alice Benash, ajrb3@verizon.net. Rain cancels. *Qualifies for the Westchester 100 (No. 50).*

Sunday, June 4 - **TWO HIKES TODAY:**

Sunday, June 4 - **Tuxedo Circular**. 15 miles, moderate to strenuous. Starting from the Tuxedo Station we hike to Dater Mountain Nature Park, circle the park exiting to pick up the Blue Disc Trail, which we take to its terminus. Continuing north we climb Parker Cabin and Tom Jones Mountains, cross Route 106, then climb Black Rock Mountain before heading south and returning to Tuxedo.

Many early outs are available. For further information or to register contact the leader, Bob Fiscina at fis6973@verizon.net. Rain cancels. No beginners please. *This is a New York Ramblers hike.*

Sunday, June 4 - **Pepsico Sculpture Garden**. 2 miles, easy. This is an easy, meandering walk through beautiful gardens and sculptures in Pepsico's newly reopened sculpture garden on Anderson Hill Road in Purchase (opposite SUNY Purchase). Leader: Jean Dolen, (914) 522-4310. *This is an ADK Mohican hike.*

Saturday, June 10 - **TWO HIKES AND A CANOE/KAYAK TODAY:**

Saturday, June 10 - **Giant Stairs**. 6-8 miles, moderate to strenuous. Starting from the State Line Lookout we head north along the Palisade cliffs, descend to the river then pass Peanut Leap Cascade before reaching the Giant Stairs. After about a mile of scrambling we reascend the cliffs for a south/north loop, then return to the cars. For further information or to register contact the leader Bob Fiscina at fis6973@verizon.net. Rain or wet conditions cancel. No beginners please. *Joint with ADK Mohican.*

Saturday, June 10 - **Iona Island**. 3 miles, easy. We have been invited by Doc Bayne, the speaker at our recent annual dinner and president of Friends of Sterling Forest, to accompany him on a 3 hour leisurely paced lecture and walking tour of Iona Island. Be sure to bring water and a snack and wear comfortable, sturdy shoes. Iona is closed to the public except for special occasions, so try to take advantage of this opportunity to see the island firsthand. Meet at 10 a.m. at the Iona Island parking lot by the railroad tracks. (Iona is just off Route 9W, about one mile south of the Bear Mt. Inn.). For information, contact Doc Bayne at (845) 988-7969 or docforest@optonline.net.

Saturday, June 10 - **Canoe/Kayak - Basha Kill**. This is the largest freshwater wetland in southeastern New York which protects acres of habitat for all kinds of wildlife. If we are lucky we may catch the spring bird migration. The leader will set up a shuttle for a one way paddle through the entire wetlands. There may be space in leader's canoe. Bring binoculars, lunch, and a sense of adventure. Call leader to register. Jane Smalley, (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, June 11 - **Morning and Afternoon Hikes and Annual Meeting**. Meet in Mt. Kisco at the Westmoreland parking lot at 9:30 a.m. for a quick carpool to the Marsh Sanctuary, where we'll do a short (2-3 mile) hike before returning to Westmoreland for lunch starting at noon (bring your own, with dessert or other item to share if you wish; the club will provide hot coffee and tea). The annual meeting follows at 1:00, with committee reports, election of officers and other club business (see "News and Notices" for details). In the afternoon, we'll head over to the Pruyn Sanctuary in Millwood for another 2-3 mile hike. For information contact Eileen West at eileenw1000@gmail.com. *The morning and afternoon hikes qualify for the Westchester 100 (Nos. 15 and 36).*

Saturday, June 17 - **TWO HIKES TODAY:**

Saturday, June 17 - **West to West (with West) on the A.T. Hike # 2: Route 9D to Chapman Road**. 8.4 miles, moderate to strenuous. This is the second in a series of six hikes on the Appalachian Trail, from West Mountain in Harriman to West Mountain in Pawling. Today we'll encounter several ascents and some familiar terrain near the Osborn Loop and the White Rocks view, before continuing into the Graymoor Friary property and descending to Chapman Road. Rain cancels; contact leader for meeting time and other information. Leader: Eileen West, eileenw1000@gmail.com. *Joint with ADK Mohican.*

