



WESTCHESTER TRAILS ASSOC.

Join our Yahoo Group: <http://groups.yahoo.com/group/westhike>

SPRING HIKING SCHEDULE MARCH, APRIL and MAY, 2017

Hikes ratings are based on terrain (mileage is stated separately in the description). An "easy" hike is one with relatively flat terrain or gentle, rolling hills (for example, Rockefeller Preserve). A "moderate" hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A "strenuous" hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather. Bad weather may lead to poor footing and increase the difficulty of any hike.

Hiking boots and drinking water are required on all hikes. A trail lunch should be carried unless otherwise indicated. Hikers with improper footwear, without sufficient water, or who are otherwise unprepared, may be refused by the leader. Well behaved dogs on leashes are welcome on hikes listed as "dog friendly," but please do not bring your dog on hikes that do not have this listing. New hikers are asked to contact leaders in advance of hikes. All hikers should choose a hike within his or her abilities - contact the leader if you have any questions. All who participate in the activities of Westchester Trails Association (WTA) do so at their own risk.

A hike listing with an "NWP" designation means that the group meets in the parking lot of the North White Plains train station at the stated time for a carpool to the trailhead. (Otherwise, please contact the leader for information about the meeting time and place and whether public transportation is available.) To reach the NWP lot, take the Bronx River Parkway to Fisher Lane in North White Plains and follow the train station sign. The parking lot is half a block from the turn, on the right hand side, before the underpass. There is no charge in this lot on Saturdays or Sundays. If coming by train please notify the leader. Walk down the stairs from the train platform to the parking lot on the NYC bound side, then walk north toward the toll booth.

We encourage carpooling to the hike site. This arrangement is entirely voluntary and entails no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

A schedule of WTA activities is printed 4 times a year. If a leader's contact information is not listed below, please e-mail Eileen West at eileenw1000@gmail.com for details.

To become a member, please print out and complete the application on our website. Make checks or money orders payable to Westchester Trails Assoc., and mail to the address on the application.

Saturday, March 4 - Mountain Lakes Camp. 6 miles, easy to moderate. This is a three to four hour hike through a County park with a partially restored camp from the olden days. Yurts and log cabins, bonfire pit, bathrooms, dining hall, etc. Trails are beautifully marked through the camp, with some view areas. Bring lunch and water. Leader: Jean Dolen, (914) 522-4310. Note: *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 57).*

Sunday, March 5 - TWO HIKES TODAY:

Sunday, March 5 - New Rochelle to Larchmont, the Long Way. 12-13 miles, easy. From the New Rochelle train station, hike along or near the sound by way of Five Islands Park, Premium Marsh Conservation Area, Manor Park, Flint Park, Hommocks Conservation Area and Harbor Island Park using roads and streets to connect these areas. Return to the Larchmont train station via the full

length of the Leatherstocking Trail, with a detour through the Sheldrake River Conservation Area. Drivers: park in the Radisson Hotel lot (2 River Street) in New Rochelle at 9:15 and meet those arriving by train at the northeast corner of Huguenot and Cedar Streets (if coming by train, please contact the leader for information). Leader: Eileen West, eileenw1000@gmail.com. Awful weather cancels. *Note: This hike is also on the New York Ramblers schedule. Qualifies for the Westchester 100 (Nos. 68, 89, 90 and 100b).*

Sunday, March 5 - **Hudson Highlands Gateway Park**. 4-5 miles, easy to moderate. This is a pleasant hike with gentle ups and downs. Take Bear Mountain Parkway north to Highland Avenue to Sprout Brook Road and the parking lot is on the right designated by a sign for the Gateway Park. To register, email Carol Harting at c.harting@verizon.net. Traction devices may be needed. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 31).*

Saturday, March 11 - **TWO HIKES TODAY:**

Saturday, March 11 - **Rainbow Taurus**. 6-7 miles, moderate to strenuous. From the Fishkill Road trailhead, trek along a multi-colored assortment of trails - red, white, blue, green and yellow - with a possible segue to the Haldane Loop Trail. Great views of the Hudson, Breakneck, Cold spring, West Point, etc. Leader: Debbie Farrell, debfarpr@gmail.com, (914) 282-9942. *Joint with ADK Mohican.*

