



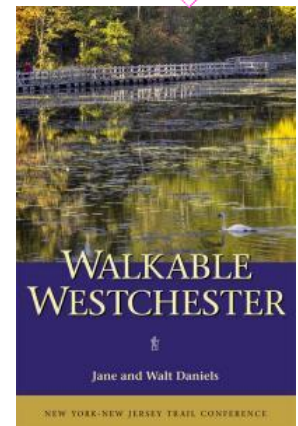
# ADK Mohican Hikes Sept-November 2017

Come join our club on one of our hikes listed on the following pages. No matter what your level of hiking, there is something for everyone. You too can get some of these great patches below by setting some hiking goals and hitting the trail.

*"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you and the storms their energy, while care will drop off like autumn leaves."* John Muir



APPALACHIAN MOUNTAIN CLUB  
FOUR THOUSAND FOOTERS



Westmoreland Sanctuary is on Chestnut Ridge Road, off Route 172 west of I-684, Exit 4



# HIKES and STUFF

## Attention Leaders and Hikers

When car-pooling, it is recommended that a charge of \$.30 per mile be equally divided among passengers, including the driver, and that everyone shares in the tolls. Trip tales go to [c.harting@verizon.net](mailto:c.harting@verizon.net). To enter the **leader lottery**, send your signup sheets (**new ones please**) to Jeanne Thomson, P.O. Box 219, Somers, NY 10589-0219

Saturday, September 2

### Housatonic River Walk on Appalachian Trail in Connecticut

8-10 miles, easy. This section of the AT meanders along the Housatonic River and is peaceful and beautiful. Proper hiking attire and at least 2 liters of water required. Bring lunch and snacks. To register, contact leader Sarah Davis at 917-501-1322 (c), 212- 873-4018 (h) or [sewdavis@gmail.com](mailto:sewdavis@gmail.com).

Saturday, September 2

### Baxter Preserve (south)

Easy, about 2 hours. This 167 acre preserve is composed of grassy fields and rolling hills, owned by the North Salem Land Foundation. The trails are shared by equestrians and hikers. Call leader Barry Leibowitz by 6 p.m. the night before the hike at home (845) 278-2479 or cell phone (914) 774-5321 to register. Rain cancels.

Sunday, September 3

### Pound Ridge Reservation (Joint with WTA)

5 miles, easy to moderate. The route of this hike is not precisely determined, but will hopefully include a walk along the river that flows through the area. Bring a lunch/snack and a liter of water. We will carpool to the Reservation from the Cross River Shopping Center so the entry charge can be divided. To register, contact Steve Klepner, (845) 297-7066, [spk010@yahoo.com](mailto:spk010@yahoo.com). *Qualifies for the Westchester 100 (No. 63).*

Monday, September 4 – LABOR DAY

### Hudson Highlands Gateway Park (Joint with WTA)

4-5 miles, easy to moderate. This is a pleasant hike with gentle ups and downs. Take Bear Mountain Parkway north to Highland Avenue to Sprout Brook Road and the parking lot is on the right designated by a sign for the Gateway Park. To register, email Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net). *Qualifies for the Westchester 100 (No. 31).*

Saturday, September 9

### Island Pond and the Lemon Squeezer (Harriman Circuit Hike #13) (Joint with WTA)

8 miles, moderate (strenuous through the Lemon Squeezer). We will start from Elk Pen and visit two of Harriman State Park's most well-known features in this double loop hike with almost 2,000 feet of elevation gain. For meeting time and place, contact leader Kathie Laug at (203) 348-3993, or email [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net).