Saturday, June 17 - **Old Croton Aqueduct, Dobbs Ferry to Tarrytown and Back.** 8 miles, easy. Historic sites along the way include the Octagon House, estate of Madam C.J. Walker, and the Lyndhurst estate. Then we stroll down Main Street in Irvington to Scenic Hudson Park for lunch overlooking the Hudson River before returning. Meet 10:30 AM at the corner of Main Street and Walnut near the Dobbs Ferry train station. Leader: Marvin Pasternak, hikermarv@aol.com, (718) 261-7199. Rain cancels.

Sunday, June 18 - **TWO HIKES TODAY:**

Sunday, June 18 - **Fahnestock's Unknown Vistas.** 7 miles, moderate. A mix of civilized wooded and streamside trails, woods roads and two bushwhacks with three sweeping vistas that are absolutely worth the effort to get there. While the woods road sections are EZ, one of the bushwhacks is, ahem, a tad challenging. However, good news for sensible hikers who prefer trails to brambles: you can take a bypass for one or both bushwhacks. Some simple scrambles, no exposures and probably no zombies. Certainly one of the best, and lesser known, hikes in Fahnestock. Meet at 9:30 a.m. at the A.T. parking area on Dennytown Road. Leader: Howard Millman, hwardmillman@aol.com, (914) 439-8031. *Joint with ADK Mohican.*

Sunday, June 18 - **Silver Lake Preserve.** 4-5 miles, easy to moderate. The route of this 3 hour hike is through woods, on some hilly terrain and along a lake in this West Harrison, NY preserve. Leader: Jean Dolen, (914) 522-4310. *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 40).*

Saturday, June 24 - **TWO HIKES TODAY:**

Saturday, June 24 - **Harriman Circuit Hike # 9, Ledges and Lakes.** 9 miles, moderate to strenuous. Starting from East Village Road near the Tuxedo train station, we will take various trails to reach Lake Skenonto and gain more than 2000 feet of elevation during the hike. Contact Jane Restani by 5 PM the day before the hike at iranjanea@aol.com to register and for start time. Inclement weather, i.e. heavy rain or extreme heat, cancels. *Joint with ADK Mohican.*

Saturday, June 24 - **Harts Brook Park and Preserve.** 3 miles, easy. Stately woodlands, flowing streams, open fields, flowering trees, a secluded pond - summer bliss. Meet the leader at 10:00 a.m. at the preserve's parking area. The preserve is located at 156 Ridge Road in Hartsdale; the New York New Jersey Trail Conference has GPS and map directions on its website at: <https://www.nynjtc.org/park/harts-brook-park>. Rain cancels. Leader: Toby Garfinkel (914) 337-6612. *Qualifies for the Westchester 100 (No. 5).*

Sunday, June 25 - **TWO HIKES TODAY:**

Sunday, June 25 - **Schunemunk Circular.** 6-8 miles, moderate to strenuous. This is a moderate hike with a distinct climb at the start, then ups and downs on the following ridges. Views of the Hudson River, Storm King Art Center. We will probably do both ridges depending on the weather and signups. Lunch, sunblock, broad-brimmed hat and two liters of water is a good idea. Compassionate pace. It's not a race. Leader: Steve Klepner, spk010@yahoo.com, (mobile) 845-297-7066. *Joint with ADK Mohican.*

Sunday, June 25 - **Pound Ridge Reservation, Pound Ridge, NY.** 3-5 miles, easy to moderate. This morning hike will start out with a short but steady climb up to the fire tower, then down onto a trail surrounded by beautiful rock formations and then out to the flat and level Laurel Trail

ending up at the Kimberly Bridge area where the cars will be parked. We will have lunch there and then can do another hour or so for those who wish to do additional hiking. We will carpool into the park as there is a parking fee. To register, contact Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican, Qualifies for the Westchester 100 (No. 63).*