Saturday, March 11 - **Rockwood to Rockefeller**. 6 miles, easy to moderate. This hike will be approximately four hours through rolling hills and carriage roads with views of the Hudson River. Bring lunch, water, snacks. Leader: Jean Dolen, (914) 522-4310. *Note: This is an ADK Mohican hike. Qualifies for the Westchester 100 (Nos. 38 and 59).*

Sunday, March 12 - **TWO HIKES TODAY:**

Sunday, March 12 - **Around the County - Lewisboro to North Salem. Part 4: North Salem**. 6-7 miles, easy to moderate. This is the last in our "Around the County" series for the 2016-17 season. We'll begin the day with a circuit hike in Franklin Fels Preserve, then take a short drive to the start of our thru-hike. First we'll explore the Hayfield on Keeler trail, take a detour to view North Salem's mysterious Balanced Rock (a 60-ton boulder atop five much smaller rocks), and continue on to Baxter Preserve. After exploring the trails in Baxter, we'll head north again, to and through the Bloomerside Preserve, where our hike will end just south of the North Salem/Putnam County line. Shuttle required; contact leader for meeting time and place. Leader: Eileen West, eileenw1000@gmail.com. Rain or heavy snow cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 3 and 46).*

Sunday, March 12 - **Saxon Woods Park, Weinberg Nature Center**. 9:30-2:00 (NWP). 3-4 miles, easy. A delightful three mile walk in the Park with tall trees, a pond and the ruins of an old stone building. An optional extension to the Weinberg Nature Center adds one mile to the hike. Leader: Herb Hochberg, (914) 723-6566, h_hochberg@hotmail.com. *Qualifies for the Westchester 100 (No. 60).*

Saturday, March 18 - **TWO HIKES TODAY:**

Saturday, March 18 - **Windham High Peak, Catskills**. 6.5 miles, moderate. This hike has approximately 1800 feet of elevation gain. If there is snow it is a good beginner's snow shoe. If there is an overwhelming outcry for a "required" winter peak the leader will consider a change. To register email leader Jane Restani irabjanea@aol.com by 5 PM on Friday evening. *Joint with ADK Mohican.*

Saturday, March 18 - **Silver Lake Preserve**. 3-4 miles, easy to moderate. This will be a hike of about 3 hours or less with lunch. The Battle of White Plains in 1776 took place in this Preserve on Merritt Hill where we will see the monument erected in the parking lot. It is also the site of Westchester's first free black community. Call leader to register. Jane Smalley, (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 40).*

Sunday, March 19 - **TWO HIKES TODAY:**

Sunday, March 19 - **Anthony's Nose via Camp Smith Trail**. 7 miles, strenuous. This hike has lots of ups and downs. Starting from the Toll House, we ascend the Camp Smith Trail to Anthony's Nose. Nice views of the Hudson River. Return is via the same route. (It looks different going in the opposite direction.) Leader: Steve Klepner, spk010@yahoo.com, (home) 914-617-9193, (cell) 845-297-7066. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 50).*

Sunday, March 19 - **Pound Ridge Reservation**. 4-5 miles, easy to moderate. We will be starting this hike on trails in the Lewisboro Town Park before entering the Reservation. This will be an easy 2-3 hour hike on very pleasant trails. No lunch is needed but we will have a snack break at the Meadow. To register, email Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

Saturday, March 25 - **TWO HIKES TODAY:**

Saturday, March 25 - **The Catfish Loop, and More**. 7-8 miles, moderate. This is a figure eight hike incorporating the Catfish Loop at Fahnestock State Park in the morning and a loop around John Allen Pond in the afternoon, with plenty of rolling hills and water views to enjoy. Contact one of the leaders for information about meeting time and place. Co-leaders: Alice Benash, ajrb3@verizon.net and Lillian Wolfe-Brown, sunset922@aol.com or (914) 668-3184. Rain cancels.