Saturday, September 9

### Leon Levy Preserve (Joint with WTA)

3 miles, easy to moderate. A ruined mansion, carriage roads and stone work grace the grounds of the Leon Levy Preserve in the Town of Lewisboro. This hike has elevation gains and losses on rocky trails and wide carriage roads. Meet at the preserve parking lot at 10:20 a.m. From I-684, take Exit 6 (Route 35) east, continue 9.1 miles and turn right at the traffic light onto Route 123. The preserve is 0.3 miles from the turn, on the right. If coming by train, contact the leaders in advance to arrange for a pickup at the Katonah station. To register, contact leaders Jane and Walt Daniels (914) 245-1250, [jdhikes@gmail.com](mailto:jdhikes@gmail.com). *Qualifies for the Westchester 100 (No. 35).*

Sunday, September 10

### Silvermine Circular

8 miles, moderate. We will do an elongated figure 8 on the Long Path and Menomine trails in Harriman as we climb Stockbridge Mountain, visit the Torrey Memorial, and relax near the shore of Lake Nawahunta. For meeting time and information, contact one of the co-leaders Lillian Wolfe-Brown, [sunset922@aol.com](mailto:sunset922@aol.com) or (914) 668-3184 and Alice Benash, [ajrb3@verizon.net](mailto:ajrb3@verizon.net) or (914) 723-8722. Carpooling from North White Plains train station. This is a WTA hike. Rain cancels.

Sunday, September 10

### Rockefeller Park - Main Entrance.

5-6 miles, easy to moderate. This is a three to four hour hike which may be longer if we eat at the Blue Stone Café. Bring lunch or buy lunch. There are picnic tables indoors and outdoors. There is a \$6 per car parking fee unless you have an Empire Passport. To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 59).*

Saturday, September 16, 2017 at Noon  
**Annual Picnic—FDR Park**



Sunday, September 17  
**Storm King (Joint with WTA)**

5-6 miles, moderate to strenuous. Good elevation gain and great Hudson River views. Meet the leader at the Esty & Hellie Stowell Trailhead (Route 218 Cornwall-on-Hudson). For meeting time or other information and to register, contact Steve Singlak at [srshudson@verizon.net](mailto:srshudson@verizon.net). Rain cancels.

Sunday, September 17  
**Butler Sanctuary in Bedford/Mt. Kisco area (Joint with WTA)**

3-4 miles, easy to moderate. This lovely hike is perfect for those who want to graduate from easy hikes to moderate hikes. One trail is fairly level and the other trail we take is moderate as there is some elevation. To register, email Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net). *Qualifies for the Westchester 100 (No. 49).*

Saturday, September 23  
**Hudson Highlands (Joint with WTA)**

9-10 miles, moderate to strenuous. Starting at Pocket Road, we will climb Lambs Hill, go along Fishkill Ridge and over Bald Hill, then out along Scofield Ridge before descending to 9D. For further information or to register, contact the leader Bob Fiscina at [fis6973@verizon.net](mailto:fis6973@verizon.net). A shuttle is required. Rain cancels. No beginners please.

Saturday, September 23  
**Mianus River Gorge, Bedford, NY (Joint with WTA)**

5 miles, easy to moderate. This is an easy-paced hike in a Nature Conservancy property. Bring a snack to have at a "viewpoint." Then we will proceed to Havermeier Falls which may or may not be flowing. To register, email Carol Harting at [c.harting@verizon.net](mailto:c.harting@verizon.net). *Qualifies for the Westchester 100 (No. 56).*

Saturday September 23  
**Canoe/Kayak Croton River**

This is a favorite; an easy and relaxing flatwater paddle on the Croton River. We will meet at 11:00 a.m. at the Croton RR station and paddle under 9A heading into the river on the incoming tide as this is a tidal river. We will take advantage of high tide to explore the river, its side channels and estuaries. Lunch at the gravel beach. Rentals at the launch site will be available through [www.kayakhudson.com](http://www.kayakhudson.com). To register, call leader Jane Smalley 914-276-0413 or e-mail [jsmallpt@aol.com](mailto:jsmallpt@aol.com).

Sunday, September 24  
**Seven Hills End to End (Almost)**

8 miles, moderately strenuous. Enjoy some gorgeous viewpoints and a few nice scrambles on the Seven Hills trail in Harriman. We will be doing all but the last half mile which leads to Seven Lakes Drive, then looping back on the Stony Brook and Pine Meadow trails. Excessive rain/foul weather cancels. In case of extreme heat, the route will be modified. Please email the leader, Judy Hirschman at [hirschmanjudith@gmail.com](mailto:hirschmanjudith@gmail.com) no later than Friday evening to confirm attendance and receive details as to meeting place and time. This is a WTA hike.