Saturday, July 1 - TWO HIKES TODAY:

Saturday, July 1 - West to West (with West) on the A.T. Hike # 3: Chapman Road to Rt. 301. 9.1 miles, moderate. On this hike we'll climb Canopus Hill, head through Fahnestock State Park, and end at Canopus Lake, as we continue along the Appalachian Trail on this series of six hikes from Harriman to Pawling. Rain cancels; contact leader for meeting time and other information. Leader: Eileen West, eileenw1000@gmail.com. *Joint with ADK Mohican.*

Saturday, July 1 - California Hill State Forest. 3-4 miles, easy to moderate. Explore woods roads in California Hill State Forest, east of the Taconic State Parkway. One feature is several of the so called "Stone Chambers" of Putnam County. There are no marked trails here yet but the roads are open and it is not a bushwhacking hike. Meet at 10 a.m. in the State Forest's parking lot. Driving directions: From the northbound Taconic Parkway, exit to go east on Pudding Street about 2 miles to a gravel road on the right that heads toward the fire tower. Parking is 0.8 on the gravel road at 41.437001, -73.783102, aka 170 Wawayanda Court, Carmel, NY. Leaders: Jane and Walt Daniels, jdhikes@gmail.com, (914) 245-1250. *Joint with ADK Mohican.*

Sunday, July 2 - Rockefeller Preserve. 5 miles, easy to moderate. Buy lunch at the café or bring your own. To register contact leader Sarah Davis, sewdavis@gmail.com, (212) 873-4018 h, (917) 501-1322 c. *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 59).*

Tuesday, July 4 - Catfish Loop in Fahnestock. 5 miles, moderate. This will be a circular hike with gentle ups and downs on the Catfish Loop in Fahnestock State Park, starting (and ending) on Dennytown Road. You will have plenty of time to attend those July 4th barbecues. The parking area is 1.2 miles down Dennytown Road coming from Route 301. To register e-mail Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican.*

Saturday, July 8 - A HIKE AND A CANOE/KAYAK TODAY:

Saturday, July 8 - Bear Mountain. 5 miles, moderate plus. We will take winding steps (800 or more) to the midway point, then a trail with minor scrambling to the top. A beautiful view from the top surrounding Perkins Tower, an historical museum. There is a parking fee of \$10 per car without an Empire Passport. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike.*

Saturday, July 8 - Canoe/Kayak - Bantam River - Litchfield, CT. We'll explore the Bantam River in Connecticut. The river enters and exits the lake at the north end providing superb quiet water paddling through an extensive tract of land protected by the White Memorial Foundation. We will paddle upstream on this gently twisting river for a few miles to Little Pond; then downstream reaching the north end of the lake and explore along the shoreline. Meet at 10:00 at the Bantam Market on the right near the junction of Rt. 202 and Rt. 209. Bring binoculars, lunch, and a willingness to explore. There may be space in leader's canoe. Call leader to register. Jane Smalley, (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, July 9 - **TWO HIKES TODAY:**

Sunday, July 9 - **Breakneck Ridge**. 5 miles, moderate to strenuous. Less steep ascent up along Breakneck Brook and the Blue Trail. Then the ridgeline trail with views of the Hudson River valley, where we'll take a lunch break. Descent down the Undercliff Trail and along the brook back to the parking area. For those that want, we'll stop for ice cream in Cold Spring. Call leader for meeting time and directions: Dod Chahroudi (845) 878-6869. *This is an ADK Mohican hike.*

Sunday, July 9 - **Island Pond Circular**. 5 miles, easy to moderate. We will park at the Elk Pen and start with the steep climb up the ASB. Pace will be adjusted to weather conditions. Return on the AT. Leader: Catharine Raffaele, raffaele.catharine@yahoo.com. *Joint with ADK Mohican.*