Saturday, March 25 - **Cranberry Lake Preserve**. 2-4 miles, easy. We will hike on the shady red trail, through woods, ponds, wetlands, bridges, historic features and a cascade, around the preserve. Meet the leader in the Preserve parking lot at 10 a.m. Directions: Rt. 22 to Old Orchard Street, drive to the nature center parking lot. Address: 1609 Old Orchard Street, North White Plains. Leader: Asha Chauhan, (212) 730-2351, a1chauhan@gmail.com. Rain Cancels. *Qualifies for the Westchester 100 (No 51).*

Sunday, March 26 - **TWO HIKES TODAY:**

Sunday, March 26 - **Hook Mountain**. 6 miles, moderate. Panoramic views from the ridge, with an easy return on the Shore Path. Contact leader to register: Catharine Raffaele, raffaele.catharine@yahoo.com. *Joint with ADK Mohican.*

Sunday, March 26 - **Van Cortlandt and Tibbetts Brooks Parks**. 5-6 miles, easy to moderate. We will walk along several trails, including John Muir, John Kieran, Cass Gallagher, the Old Croton Aqueduct and the Putnam Trail. Forests are diverse here, and we will pass by brooks and lakes, the Vault of the Van Cortlandt family, and a marsh. Leader: Diana Catz (718) 549-1735; dscatz@gmail.com. Meet 9:45 AM at the Van Cortlandt Stables parking lot at Broadway and Mosholu Avenue in the Bronx (contact the leader if you need directions).

Saturday, April 1 - **TWO HIKES TODAY:**

Saturday, April 1 - **Sterling Ridge Trail, End to End**. 8.6 miles, moderate to strenuous. This

thru-hike has been inaccessible since 2011 when a bridge over the Wanaque River was destroyed during Hurricane Irene. The bridge has now been restored, allowing us to go all the way from Route 17A in New York to the Long Pond Iron Works in New Jersey, while enjoying multiple views from the ridgetop as well as an exploration of the former iron works village at Long Pond. Leader: Eileen West, eileenw1000@gmail.com. Shuttle required; contact leader for meeting time and place. Rain cancels.

Saturday, April 1 - **Buttermilk Falls County Park, Rockland County**. (NWP, 9:30 a.m.) 3-5 miles, easy to moderate. Spring means waterfalls! This hike, only 20 minutes from North White Plains, also includes panoramic views. Leader: Carolyn Hoffman, earthwormch@aol.com, home (914) 948-0608, cell on day of hike only (914) 420-5778. *Joint with ADK Mohican.*

Sunday, April 2 - **TWO HIKES TODAY:**

Sunday, April 2 - **Breakneck Ridge and Sugarloaf Mountain**. 6 miles, strenuous. We'll go up the face of Breakneck to the ridge, descend on the Bypass, then go up again to the Sugarloaf Mountain summit. Be prepared for a lot of rock scrambling on this hike, rewarded by almost constant views. Meet the leader at 9:15 a.m. in the Route 9D parking area on the left, just north of the tunnel. For further information or to register contact Steve Singlak by email at srshudson@verizon.net or cell (845) 641-4132. No beginners please. Rain cancels. *Joint with ADK Mohican.*

Sunday, April 2 - **Westchester Wilderness Walk**. 6-7 miles, moderate. Another popular destination in Pound Ridge is this wonderful collection of "backyards" whose famous owners have given permission for their land to be used for miles of lovely wooded trails. Come join us and enjoy a 3-4 hour outing with options for a shorter hike if you are pressed for time. To register contact Carole Ehleben at (914) 205-3207 or ehleben@optonline.net. *Note: This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 64).*

Saturday, April 8 - **TWO HIKES TODAY:**

Saturday, April 8 - **Schunemunk Circular**. 6-7 miles, moderate to strenuous. The Schunemunk conglomerate ridge is known for its interesting geology and varied terrain. Morning ascent via the Sweet Clover, lunch at the Megaliths and return on the Jessup trail. Contact leader to register: Catharine Raffaele, raffaele.catharine@yahoo.com. *Joint with ADK Mohican.*