Sunday, September 24  
**Silver Lake Preserve**

4-5 miles, easy to moderate. The route of this three-hour hike is through woods on some hilly terrain and along a lake in this West Harrison, NY preserve. To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 40).*

Saturday, September 30  
**Catskill Escarpment (Joint with WTA)**

9 miles, moderate. This hike will start from the North South Lake Campground near Palenville. Distance will be less than 9 miles, if we have enough participants to spot a car; otherwise, it's about a mile more. The hike includes many iconic views that inspired the artists of the Hudson River School. We will try to match up the works with the views. Because this hike is viewpoint-focused, bad weather will postpone it. Carpooling is preferred so try to contact the leader Jane Restani by Thursday evening and no later than 5 p.m. Friday at [irabjanea@aol.com](mailto:irabjanea@aol.com).



Saturday, September 30  
**Sterling Forest (Joint with WTA)**

8 miles moderate. We will start at the Visitor Center and climb up to the fire tower, then hike along the ridge with spectacular views of the lake and foliage. Easy return along the lake shore. To register, contact leader Catharine Raffaele via email at [Raffaele.Catharine@yahoo.com](mailto:Raffaele.Catharine@yahoo.com).

Sunday, October 1  
**Island Pond Circular in Harriman**

6-7 miles, moderate. We'll start on the Arden-Surebridge, hike up to the ridge for expansive views along the Ramapo-Dunderberg and Lichen trails, and then head over to Island Pond for a relaxing break on a rock outcrop overlooking the water. Return is via the A.T. To register, contact co-leaders Alice Benash, [ajrb3@verizon.net](mailto:ajrb3@verizon.net) or (914) 723-8722 and Lillian Wolfe-Brown, [sunset922@aol.com](mailto:sunset922@aol.com) or (914) 668-3184. Rain cancels. Carpooling from North White Plains. This is a WTA hike.

Sunday, October 1  
**Mountain Lakes Camp**

6 miles, easy to moderate. This is a three-to-four hour hike through a County park with a partially restored camp from the olden days. Yurts and log cabins, bonfire pit, bathrooms, dining hall, etc. Trails are beautifully marked through the camp with some view areas. Bring lunch and water. To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 57).*

Friday, October 6  
**FIOS "Fitness Friday" at Ward Pound Ridge  
(Joint with WTA)**

5-6 miles, easy to moderate. Lorin Richardson, the host of FIOS-1's "Fitness Fridays", and her photographer, will be joining us for a hike on the Leatherman's Loop and other trails in Ward Pound Ridge today. Eileen will talk about WTA's Westchester 100 project at the summit view, Howard will explain the history of the Leatherman (without making anything up) as we explore the cave, and we can all put in our two cents about the joys of hiking. There is an entrance fee at the Reservation so we'll meet at the Cross River Shopping Center at the intersection of Routes 35 and 121 and carpool to the hike. For meeting time and information, contact one of the leaders Eileen West, [eileenw100@gmail.com](mailto:eileenw100@gmail.com) or Howard Millman, (914) 439-8031, [hwardmillman@aol.com](mailto:hwardmillman@aol.com). *Qualifies for the Westchester 100 (No. 63).*

Saturday, October 7  
**Pine Meadow Circular**

7-8 miles moderate. Starting at the Reeves Meadow Visitor Center, we use a combination of trails including Pine Meadow, Reeves Brook, Seven Hills, and Raccoon Brook Hills. Meet in Sloatsburg at the Municipal Building parking lot off Route 17. For meeting time or directions, contact leader Marvin Pasternak, [hikermarv@aol.com](mailto:hikermarv@aol.com) (917) 733-2259. Rain cancels. This is a WTA hike

Saturday, October 7  
**Dover Stone Church**

4-6 miles, easy to moderate. This historic site in Dover Plains, NY features an easy trail to the Stone Church, a cave-like natural formation with a 30-foot waterfall as well as other trails with moderate hills. To register, contact leader Jean Dolen, (914) 552-4310.