Saturday, July 15 - **TWO HIKES AND (MAYBE) A CANOE/KAYAK TODAY:**

Saturday, July 15 - **Long Path/1779 Loop**. 10 miles, moderate to strenuous. This hike in Harriman State Park features 3 lakes, 2 shelters, one mine and 2000 ft of elevation gain. For further information or to register contact the leader Bob Fiscina at fis6973@verizon.net. Rain cancels. No beginners please. *Joint with ADK Mohican.*

Saturday, July 15 - **Teatown Lake Reservation**. 4-6 miles, easy to moderate. We will hike on various shaded trails including the Twin Lakes trail. Meet at 9.45 a.m. at the Nature Center. For directions see the Nature Center's website at www.teatown.org or call them at (914) 762-2912. if you need a ride please contact the leader in advance. Inclement weather may cancel. Leader: Sue Soni, surekhasoni1968@gmail.com or (914) 747-2452. *Qualifies for the Westchester 100 (No. 62).*

Sunday, July 16 - **TWO HIKES TODAY:**

Sunday, July 16 - **Sterling Forest**. 6-8 miles, moderate. Let's skip the hoards of hikers in Harriman, and hike in Sterling Forest instead. We'll have lovely forest scenery, some nice views of Greenwood Lake, and we will visit the Fire Tower. Heavy rain / foul weather cancels. Please contact the leader, Judy Hirschman for meeting time and place no later than Friday, July 14th, at hirschmanjudith@gmail.com.

Sunday, July 16 - **West Side Greenway and the High Line**. 6 miles, easy. Come celebrate with an after-Bastille Day walk through the Greenway from 79th Street to 42nd Street. Then we will head over to the High Line (about 1.5 miles crowded with tourists, but with fantastic views of Manhattan). We have the choice of coming back the same way, or of shortening the hike by returning by the subway at 14th street. Meet at 9:30 at the Van Cortlandt Golf club parking lot. We will take the subway at 242nd street (about 25 minutes to 79th st). Bring plenty of water, a hat, sunscreen and summery clothing. We can find food along the way (or bring your own). People coming from Manhattan can meet us in the Greenway, about 2 blocks South from 79th street, by the restrooms. For directions call leader Diana S. Catz at (718) 549-1735 or email to dscatz@gmail.com.

Saturday, July 22 - **THREE HIKES TODAY:**

Saturday, July 22 - **Fishkill Ridge**. 7 miles, moderate to strenuous. From Pocket Road, we'll follow a somewhat steep trail along a lovely creek with tiered waterfalls to reach Fishkill Ridge and its multiple stupendous views. Leader: Debbie Farrell, debfarpr@gmail.com, (914) 282-9942. Transportation from the train station may be arranged. *Joint with ADK Mohican.*

Saturday, July 22 - **Lake Taghkanic Hike and Swim.** 5 miles, easy to moderate. We'll do a loop around the lake, then enjoy a swim in this Columbia County park in Ancram, NY. There is a bath house for changing, and snacks are available. Expect a parking fee of \$8 per car without an Empire Passport. Exit at the large green sign for the park exit off the Taconic State Parkway, past the Columbia County sign. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike.*

Saturday, July 22 - **Pruyn Sanctuary.** 3 miles, easy to moderate. An easy paced hike on various trails in this Millwood preserve through diverse habitats along a pond, a brook, and a system of boardwalks through Gedney Swamp, a protected wetland, and a small Butterfly and Hummingbird garden. Meet the leader at 10 a.m. at the Trails Entrance at the end of Woodmill Road. Directions: from the Taconic Parkway, take the Rt. 133 Millwood exit and continue on Rt. 133 East past the 133/120 split. Woodmill Road is the first right turn on Rt. 133, about 0.6 miles after the split. The road continues uphill into a private driveway - please park carefully along Woodmill Road, without blocking driveways or the sanctuary entrance. Rain cancels. Leader: Asha Chauhan, (212) 730-2351, a1chauhan@gmail.com. *Qualifies for Westchester 100 (No. 15).*