Saturday, April 8 - **Croton Trifecta**. 4-5 miles, easy to moderate. Begin by strolling Lytle Arboretum, then taking the Croton Village Trail to explore some Brinton Brook Sanctuary trails. Our return path will complete our Lytle circuit. Leader: Debbie Farrell, debfarpr@gmail.com, (914) 282-9942. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 22).*

Sunday, April 9 - **Serenity at Black Rock in the Spring**. 6 miles, moderate. Love is in the early spring air in this new variation of the hike along recently opened trails. Start in Cornwall and wind two miles thru pristine woodlands and ridges to connect with the Sackett and likely the Stillman Trails near Mine Hill. The first part of the hike is a continual, mostly moderate (notice the word "mostly") climb on smooth trails through lightly wooded forests. Very civilized, perfect for an April day. No scrambles, no exposures, no zombies. We'll see some sweeping vistas including a viewpoint that's rarely visited and enjoy an extra long (15 minute!) lunch there. Meet at 10 AM in the parking lot at the Hudson Highlands Nature Museum's Outdoor Discovery Center, 120 Muser Drive in Cornwall (zip: 12518) off Angola Road, about 1/4 mile west of Route 9W. Please remember to bring snacks for the leader. Leader, Howard Millman, hwardmillman@aol.com, (914) 439-8031. *Joint with ADK Mohican.*

Saturday, April 15 - **A HIKE AND A CANOE/KAYAK TODAY:**

Saturday, April 15 - **The Eastern Side of Black Rock.** 7-8 miles, moderately strenuous. Enjoy sweeping views from the Hill of Pines, Rattlesnake Hill and, of course, Black Rock Mountain, on this circular hike in Black Rock Forest. Co-leaders: Lillian Wolfe Brown, sunset922@aol.com or (914) 668-3184 and Alice Benash, ajrb3@verizon.net. Rain cancels.

Saturday, April 15 - **Canoe / Kayak - Harriman State Park.** We will open the season by exploring Lake Kanawauke and all three of its connecting lakes in Harriman State Park along Seven Lakes Drive. The yearly fee is \$30.00 registration per boat, good through November 30. It includes several of the lakes in the park plus Rockland Lake. Bring canoe, paddle, lifejacket, and lunch. May be space in leader's canoe. We'll meet at Tiorati Circle at 10:00 a.m. Call leader to register. Jane Smalley, (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, April 16 - **Bald Mountain, the Timp and Doodletown - Harriman Park Circuit hike No. 24.** 6 miles, moderate to strenuous. This hike, which ascends to the summits of Bald and Timp mountains, involves over 1800 ft. of elevation gain. Parking is on Route 9W south of the Bear Mt. recreation area. Register with leader Jane Restani by email at irabjanea@aol.com by 5 PM Saturday evening. *Joint with ADK Mohican.*

Saturday, April 22 - **TWO HIKES TODAY:**

Saturday, April 22 - **Route 9D to Bear Mountain.** 5-6 miles, moderate to strenuous. This hike is mostly moderate except as noted. We start from Rt 9D, cross the Bear Mountain Bridge (nice river views), go through the zoo (if open) and then down to the river. Circling around Hessian Lake, we then ascend Bear Mountain on the Major Welch trail. This section can be considered strenuous but will be done at a moderate pace. Descent is via the AT. Leader: Steve Klepner, spk010@yahoo.com, (home) 914-617-9193, (cell) 845-297-7066. *Joint with ADK Mohican.*

Saturday, April 22 - **Twin Lakes Loop, Teatown.** 3 miles, moderate. Enjoy a spring hike at Teatown Lake Reservation on this new and scenic route through Teatown. Beginners are welcome. Contact the leader for meeting time and location. Leader: Elspeth Kramer, elspethkramer@aol.com, (347) 262-4802. *Qualifies for the Westchester 100 (No. 62).*

Sunday, April 23 - **TWO HIKES TODAY:**

Sunday, April 23 - **Three Lakes/A.T. Loop.** (NWP). 6-7 miles, moderate. This circular hike in Fahnestock Memorial Park passes two lakes and features multiple ups and downs through wooded areas. Meet leader at NWP at 9:00 a.m. or at the large Canopus Lake parking lot on Route 301 at 9:45. Contact the leader, Elena Burova, by phone (914) 837-4235 or e-mail at elena.burova@gmail.com before the hike if you need details. *Joint with ADK Mohican.*