Sunday, October 8  
**Harriman Hike**

6-7 miles, moderate. After a short road walk from Kanawauke Circle parking area, we will hike on ridges mainly on the Dunning and Ramapo-Dunderberg trails. There will be plenty of beautiful views. To register contact leader Sarah Davis at 917-501-1322 (c), 212- 873-4018 (h) or [sewdavis@gmail.com](mailto:sewdavis@gmail.com).

Sunday, October 8  
**Irvington Woods Preserve**

3-4 miles, easy to moderate. This is an easy-paced hike on various trails in this lovely, wooded 40-acre nature preserve. Meet the leader at 10:00 a.m. at the O'Hara Nature Center, 170 Mountain Road in Irvington. Directions: From Route 9 traveling south, turn left on Sunnyside Lane, then right onto Mountain Road. The parking lot is a short distance up the hill, on the right. Lunch will be optional in a garden next to the center at the end of the hike. Rain cancels. To register, contact leader Asha Chauhan at (212) 730-2351, [a1chauhan@gmail.com](mailto:a1chauhan@gmail.com). *Qualifies for the Westchester 100 (No. 54).* This is a WTA hike

Saturday, October 14  
**Dunderberg - Timp Grand Loop Circuit Hike #25**

A strenuous hike of over 8 miles and over 2500 feet of elevation gain will afford spectacular views of the Hudson River and the remains of the 19th century spiral railway planned to take tourists to the top of the mountain. Contact leader for meeting time and place. To register, contact leader Kathie Laug at 203-348-3993 or email at [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net).

Saturday October 14

**Canoe/Kayak - Mohansic Lake and Crom Pond**

This will be a new Mohican Chapter pond to explore located in FDR State Park, Yorktown. The fall foliage should be at its peak. After exploring a small portion of the lake we will look for the tiny connector into Crom Pond--truly a wilderness retreat. Bring own canoe or kayak, lifejacket, and lunch. There may be a \$10 charge for boat access. There are no rentals nearby. To register or for information, call Jane Smalley at 914-276-0413 or e-mail [jsmallpt@aol.com](mailto:jsmallpt@aol.com).

Saturday, October 14

**Rockwood to Rockefeller**

6 miles, easy to moderate. This hike will be approximately four hours through rolling hills and carriage roads with views of the Hudson River. Bring lunch, water, snacks. To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (Nos. 38 and 59).*

Sunday, October 15

**Iron Mines Loop, Harriman State Park  
(Joint with WTA)**

9 miles, moderate. This loop hike will traverse the ridge of Black Rock Mountain and pass the remnants of four iron mines along the Dunning and Arden-Surebridge trails. To register, contact leader Mike Jablonski, [mjab5749@gmail.com](mailto:mjab5749@gmail.com).

Sunday, October 15

**Cranberry Lake**

3-4 miles, easy to moderate. We will carpool to the preserve from North White Plains train station and do a loop using the yellow and red trails with a visit to the quarry. To register or leader if you wish to meet at the trailhead, contact the leader Toby Garfinkel, (914) 337-6612. *Qualifies for the Westchester 100 (No. 51).* This is a WTA hike.

Saturday, October 21

**West Mountain, Pawling, NY**

7.4 miles, moderate. This hike uses the Appalachian Trail, starting out through a marsh area with a wooden pathway, continuing through the woods and farmland to a huge oak tree, and then ascending West Mountain to a viewpoint at 3.7 miles, where we will have lunch and then return the way we came. Parking is at the Appalachian Trail train station, just to the west of Route 22; if crowded, there is a large lot a bit further north, past the Native Landscapes Nursery. To register, call the leader Jean Dolen at (914) 522-4310.

Saturday, October 21

**Twin Lakes Loop, Teatown**

3 miles, moderate. Enjoy a lovely fall hike at Teatown Lake Reservation on this new and scenic route through Teatown. Beginners are welcome. To register and for meeting time and location, contact the leader Elspeth Kramer at [elspethkramer@aol.com](mailto:elspethkramer@aol.com), (347) 262-4802. *Qualifies for the Westchester 100 (62).* This is a WTA hike.