Sunday, July 23 - **THREE HIKES TODAY:**

Sunday, July 23 - **Saxon Woods, Pepsico Sculpture Garden, and More.** 15-16 miles, easy to moderate. From the Mamaroneck train station, hike to and around Saxon Woods Park on most of its perimeter trails before heading north via the Hutchinson horse path and local roads into Purchase, where we'll explore the newly renovated Pepsico Sculpture Garden. Out to the Port Chester train station by way of Crawford/Rye Hills Park and more local streets. Those arriving by train, take the 8:36 a.m. New Haven line train from Grand Central to Mamaroneck. Drivers: park at the Mamaroneck station in time to meet the incoming 9:18 a.m. train. Leader: Eileen West, eileenw1000@gmail.com. Awful weather cancels. *This is a New York Ramblers hike. Qualifies for the Westchester 100 (Nos. 60 and 97a).*

Sunday, July 23 - **Gentleman's Farm.** 8 miles, easy to moderate. This hike in Fahnestock Park has modest, gentle ascents, which we will do at a moderate pace. It's not a race - just a nice morning and early afternoon summer outing. Views of three lakes/ponds. Mostly through shaded woods but with a stretch through open fields. Lunch, sunblock, insect repellent, broad-brimmed hat and two liters of water is a good idea. Leader: Steve Klepner, spk010@yahoo.com, (mobile) 845-297-7066. *Joint with ADK Mohican.*

Sunday, July 23 - **Dog Friendly Hike at Ward Acres Park, New Rochelle.** (NWP, 9:30 a.m.) 2-3 miles, easy. Enjoy a slow but steady small dog friendly hike with woodlands, a stream, and wetlands before the afternoon heat. Leader: Carolyn Hoffman, earthwormch@aol.com, home (914) 948- 0608, cell on day of hike only (914) 420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 44.)*

Saturday, July 29 - **TWO HIKES TODAY:**

Saturday, July 29 - **Route 106 Circular.** 6-8 miles, moderate. Using the SBM, Long Path and other trails, we will hike past the Orak ruins and up to the fire tower, then head over to the second and third reservoirs and other scenic spots. Email the leader for start time and other information. Leader: Mike Kaplan, kaplanm2001@yahoo.com. No first time hikers, please. Rain cancels. *Joint with ADK Mohican.*

Saturday, July 29 - Saxon Woods Park. 3 miles, easy. Trails have gentle elevation and woods roads, tall trees, wetlands, rock outcroppings, typical Westchester woodlands. Meet leader at 9:30 A.M. at the pool area off Mamaroneck Ave. Rain cancels. Leader: Toby Garfinkel (914) 337-6612. *Qualifies for the Westchester 100 (No. 60).*

Sunday, July 30 - TWO HIKES TODAY:

Sunday, July 30 - Fahnestock State Park. 8 miles, easy to moderate. Hike on beautiful cross country ski trails with no snow, through wooded areas and on rolling hills with beautiful scenery. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike.*

Sunday, July 30 - Manitou Preserve off 9D. 3.5 miles, easy to moderate. This is perfect for a summer morning hike since it takes only 2-3 hours at the most and 40% of the hike is right along the Hudson River. It is considered an easy hike but the trails are "rugged" meaning there are some branches on the trail and some blowdowns. Good hiking boots and hiking poles are suggested. Bring sufficient water and a snack. To register, contact Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican.*

Saturday, August 5 - TWO HIKES AND A CANOE/KAYAK TODAY:

Saturday, August 5 - Minnewaska Hike and Swim. 8 miles, easy to moderate. This is a scenic hike on carriage roads plus a cooling swim at Lake Awosting (a dressing area is available). Bring water shoes if you have them for the rocks. There is a \$10 per car parking fee unless you have an Empire Passport, so carpooling is encouraged. From the Thruway (I-87), head west on Rt. 299. Turn right at Rt. 44 - it is 4-5 miles to the park entrance. Park in the upper lot. Call the leader, Jean Dolen, to register at (914) 522-4310. *This is an ADK Mohican hike.*