Sunday, April 23 - **Edith Read Sanctuary, Rye NY.** 2-3 miles, easy. Wooded trails, a marsh, a lake, a rocky beach, and a bamboo forest. The planned hike is 2-3 hours, but we can add more walking on the boardwalk for another hour or two. There is a parking fee of \$10 per car. Leader: Jean Dolen, (914) 522-4310. Note: *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 16).*

Saturday, April 29 - **TWO HIKES AND A HIKE/GEOCACHE HUNT TODAY:**

Saturday, April 29 - **Sugarloaf, Breakneck and Mt. Taurus.** 9-10 miles, moderate to

strenuous. Starting from Route 9D we ascend Sugarloaf Mountain, continue to the Breakneck Ridge Trail, pass Sunset Point and on to Mt. Taurus before descending to 9D. For further information or to register contact the leader Bob Fiscina at fis6973@verizon.net. A shuttle is required. Rain cancels. No beginners please. *Joint with ADK Mohican.*

Saturday, April 29 - **Untermeyer Park and Old Croton Aqueduct.** 4 miles, easy. This easy hike, which does have some mild hills and steps, allows us to explore the park and the Persian Garden. We will go south on the Aqueduct and exit at Shonnard Terrace. Lunch will be at a friend's garden and terrace nearby with outstanding views of the Hudson River; our return to Untermeyer Park will have some variations. The park is located at 945 North Broadway (U.S. Route 9) in Yonkers, just south of St. John's Hospital. Meet the leader at 10 a.m. just inside the park's entrance near the community center building. There is a small parking lot inside the garden. If it is full, park on the street along Broadway. Leader: Ellie Carren (914) 591-7038. May call up to 11 p.m.

Saturday, April 29 - **Hike and Geocache Hunt.** If you have experience finding geocaches or would like to see what it's all about, join us for a hike and geocache hunt. The location is to be determined but possible locations are: Teatown, Saxon Woods, Bennett Pond, and Butler Sanctuary. Please call the leader as soon as possible, if interested, with your thoughts on location. Leader: Barry Leibowitz (h) 845-278-2479, (c) 914-774-521. Rain cancels. *Joint with ADK Mohican.*

Sunday, April 30 - **TWO HIKES TODAY:**

Sunday, April 30 - **Hudson Highlands.** 7 miles, moderate. One way hike from Garrison to Anthony's Nose via Sugarloaf South, Osborn Loop and along the AT to the spectacular view from Anthony's Nose. Meet at the Castle Rock Parking Area at 9:30. Leader: Minu Chaudhuri (914) 391-5918, minu1@optonline.net. *Joint with ADK Mohican.*

Sunday, April 30 - **Irvington Woods Preserve.** 3-4 miles, easy to moderate. An easy paced hike on various trails in a lovely wooded, 43 acre nature preserve. Meet the leader at 10 a.m. at the O'Hara Nature Center, 170 Mountain Road in Irvington. Directions: From Rt. 9, turn east on Sunnyside Lane, then make a right onto Mountain Road. The parking lot is a short distance up the hill. Lunch optional in the garden next to the center after the hike. Rain cancels. Leader: Asha Chauhan, (212) 730-2351, a1chauhan@gmail.com. *Qualifies for the Westchester 100 (No 54).*

Saturday, May 6 - **TWO HIKES TODAY:**

Saturday, May 6 - **West Mountain, Pawling, NY.** 7.4 miles, moderate. This hike uses the Appalachian Trail, starting out through a marsh area with a wooden pathway, continuing through the woods and farmland to a huge oak tree, and then ascending West Mountain to a viewpoint at 3.7 miles, where we will have lunch and then return the way we came. Parking is at the Appalachian Trail train station, just to the west of Route 22; if crowded, there is a large lot a bit further north, past the Native Landscapes Nursery. Call the leader, Jean Dolen, to register at (914) 522-4310. *Note: This is an ADK Mohican hike.*