Sunday, October 22

**East Central Harriman (Joint with WTA)**

7 miles, moderate. Starting near Route 106 in the Lake Welch area, we will use the Suffern-Bear Mountain and other trails, see a ruin, a fire tower, a beach, a shelter, three reservoirs, and get at least a couple of nice views as well. To register and for start time and other information, email the leader Mike Kaplan, [kaplanm2001@yahoo.com](mailto:kaplanm2001@yahoo.com). No first time hikers, please. Rain cancels.

Sunday, October 22

**Kitchawan Preserve**



4-6 miles, easy to moderate. We will come across fields, forests, streams and views of the new Croton Reservoir while

exploring various trails. Meet at 10 a.m. at the preserve parking lot, 712 Kichawan Road in Ossining. The preserve is just off Route 134 between the Taconic Parkway and Route 100. To register or if you need a ride or more information, contact the leader Sue Soni at [surekhasoni1968@gmail.com](mailto:surekhasoni1968@gmail.com) or (914) 747-2452. *Qualifies for the Westchester 100 (No. 33).* This is a WTA hike.

Saturday, October 28

**West to West (with West) on the A.T. Hike # 5:  
Miller Hill Road to Depot Hill Road (Joint with  
WTA)**

9.8 miles, moderate. On this lesser-used section of the Appalachian Trail, the fifth in our series of six hikes, we'll ascend Hosner Mountain with its panoramic views of the Shawangunks and Catskills, then continue along the ridge as the trail crosses I-84 on an overpass and heads up Mt. Egbert, before ending at Depot Hill Road. Rain cancels. To register and for meeting time and other information, contact leader Eileen West at [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com).

Saturday, October 28  
**Central Park Walk, NYC**

6 miles, easy to moderate. Explore Central Park from the north end to midtown, see the historic monuments along the way and the chrysanthemums in bloom, and enjoy optional sightseeing afterwards. Take the Metro North Harlem Line to 125<sup>th</sup> Street. To register and for details, contact leader Jean Dolen, (914) 552-4310.

Sunday, October 29  
**Dunderberg Circular (Joint with WTA)**

8 miles moderate to strenuous. We will climb up to the ridge on the Ramapo-Dunderberg and return on the Timp-Torne. Lots of ups and downs all day rewarded by spectacular views in all directions. To register, contact leader Catharine Raffaele at [Raffaele.Catharine@yahoo.com](mailto:Raffaele.Catharine@yahoo.com).

Saturday, November 4  
**Storm King Mountain (Joint with WTA)**



6-7 miles, moderate to strenuous. On this circular hike, we will start at the base of Storm King at the Esty & Hellie Stowell trailhead and ascend the mountain on the Highlands Trail. There are two steep ascents before the incline becomes more gradual. Reaching the top, we will be rewarded with spectacular views of the Hudson and a brief stop for lunch. Then we descend on the Bluebird Trail to where it intersects with the Highlands Trail for our return to the trailhead. For information or to register, please email leader Joe Rodriguez [jpr50@optonline.net](mailto:jpr50@optonline.net) by November 3.

Saturday, November 4  
**Edith Read Sanctuary, Rye, NY**

2-3 miles, easy. Wooded trails, a marsh, a lake, a rocky beach, and a bamboo forest. The planned hike is 2-3 hours, but we can add more walking on the boardwalk for another hour or two. There is a parking fee of \$10 per car. To register, contact leader Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 16).*

Sunday, November 5  
**Black Rock Mountain High (Joint with WTA)**

6 miles, moderate. Completed just last year, these trails start in Cornwall and wind two miles through unspoiled woodlands to connect with the Sackett Trail near Mine Hill. The first part of the hike is a continual, moderate climb on smooth trails through lightly wooded forests. Very civilized, perfect for a November day. And, with the leaves off the trees, we'll see some sweeping vistas of distant mountains. After the initial climb, we reach the ridge and it's mostly rolling hills through autumn foliage after that. No scrambles, no exposures, no zombies. No (sigh) bushwhacks. Lunch at a mountaintop with an awesome view of the valley below. Meet at 10 a.m. in the parking lot at the Hudson Highlands Nature Museum's Outdoor Discovery Center, 120 Muser Drive in Cornwall (zip: 12518) off Angola Road, about 1/4 mile west of Route 9W. Please remember to bring snacks for the leader. To register or for information contact leader Howard Millman, [wardmillman@aol.com](mailto:wardmillman@aol.com), (914) 439-8031.