Saturday, August 5 - Marshlands Conservancy. 3-4 miles, easy. Enjoy a two hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 AM at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. Leader: Leslie Millman. Contact leader by e-mail at oooleslie@aol.com. Cell number is for day of hike changes only: (914) 552-7720. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 9).*

Saturday, August 5 - Canoe/Kayak - Chodikee Lake, Highland, NY. About 5 or 6 miles of lake and stream paddling. We will explore the meandering streams at both ends of the lake. They provide wildlife habitat with extensive wooded swamps plus stands of cattails and other marsh vegetation. We may encounter a beaver dam or two on the South stream. There may be space in leader's canoe. Directions: New York State Thruway to Exit 18, New Paltz. We'll meet at 10:00 at the Mall. Turn left onto 299 and then a right into the mall. Call leader to register. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, August 6 - TWO HIKES AND A CANOE/KAYAK TODAY:

Sunday, August 6 - West to West (with West) on the A.T. Hike # 4: Rt. 301 to Miller Hill Rd. 7.3 miles, moderate. The route of today's hike takes us along the shore of Canopus Lake and up to the expansive viewpoint on Shenendoah Mountain before descending to Miller Hill Road at the point where the A.T. crosses under the Taconic State Parkway. Rain cancels; contact leader for meeting time and other information. Leader: Eileen West, eileenw1000@gmail.com. *Joint with ADK Mohican.*

Sunday, August 6 - Cliffdale-Teatown Trail and Teatown Lake. 4 miles, easy to moderate. This will be a relaxing hike from the Visitor's Center to the Cliffdale Education Center, using part of the Teatown Lake and other trails. We'll have a snack on the benches at Cliffdale, and then return to the Visitor's Center on the other side of the lake. Contact the leader for meeting time or information. Leader: Elspeth Kramer, elspethkramer@aol.com, (347) 262-4802. *Qualifies for the Westchester 100 (No. 62).*

Sunday, August 6 - Canoe/Kayak at White Pond. Paddle one of the most natural, clear bodies of water in Putnam County. Will also include a short shoreline, forest hike (easy). Bathing suits are a cooling off option. Bring a lunch, your boat and a PFD. Call leader for meeting time and directions: Dod Chahroudi (845) 878-6869. *This is an ADK Mohican event.*

Saturday August 12 - TWO HIKES TODAY:

Saturday August 12 - Stonetown Circular. 10.6 miles, moderate to strenuous. This Jersey Highlands loop climbs and descends five mountains while providing views of the Wanaque and Monksville Reservoirs. For further information or to register contact the leader Bob Fiscina at fis6973@verizon.net. Rain cancels. No beginners please. *Joint with ADK Mohican.*

Saturday August 12 - Sylvan Glen Park Preserve. 5 miles, easy to moderate. This wooded Yorktown nature preserve was home to a quarry business yielding the honey-hued stone used in the Cathedral of St. John and the U.S. Senate Office Building. Some highlights are artifacts from the quarrying operation, the massive "quarry oak", an old stone explosives shed, a trail that passes under a distinctive rock bridge, and wetlands including Westchester's largest aquifer. Leader: Debbie Farrell, debfarpr@gmail.com, (914) 282-9942. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 20).*

Sunday, August 13 - TWO HIKES TODAY:

Sunday, August 13 - Harriman Circuit Hike # 20 - Long Mt., Turkey Hill and Queensboro Lakes. 6 miles, moderate. This hike climbs hills and parallels lakes, and has 1300 feet of elevation gain. We will start from Route 6. Contact Jane Restani by 5 PM the day before the hike at irabjanea@aol.com to register and for start time. *Joint with ADK Mohican.*

Sunday, August 13 - Rockefeller Park - Main Entrance. 5-6 miles, easy to moderate. This is a three to four hour hike which may be longer if we eat at the Blue Stone Café. Bring lunch or buy lunch. There are picnic tables indoors and outdoors. There is a \$6 per car parking fee unless you have an Empire Passport. Leader: Jean Dolen, (914) 522-4310. *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 59).*