Saturday, May 6 - **Marshlands Conservancy.** 3-4 miles, easy. Enjoy a two hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 AM at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. Leader: Leslie Millman. Contact leader by e-mail at oooleslie@aol.com. Cell number is for day of hike changes only: (914) 552-7720. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 9).*

Sunday, May 7 - **TWO HIKES TODAY:**

Sunday, May 7 - West Mountain, Harriman Park Circuit Hike No. 23. 6.5 miles, moderate. This hike, with lots of views and an elevation gain of over 1800', leaves from the north end of the Anthony Wayne parking lot off the Palisades Parkway. Email the leader Jane Restani at irabjanea@aol.com by 5 PM the evening before the hike to register. *Joint with ADK Mohican.*

Sunday, May 7 - Rockefeller State Park. 4-6 miles, easy to moderate. We will explore some trails on the less traveled eastern side of the preserve, which will enable us to see views of the Saw Mill River valley. Meet the leader at 9.45 a.m. in the large parking lot for the North County Trailway on Route 117. If you are heading west, the lot is on your left, between Routes 9A and 448 (it used to be the Mt. Pleasant pool parking area). If you need a ride contact the leader in advance. Inclement weather may cancel. Leader: Sue Soni, surekhasoni1968@gmail.com. or (914) 747-2452. *Qualifies for the Westchester 100 (No. 59).*

Saturday, May 13 - A HIKE AND A CANOE/KAYAK TODAY:

Saturday, May 13 - Hudson Highlands. 9-10 miles, moderate to strenuous. Starting at Pocket Road we will climb Lambs Hill, go along Fishkill Ridge and over Bald Hill, then out along Scofield Ridge before descending to 9D. For further information or to register contact the leader Bob Fiscina at fis6973@verizon.net. A shuttle is required. Rain cancels. No beginners please. *Joint with ADK Mohican.*

Saturday, May 13 - Canoe / Kayak - Mohansic Lake and Crom Pond. This will be a new lake and pond to explore located in FDR State Park, Yorktown. After exploring the lake we will look for the tiny connector into Crom Pond, truly a wilderness retreat. Bring own canoe or kayak, lifejacket, and lunch. There is a \$10.00 charge for boat access. There may be space in leader's canoe. Call Jane Smalley for information and to register. (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, May 14 - TWO HIKES TODAY:

Sunday, May 14 - West to West (with West) on the A.T. - West Mt. to Route 9D. 7.8 miles, moderate to strenuous. This is the first in a series of 6 hikes which will take us from West Mountain in Harriman State Park to West Mountain in Pawling, NY, a distance of just under 50 miles, all while enjoying a very scenic part of our local Appalachian Trail. Today's hike begins at the south end of the Anthony Wayne parking area. We'll take Beechy Bottom Road to access the A.T. and almost immediately ascend Harriman's West Mt. Continuing past multiple viewpoints, we descend to cross Seven Lakes Drive and then go up and over the Bear Mt. summit, stopping at Perkins Tower and an expansive outlook to enjoy the views before tackling the 800 or so steps that lead down to the Inn. The rest of the hike is easy and relaxing, as we walk through the zoo and over the Bear Mt. Bridge to end on Route 9D. Shuttle required; contact leader for meeting time and place. Rain cancels. Leader: Eileen West, eileenw1000@gmail.com. *Joint with ADK Mohican.*

Sunday, May 14 - Lasdon Park, Somers. 2-3 miles, easy. Enjoy the spring flowers in this lovely Westchester County park as we walk the path of war memorials and then through the gardens and a field of beautiful trees, leading us to the historic tree section, and circle a pond with a pagoda. Leader: Jean Dolen, (914) 522-4310. Note: *This is an ADK Mohican hike. Qualifies for the Westchester 100 (No. 34).*

Saturday, May 20 - TWO HIKES TODAY:

Saturday, May 20 - Bear Mountain. 5 miles, moderate plus. We will take winding steps (800

or more) to the midway point, then a trail with minor scrambling to the top. A beautiful view from the top surrounding Perkins Tower, an historical museum. There is a parking fee of \$10 per car without an Empire Passport. Call the leader, Jean Dolen, to register at (914) 522-4310. *Note: This is an ADK Mohican hike.*

Saturday, May 20 - Mianus River Gorge Preserve. 4.5 miles, easy to moderate. The Mianus River Gorge Preserve is nearly 800 acres of old-growth forests, rare hemlock forests, woodlands, stone walls, abundant wildlife and the Mianus River - a water supply for over 150,000 people in Westchester and Fairfield counties. Some of the highlights of the hike include the seasonal Havemeyer Falls and the Hobby Hill Quarry. Directions: Route 684 to Exit 4 (NY 172), Route 172 East toward Bedford Village, left on Route 22 North. At the village green (church on right) take the right fork. Follow NY 172 out of the village, Right turn on Long Ridge (Mobil gas station on right) for less than 1/2 mile to Miller's Mill Road, Right on Miller's Mill Road, go down the hill and across the bridge, Left on Mianus Road (dirt road) 1/2 mile to parking lot (marked) on the left. Contact leader Art Adelman at aadelman@optonline.net or (914) 765-0542 for meeting time. Rain cancels. *Joint hike with ADK Mohican. Qualifies for the Westchester 100 (No. 56).*

Sunday, May 21 - Rockland Lake and Hook Mountain. 6 miles moderate. Hike begins on the Long Path near the entrance to Rockland Lake State Park. Sites along the way include an old cemetery, views of the Hudson River, and railroad tunnels through the mountain. We return on the bike path passing abandoned buildings and quarries. Call leader for meeting time and place. Leader: Marvin Pasternak, hikermarv@aol.com, (718) 261-7199. Rain cancels.

Saturday, May 27 - Fahnestock State Park. (NWP). 5-6 miles, moderate. (NWP). Figure 8 on Three Lakes Trail, AT, and Sunk Mine Road. Varied terrain: on a ridge, past marshes, iron mines, lily pad pond, lunch at waterfall or at pond. Meet the leader at NWP at 9:30 a.m., or at the parking area along Canopus Lake on Route 301 just west of the boat rental in Fahnestock State Park at 10:20 a.m. Leader: Carolyn Hoffman, earthwormch@aol.com, home (914) 948- 0608, cell on day of hike only (914) 420-5778. *Joint with ADK Mohican.*

Sunday, May 28 - TWO HIKES TODAY:

Sunday, May 28 - Wilkinson/Casino Trails. 8-9 miles, moderate to strenuous. This linear hike begins at the Wilkinson trailhead on Rt. 9D, continues up to the Sugarloaf and Sunset Point summits and on to the fire tower on South Beacon Mt., finally descending via the Casino Trail to the parking area at the base of the Mount Beacon Incline Railway on 9D. If you use a GPS you can enter 640 Wolcott Ave, Beacon, NY 12508 (Bob's Corner Store address) right across from the parking area where we'll meet at 9:15 a.m. and shuttle from there to the beginning of the hike. For further information or to register contact Steve Singlak by email at srshudson@verizon.net or cell (845) 641-4132. No beginners please. Rain cancels. *Joint with ADK Mohican.*

Sunday, May 28 - Blue and Spitzenberg Mts. (Blue Mt. Reservation). (NWP). 5-6 miles, easy to moderate. From Depew Park in Peekskill, we will hike over the peak of Blue Mountain, then up the Spitzenberg climb, and then return to Depew Park on different trails with lake views. Meet at NWP at 9:00 a.m. Leader: Frank Lee, fleessa@yahoo.com. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 48).*

Monday, May 29 (Memorial Day) - Leatherman's Loop in Pound Ridge Reservation. 5 miles, easy to moderate. We will visit the legendry Leatherman's cave where it is said he spent some time on his 365 mile loop walking thru Connecticut and Putnam and Westchester Counties. Bring lunch and plenty of water. To register, email Carol Harting at c.harting@verizon.net. *Joint with ADK*

Mohican. Qualifies for the Westchester 100 (No. 63).