Sunday, November 5  
**Van Cortlandt and Tibbetts Brooks Parks.**



5-6 miles, easy to moderate. We will walk along several trails, including John Muir, John Kieran, Cass Gallagher, the Old Croton Aqueduct and the Putnam Trail. Forests are diverse here, and we will see many birds, weather permitting. To confirm attendance or for directions, please contact the leader Diana Catz (718) 549-1735; [dscatz@gmail.com](mailto:dscatz@gmail.com). Meet 10 a.m. at the Van Cortlandt Stables parking lot: Broadway and Mosholu Avenue. This is a WTA hike.

Saturday, November 11  
**Bear Mountain**

7 miles, moderate plus. We will take winding steps (800 or more) to the midway point, then a trail with minor scrambling to the top. A beautiful view from the top surrounding Perkins Tower, a historical museum. Return will be by way of the 1777 and Suffern-Bear Mountain trails. There is a parking fee of \$10 per car without an Empire Passport. Call the leader, Jean Dolen, to register at (914) 522-4310.



Saturday, November 11  
**Orchard Beach and Hunter Island**



3-4 miles, easy. Enjoy a stroll along the beach and then around Hunter Island now that the summer crowds are long gone. Meet the leader Josephine Pierri on

the right side of the parking lot at 11 a.m. Rain cancels.

Sunday, November 12

**West to West (with West) on the A.T. Hike # 6:  
Depot Hill Road to County Rt. 20 (Joint with WTA)**

7.4 miles, moderate. This is the last in our series of six hikes on the Appalachian Trail from West Mountain in Harriman to West Mountain in Pawling. The A.T. here stays in wooded areas until it reaches Nuclear Lake, then hugs the shore for almost a mile before ascending to the summit of West Mountain with its pastoral views of Dutchess County farmland. The hike ends at the Dover Oak, which at 20 feet in diameter is the largest tree on the Appalachian Trail. Rain cancels. For meeting time and other information, contact leader Eileen West at [eileenw1000@gmail.com](mailto:eileenw1000@gmail.com).

Sunday, November 12

**Marshlands Conservancy (Joint with WTA)**

3-4 miles, easy. Enjoy a two-hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 a.m. at the Conservancy parking lot located at 220 Boston Post Road near the Rye Golf Course. To register, contact leader Leslie Millman at [oooleslie@aol.com](mailto:oooleslie@aol.com). Cell number is for day of hike changes only: (914) 552-7720. *Qualifies for the Westchester 100 (No. 9).*

Saturday, November 18

**Harriman Circuit Hike # 5 - Pine Meadow Lake  
and the Ramapo Escarpment (Joint with WTA)**

8 miles, moderate to strenuous. This hike begins near the Town of Ramapo Equestrian Center off Route 202. The route has over 1600 feet of elevation gain rewarded by panoramas, ruins, natural features and remnants of CCC work. Expect rough footing. To register, contact leader Jane Restani at [irabjanea@aol.com](mailto:irabjanea@aol.com) by 5 p.m. Friday.

Saturday, November 18  
**Morning Hike and Lunch at the Monastery**



4 miles, moderate. We will meet at 9 a.m. at the Pelton Pond Picnic parking lot on Route 301 just off the Taconic Parkway. After a 2-3 hour hike around Canopus Lake on the AT, we will go to the Buddhist Monastery in Kent, NY for a vegetarian lunch (\$6) and a tour of the grounds and buildings. The largest statue of the Buddha in the Western hemisphere is located there. For information and to register, contact Carole Ehleben at [ehleben@optonline.net](mailto:ehleben@optonline.net) or (914) 205-3207.