Monday, August 14 - Dog Days of Summer at the Armstrong-Richards Preserves. 2-3 miles, easy to moderate. If it's a typical hot and humid day in August (Dog Day of Summer), let's do a relatively short and not too difficult hike (walk) at the Armstrong-Richards Preserves in Pound Ridge. This could become a regular monthly Monday afternoon hike. Please call the leader, Barry Leibowitz, no later than 5 PM on the day before the hike. Home number (845) 278-2479, cell number (914) 774-5321. Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 95a).*

Saturday, August 19 - TWO HIKES TODAY:

Saturday, August 19 - Three Lakes/AT Loop. 6 miles, moderate. Enjoy a circular hike through

the woods of Fahnestock State Park with some ups and downs on the Appalachian and Three Lakes Trails. Meet the leader at 9:30 AM at the large Canopus Lake parking area on Route 301. Leader: Minu Chaudhuri 914-391-5918 minu1@optonline.net. *Joint with ADK Mohican.*

Saturday, August 19 - **Pound Ridge Reservation, Pound Ridge, NY.** 5.6 miles, easy to moderate. This is a pleasant "walk in the woods" on gentle terrain on the Reservation's red ski trails. Bring lunch or a snack and plenty of water. To register, contact Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

Sunday, August 20 - **TWO HIKES TODAY:**

Sunday, August 20 - **East Hudson Highlands Loop.** 9:00 - 5:00 (NWP). 9 miles, moderate to strenuous with several steep climbs and descents. Well-marked trails: Brook, Breakneck Ridge and Wilkinson Memorial in highlands overlooking Hudson River north of Cold Spring. Dry forested area, varied terrain. Contact Elena Burova at (914) 729-0076 or elena.burova@gmail.com to register. Bring lunch and plenty of water. Those wishing to go directly to the trailhead, meet the leader in the Mt. Taurus parking lot (on Rt. 9D, 0.7 miles north of Rt. 301) at 10:00 a.m. for a short drive to the start of the hike. Rain cancels. *Joint with ADK Mohican.*

Sunday, August 20 - **Rowley's Bridge and the OCA.** 4 miles, easy to moderate. Tour the Aqueduct and the Rowley's Bridge Trail and visit the Quarry on this 3 hour easy hike in Hastings which does have some uneven terrain and steep steps. Following the hike we can drive to MacEachron Park at the edge of the Hudson for an optional picnic lunch. Meet at 10 a.m. at the stairway to the Rowley's Bridge Trail adjacent to the house at 331 Warburton Ave. (near the intersection of Pinecrest Drive and Warburton Ave. in Hastings-on-Hudson). On-street parking is available. Leader: Ellie Carren, (914) 591-7038. *Joint with Friends of the Old Croton Aqueduct. Qualifies for the Westchester 100 (No. 93a).*

Saturday, August 26 - **Black Rock Forest Hike and Swim.** (NWP, 9:30 a.m.) 5 miles, moderate, plus time to swim at Sutherland Pond. May also see waterfall and "Jupiter's Boulder." Contact leader for trailhead meeting time or other information. Short shuttle involved. Leader: Carolyn Hoffman, earthwormch@aol.com, home (914) 948-0608, cell on day of hike only (914) 420-5778. *Joint with ADK Mohican.*

Sunday, August 27 - **TWO HIKES TODAY:**

Sunday, August 27 - **Blue and Spitzenberg Mts. (Blue Mt. Reservation).** (NWP). 7 miles, easy to moderate. From Depew Park in Peekskill, we will hike over the peak of Blue Mountain, then up the Spitzenberg climb, and then return to Depew Park on different trails with lake views. Meet at NWP at 8:30 a.m. Leader: Frank Lee, fleessa@yahoo.com. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 48).*

Sunday, August 27 - **Mianus River Gorge.** 4-5 miles, easy. This lovely preserve offers a cool retreat from the summer heat. Lunch after the walk at the preserve entrance. Leader: Catharine Raffaele, raffaele.catharine@yahoo.com. *Joint with ADK Mohican.*