Sunday, November 19

**Black and Letterrock Mountains (Joint with WTA).**

7.5 miles, moderate to strenuous. From the Anthony Wayne parking lot in Harriman, our route initially climbs 800' to ridges of both mountains before continuing on gentler, less frequently traversed trails. Hudson views, Spanish mine, historic "Burnt House" site, etc. For information and to register, contact leader Debbie Farrell at [debfarpr@gmail.com](mailto:debfarpr@gmail.com) or (914) 282-9942.

Sunday, November 19

**Cranberry Lake Preserve**

3-4 miles, easy to moderate. This is a two-to-three hour hike through a North White Plains preserve in an area of quarry used to build the Kensico Dam a century ago. Trails go past various ponds, woods, rock formations, bridges and the foundation of an old quarry building. To register, contact leader Jean Dolen, (914) 552-4310. *Qualifies for the Westchester 100 (No. 51).*

Thursday, November 23



Saturday, November 25

**Long Mountain and Turkey Hill Lake (Harriman  
Circuit Hike #20) Joint with WTA**

An appropriate hike for the weekend after Thanksgiving. This moderate hike of 6 miles and about 1,300 feet of elevation gain will include panoramic views from Torrey Memorial as well as scenic lakes and brooks. Raymond H. Torrey, who is memorialized on this trail, was a leader of the New York-New Jersey Trail Conference and contributed to the development

of the Long Path and the Appalachian Trail, both of which travel through Harriman State Park. For meeting time and place, contact leader Kathie Laug (203) 348-3993, [kfriedmanlaug@optonline.net](mailto:kfriedmanlaug@optonline.net).

Saturday, November 25

**Turkey Mountain Preserve, Yorktown Heights  
(Joint with WTA)**

3 miles, easy to moderate. (Meet at North White Plains station, 9:30 a.m). Walk off some of the Thanksgiving feast, thanking the turkeys, with one of the best viewpoints in Westchester. To register or to meet at trailhead, contact leader Carolyn Hoffman, [earthwormch@aol.com](mailto:earthwormch@aol.com), home (914) 948-0608, cell on day of hike only (914) 420-5778. *Qualifies for the Westchester 100 (No. 42).*

Sunday, November 26

**Mount Taurus**

6 miles, moderate. Enjoy views of the Hudson River and a lunch break overlooking West Point. We will commence on Route 9D and go up the Brook trail to the Notch trail, then over and down the Washburn trail to the Undercliff trail and back down the Brook trail to

our vehicles. We will make a stop at the dairy farm ruins with beautiful old stone work. Vertical rise of 1,400 feet. Meeting time is 9:30 a.m. with the meeting location to be determined. Steady rain cancels. Bring plenty of water and food. No beginners, please. To register, contact the leader, Rosanne Schepis, at 203-417-5552 or [rschep@yahoo.com](mailto:rschep@yahoo.com).

Sunday, November 26

**James Baird State Park**

4-5 miles, easy to moderate. This state park in Pleasant Valley, NY (Dutchess County) is situated on farmland once owned by James Baird, a contractor and engineer whose company built the Lincoln Memorial. To register, contact leader Jean Dolen, (914) 552-4310. *This is an ADK Mohican hike.*

**MEMBERSHIP APPLICATION**

To join:

Send this form with payment to:

Adirondack Mountain Club

814 Goggins Road

Lake George, NY 12845-4117

Or call 800-395-8080

Family Life \$1950

Individual Life \$1300

Adult \$ 50

Family \$ 60

Senior (65+) \$ 40

Senior Family (65+) \$ 50

Student (full time 18+) \$ 40

School \_\_\_\_\_

ADK is a non-profit, tax-exempt organization. Membership fees are tax deductible, as allowed by law. Please allow 6-8 weeks for receipt of first issue of Adirondac.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home Phone: (\_\_\_\_\_) \_\_\_\_\_

I want to be a Mohican Member

List spouse and children under 18 and birth dates:

Spouse: \_\_\_\_\_

Child: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Child: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Bill my:  Visa  Mastercard  Discover

Expiration Date: \_\_\_\_\_ Account #: \_\_\_\_\_

Signature (required for charge)